

**skin condition**

All skin conditions.

**description**

Soothing botanical actives provide relief while lymphatic drainage and pressure point massage help to calm a stressed nervous system. Visibly calms skin and reduces redness, leaves skin feeling softer, balanced and hydrated.

**benefits**

- Reduces redness for visibly calmer skin
- Leaves skin feeling softer
- Balances skin texture and hydrates

**featured professional products**

- Clinical Oatmeal Masque
- Colloidal Masque Base
- UltraCalming Serum Concentrate
- Micellar Prebiotic PreCleanse



# pro calm

**how it works****1. Soothe + Calm**

Visibly reduces redness with a double cleanse.

**2. Strengthen + Restore**

Professional masques to help nourish skin and restore skin's barrier.

**3. Support + Protect**

Layering soothing actives help maintain skin's barrier integrity after treatment.

**treatment protocol****double cleanse**

1. Micellar Prebiotic PreCleanse for the first cleanse.
2. Face Mapping.
3. UltraCalming Cleanser for second cleanse. Remove with damp soft esthetic wipes or cotton.

**resurfacing** (optional if skin can tolerate)

1. Dispense Daily Milkfoliant into cup with water and mix to a foamy consistency. Add a few drops of Calming Botanical Mixer.
2. Apply to the skin with a fan masque brush and gently massage on the skin. Remove with damp esthetic wipes, cotton or cloth.

**deep treatment**

1. Apply UltraCalming Serum Concentrate with technology options.
  - a. Use specific iontophoresis or ultrasonic tool to help penetrate the serum.
  - b. Or apply a combination LED light over the serum to encourage healing.
- Power down: For heat in the skin use cool stones or cool jade roller over serum.
2. Select Professional Masques based upon level of inflammation.
3. Remove masque with a damp cool towel, soft cotton or cloth.

- a. Mild Discomfort/Redness: Colloidal Masque Base + UltraCalming Serum Concentrate with LED
- b. Moderate Discomfort (compromised barrier): Cooling Contour Masque layered with Colloidal Masque Base
- c. Advanced Discomfort (heat and itching): Clinical Oatmeal Masque mixed with Colloidal Masque Base

**touch therapy**

Option to perform pressure point massage or lymphatic clearing depending on level of inflammation (only do one touch therapy on the face to avoid over stimulation).

- Lymphatic clearing – rosacea, allergy and puffy skin, heat in the skin
- Pressure point – general sensitivity
- Scalp relief – ideal for high levels of stress or to reduce touch on face due to touch sensitivity, irritation, or excessive redness

**dermal layering**

1. Spritz Multi-Active Toner
2. Apply UltraCalming Serum Concentrate.
3. Apply skin specific moisturizer:
  - a. Mild Discomfort/Redness: Calm Water Gel or Stabilizing Repair Cream
  - b. Moderate Discomfort: Stabilizing Repair Cream
  - c. Advanced Discomfort: Stabilizing Repair Cream
4. **Finish with** a mineral sunscreen like Invisible Physical Defense SPF30 or Porescreen SPF40.

the book