

the  
book

# cleansers

Thorough cleansing is the most critical step in both a successful professional treatment and at-home regimen, as it delivers immediate skin care benefits and is an important part of whole-body health. Because cleansing is so important, The International Dermal Institute created the Dermalogica Double Cleanse, the two-part cleansing routine that begins

with **PreCleanse** and finishes with the prescribed Dermalogica Cleanser. As part of the professional and at-home regimen, the Dermalogica Double Cleanse ensures the healthiest, cleanest skin ever. All Dermalogica Cleansers are soap-free and acid-balanced to protect the skin's natural moisture barrier.



**skin condition**

All skin conditions.

**description**

A lightweight Borage Seed and Apricot Kernel-based cleansing oil, fortified with Kukui Nut, Sunflower Seed and Rice Bran oils, that gently liquefies sebum and oil-based debris from the skin's surface. The hydrophilic (water-loving) formula enables **PreCleanse** and oil-based debris to be readily rinsed away without leaving behind any greasy residue. Follow with prescribed Dermalogica Cleanser for a thorough double cleanse.

**top products to prescribe**

- Prescribed Dermalogica Cleanser
- Daily Microfoliant
- Multi-Active Toner

**retail**

1 FL OZ / 30 mL  
5.1 FL OZ / 150 mL

**professional**

16 FL OZ / 473 mL

# precleanse

**application**

Begin by dispensing **PreCleanse** onto damp cotton. Remove eye and lip make-up by gently massaging over the area. Then, dispense into dry hands, massage over dry face to dissolve surface oil and dirt. Concentrate on areas of congestion or stubborn debris. Wet hands and continue massaging to create a light, milky emulsion. Rinse with lukewarm water. Follow with prescribed Dermalogica Cleanser for professional cleansing results.

**professional application**

Refer to the professional Dermalogica Double Cleanse routine in the Professional Services section of [dermalogicathebook.com](http://dermalogicathebook.com).

**key ingredients**

**Borago Officinalis (Borage Seed):** contains Gamma Linoleic Acid (GLA), a fatty acid that has been widely used for treating inflammation, eczema, dehydration and scaliness.

**Prunus Armeniaca (Apricot) Kernel:** an excellent source of fatty acids, Vitamin A and Linoleic Acid. Oil helps soothe irritation, nourish and moisturize.

**Aleurites Moluccana (Kukui Nut):** a rich source of vitamins A, C and E plus omega-3 fatty acids that help reinforce the barrier lipids of the Stratum Corneum. Used to treat skin disorders, dry skin, acne and irritation.

**Oryza Sativa (Rice Bran):** this oil is rich in Oryzanol, B vitamins, Phytic Acid, antioxidants and phytosterols that help inhibit oxidative skin damage, soften skin and facilitate skin repair.

**Helianthus Annuus (Sunflower Seed) Oil:** a natural triglyceride, high in Oleic Acid, with excellent emollient properties.

**Tocopherol Acetate (Vitamin E):** a rich antioxidant vitamin that improves skin smoothness and softness.

**Caprylic/Capric Triglyceride:** an emulsifying agent that is activated by the addition of water to release the bonded oils from the skin's surface.

**benefits / top retailing points**

Dissolves oil-based make-up, sebum, sunscreens and environmental pollutants from skin's surface, enabling skin to be thoroughly cleansed.

Removes oils without compromising skin's natural barrier lipids or clogging pores.

Fortified with conditioning essential fatty acids to help smooth, calm and nourish skin.

Delivers a level of cleansing traditionally experienced in the professional treatment room.

A great make-up remover: even for mascara and long-wearing lipstick!

Enables the prescribed Dermalogica Cleanser to work more efficiently.

**skin condition**

All skin conditions.

**description**

A concentrated, soap-free, foaming gel designed to thoroughly remove impurities without disturbing the skin's natural moisture balance.

**top products to prescribe**

- PreCleanse
- Prescribed Dermalogica Moisturizer

**retail**

1.7 FL OZ / 50 mL  
8.4 FL OZ / 250 mL  
16.9 FL OZ / 500 mL

**professional**

32 FL OZ / 946 mL

# special cleansing gel

**application**

Following the removal of **PreCleanse**, lather a pea-sized amount of gel in moistened hands and apply to dampened face and throat. Rinse with warm water. Follow with **Multi-Active Toner** and prescribed Dermalogica Moisturizer.

**professional application**

Refer to the Professional Services section of [dermalogicathebook.com](http://dermalogicathebook.com)

**key ingredients**

**Quillaja Saponaria:** a naturally-foaming extract that gently removes impurities and excess oils.

**Melissa Officinalis (Balm Mint):** a skin-soothing extract that cools and calms.

**Lavandula Angustifolia (Lavender):** a naturally antiseptic extract. Helps soothe and purify skin.

**benefits / top retailing points**

Soap-free, fragrance-free cleanser washes away impurities without stripping or drying.

Calming agents work to soothe and purify skin.

Gentle foaming lather cleanses away toxins and debris without over-drying, leaving a super-clean surface.

**skin condition**

Skin with excess oil production.

**description**

Dual-action, mineral-rich clay and charcoal formula deeply purifies to help balance oily skin. Active Clay Cleanser delivers a powerful prebiotic to nourish skin's beneficial bacteria while protecting skin's moisture barrier – delivering 30% more cleansing power while helping to balance the microbiome.\*

**top products to prescribe**

- PreCleanse
- Active Moist
- Multi-Active Toner



retail



5.1 FL OZ / 150 mL

professional



8 US FL OZ / 237 mL

# active clay cleanser

**application**

Following the removal of **PreCleanse**, dispense a small amount and apply to dampened face and neck, massage in light upward strokes. Concentrate on areas of congestion and impurities. Rinse with warm water.

**professional application**

- 1** Perform the Dermalogica Double Cleanse that begins with **PreCleanse**. **Note:** Upon beginning second cleanse with **Active Clay Cleanser**, steam may be used to facilitate the cleansing process by further softening the skin.
- 2** Dispense **Active Clay Cleanser** and apply with flowing effleurage, spreading movement over the entire face, neck and chest. **Optional:** Can be customized with **Calming Botanical Mixer**.
- 3** Remove with damp sponges or steam towels customized with **Calming Botanical Mixer**.

**key ingredients**

**Kaolin Clay:** Absorbs excess oil and increases skin resilience.

**Activated Binchotan Charcoal:** powerfully adsorbs impurities to help balance and purify skin.

**Botanical Lipids and Murumuru Seed:** attract and remove excess oil from skin while helping to protect its natural lipid barrier and promote a healthy microbiome.

**Bioflavonoid-rich complex of Citrus, Aloe and Broccoli Extract:** inhibits the growth of "bad" bacteria for a healthy microbiome and helps purify pores – leaving skin smooth, refined and revitalized.

**Glycerol:** delivers powerful prebiotic benefits, supporting skin's natural defenses and providing "food" to help skin's good bacteria flourish.

**benefits / top retailing points**

**balances** oily skin and the microbiome

**purifies** pores for smooth, revitalized skin

**protects** skin's natural lipid barrier

\*as compared to Dermal Clay Cleanser.

**skin condition**

Dull skin.

**description**

Brightening and conditioning cleanser renews dull, uneven skin tone and helps remove buildup caused by environmental factors.

**top products to prescribe**

- PreCleanse
- BioLumin-C Serum
- BioLumin-C Gel Moisturizer

**retail**

5.1 FL OZ / 150 mL  
10 FL OZ / 295 mL

# daily glycolic cleanser

**application**

Massage onto dampened face and neck. Rinse with warm water.

**key ingredients**

**Glycolic Acid** is a small AHA molecule that exfoliates skin by speeding up cell turnover, allowing dead skin cells to slough off more rapidly than they would on their own and reveals newer, brighter and healthier-looking skin.

**Calendula Extract** is a botanical extract rich in flavonoids and saponins with soothing properties.

**Jojoba Oil** with Omega 9 esters and phytosterols has soothing, moisturizing and conditioning benefits.

**Sodium Cocoyl Glutamate, Cocamidopropyl Hydroxysultaine** are mild amino acid- and coconut oil-derived surfactants with conditioning and skin-smoothing benefits.

**benefits / top retailing points**

Cleanses and removes buildup

Brightens and evens skin tone

Conditions and replenishes skin

**skin condition**

Dry to very dry skin.

**description**

Light, creamy cleanser enhanced with BioReplenish Complex removes impurities while actively nourishing dry, depleted skin.

**top products to prescribe**

- PreCleanse
- Circular Hydration Serum
- Intensive Moisture Balance

**retail**

5.1 FL OZ / 150 mL  
10 FL OZ / 295 mL

**professional**

16 FL OZ / 473 mL

# intensive moisture cleanser

**application**

Massage onto dampened face and neck. Rinse with warm water.

**professional application**

- 1 Following the removal of **PreCleanse**, massage onto dampened face and neck. Rinse with warm water.
- 2 Follow with **Multi-Active Toner** and prescribed Dermalogica Moisturizer.

**key ingredients**

Lipid-enriched **Directly Esterified Fatty Isethionate** surfactant system cleanses skin while helping to minimize damage of vital proteins and lipids that defend against dryness.

**BioReplenish Complex**, combined with phytoactives from **Coconut (Sodium Cocoyl Isethionate, Hydrogenated Coconut Acid)** and **Murumuru Seed Butter (Sodium Astrocaryum Murumuru)** help protect barrier lipids and preserve the skin's natural resilience during the cleansing process.

**Citrus Paradisi (Grapefruit) Peel Oil, Citrus Reticulata (Tangerine) Leaf Oil, Citrus Limon (Lemon) Peel Oil, Citrus Limon (Lemon) Fruit Extract, Citrus Aurantium Dulcis (Orange) Flower Oil, Palmarosa (Cymbopogon Martini) Oil and Jasminum Officinale (Jasmine)**

**Oil:** refresh tired skin.

**benefits / top retailing points**

Leaves skin cleaner, softer and more luminous.

Helps minimize damage of vital proteins and lipids that defend against dryness.

Rinses away easily for a smoother feel.

# toners

Toning is an essential, yet often overlooked, portion of skin health regimens. Traditionally applied after cleansing, Dermalogica Toners can also be used to refresh and hydrate as needed throughout the day.

Locate additional Dermalogica Toners for specific concerns and conditions in their respective AGE Smart, UltraCalming and Active Clearing sections.



**skin condition**

All skin conditions.

**description**

An ultra-light spritz that refreshes and hydrates the skin while smoothing the surface. Helps condition skin to prepare for proper moisture absorption.

**top products to prescribe**

- Special Cleansing Gel
- Circular Hydration Serum
- Skin Smoothing Cream

**retail**

1.7 FL OZ / 50 mL  
8.4 FL OZ / 250 mL

**professional**

16 FL OZ / 473 mL

# multi-active toner

**application**

After performing the Dermalogica Double Cleanse, spray directly over the entire face and throat with eyes closed. Follow with prescribed Dermalogica Moisturizer.

**professional application**

- 1 Spritz onto the face, throat and upper chest evenly in an arc-like motion. Ensure the eyes are closed.
- 2 Gently press excess product into skin. Skin should remain damp following application, allowing even absorption of prescribed Dermalogica products.

**key ingredients****Lavandula Angustifolia (Lavender):**

a naturally antiseptic extract. Helps soothe and purify skin.

**Melissa Officinalis Leaf (Balm Mint)**

and **Aloe Vera:** helps cool, soften and hydrate skin.

**Arnica Montana and Cucumis Sativus**

**(Cucumber) Fruit:** extracts that help keep skin smooth and refreshed.

**Sodium PCA:** a moisture-binding humectant that provides effective moisture absorption and hydration.

**benefits / top retailing points**

Helps even out porosity of skin to allow for optimal moisturizer absorption.

Ideal for use during air travel.

Can be spritzed on throughout the day to help maintain hydration levels.

**skin condition**

All skin conditions.

**description**

Saturate skin with hydration and lock in moisture to help it bounce back: long-lasting hydrating Hyaluronic Acid and ceramide mist helps to smooth fine lines and strengthen skin's barrier.

**top products to prescribe**

- Special Cleansing Gel
- Daily Microfoliant
- Intensive Moisture Balance



retail



5.1 FL OZ / 150 mL

# hyaluronic ceramide mist

**application**

After cleansing, spritz directly onto face and neck, avoiding the eyes. Also ideal as a refreshing spritz throughout the day.

**key ingredients**

**4 types of Hyaluronic Acid** help skin hold on to water for long-lasting hydration.

**Ceramides** help seal in hydration for supple skin that bounces back from stress.

**Rose Water** contains antioxidant-rich polyphenols and flavonoids to help revive and refresh.

**Panthenol** Pro-Vitamin B5 with humectant properties improves skin hydration.

**benefits / top retailing points**

Hydrates to help skin bounce back

Strengthens skin's barrier

Smooths the appearance of fine lines and wrinkles

# exfoliants

From breakout-prone and aging skin to hyperpigmented and dry, dehydrated skin, exfoliation is important to the health of all skin conditions. Dermalogica recommends pairing one day of intense exfoliation with seven days of gentle exfoliation to more effectively stimulate cell renewal rates, helping to reduce the signs of premature aging, improve skin

texture, remove excess surface cells that clog follicles and brighten skin. With our selection of chemical and physical exfoliants that range from gentle to more intense, there is a Dermalogica Exfoliant for every skin condition.



**skin condition**

All skin conditions.

**description**

This unique Rice-based enzyme powder with a botanical brightening complex microfoliates dulling debris and instantly leaves skin noticeably smoother and brighter. Can be used daily.

**bioactivity score 5****top products to prescribe**

- Prescribed Dermalogica Cleanser
- Hyaluronic Ceramide Mist
- Prescribed Dermalogica Moisturizer



retail



0.45 OZ / 13 g  
2.6 OZ / 75 g

professional



6 OZ / 170 g

# daily microfoliant

**application**

Dispense about a half-teaspoon of **Daily Microfoliant** into very wet hands and create a creamy paste by rubbing hands together. Apply to face in circular motions, avoiding the eye area. Massage gently for one minute, then rinse thoroughly. Follow with prescribed Dermalogica Toner and Moisturizer.

**professional application**

- 1 After performing the Dermalogica Double Cleanse, dispense approximately a half-teaspoon of **Daily Microfoliant** into very wet hands and create a creamy paste by rubbing hands together.
- 2 Apply and massage over skin with small circular motions. **Daily Microfoliant** may also be applied to the eyes and lips. Massage gently for 1 minute.
- 3 Steam may be used to facilitate more slip-and-slide when lightly massaging over skin.
- 4 A warm steam towel or damp sponges may be used to ensure thorough removal of product.

**optional:**

To provide a “power boost” to **Daily Microfoliant**, add 1 pump **Exfoliant Accelerator 35** or 1 tube of **MultiVitamin Power Exfoliant** to the paste prior to application. Avoid the eyes and lips. Follow step 4 for removal.

For superior exfoliation, the use of electric brushes may be introduced with the paste.

**contraindications for use**

Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or has recently been professionally exfoliated, resurfaced or waxed.

**key ingredients**

**Glycyrrhizate Glabra (Licorice), Oryza Sativa (Rice) and Citrus Grandis (Grapefruit):** brightening complex helps even skin tone.

**Oryza Sativa (Rice) Bran and Rice Extract:** gently microfoliate the skin’s surface to facilitate penetration of the brightening complex.

**Papain and Salicylic Acid:** help dissolve excess surface cells.

**benefits / top retailing points**

Gentle enough for daily use.

Removes dulling surface debris to reveal brighter, smoother skin, and stimulates cell renewal for improved suppleness.

Helps balance uneven pigmentation for a more even complexion.

The perfect daytime companion to nighttime use of **Daily Resurfacer**.

**skin condition**

All skin conditions.

**description**

Calming oat-based powder exfoliant smooths and soothes skin while restoring the moisture barrier.

**top products to prescribe**

- Multi-Active Toner
- Circular Hydration Serum

**retail**

0.45 US OZ / 13 mL  
2.6 US OZ / 74 g

# daily milkfoliant

**application**

Dispense a half-teaspoon into wet hands and create a creamy lather by rubbing hands together. Apply to face in circular motions, avoiding the eye area. Massage gently for one minute, then rinse thoroughly.

**key ingredients**

**Fine Oat powder** is a physical exfoliator that gently scrubs out the impurities from your skin and helps loosen dead skin cells.

A blend with **fruit-based Grape Extract and Arginine** is obtained from the fermentation of brewer's yeast and grape extract. This natural blend containing AHA, BHA, Arginine and Saccharomyces Ferment, provides gentle chemical exfoliation while improving overall skin smoothness.

**Papain Extract**, derived from Papaya fruit, helps remove dead skin cells through enzymatic exfoliation thereby facilitating cell turnover.

**Saccharide Isomerate** works as a moisture magnet, boosting skin's hydration and helps reinforce skin's moisture barrier through a reduction in trans-epidermal water loss (TEWL), thereby preventing skin dryness, even after washing off. With prebiotic properties, it also helps balance skin microbiome. **Hyaluronic Acid** is a well-known natural moisturizing factor that aids in improving skin's hydration.

**Coconut Milk Powder** rich in lipids and Vitamin E contributes to the overall skin smoothness and conditioning effect.

**Oat Bran Extract**, rich in nourishing lipids and avenanthramides (phenolic molecules) is used for its softening and calming benefits. It also has a prebiotic property.

**Atomized Sea Salt** contains essential minerals (e.g, Magnesium) with soothing properties.

**benefits / top retailing points**

**Gently polishes** to reveal smoother, more vibrant skin

**Replenishes and supports** skin's moisture barrier

**Relieves** skin with calming and soothing ingredients

# moisturizers and sunscreens

Moisturizers are vital to every skin care regimen regardless of skin condition, and do more than just moisten dehydrated skin. Emollients (usually lipid substances) help lubricate skin while making it soft, pliable and smooth. Moisturizers also help to protect the skin's natural defenses against the environment while controlling moisture loss from the skin. This becomes more important as we age, when the Stratum Corneum's protective lipid barrier layer may be compromised, or slower in replenishing itself. Dermalogica has a moisturizer for every skin condition; from chronically dry and prematurely-aging to skin with excess oil production and breakouts.

Dermalogica SPF moisturizers and sunscreens also help protect skin against UV exposure, the number one cause of skin aging from our exposome (lifestyle and environment). Unprotected skin will inevitably exhibit premature aging, wrinkles, hyperpigmentation and potential for skin cancer. The best defense is to limit daylight exposure and protect skin with Broad Spectrum SPF, as well as take other protective measures such as shade, clothing, and good common sense.



**skin condition**

Skin with excess oil production.

**description**

Oil-free, lightweight moisturizer to hydrate combination skin. Sheer, easy-to-apply formula contains Prebiotic Moisture Complex and a unique combination of plant extracts that help improve surface texture and combat surface dehydration.

**top products to prescribe**

- PreCleanse
- Active Clay Cleanser
- Daily Microfoliant



**retail**



1.7 FL OZ / 50 mL  
3.4 FL OZ / 100 mL

**professional**



6 FL OZ / 177 mL

# active moist

**application**

Apply over damp face and neck with light, upward strokes.

**professional application**

- 1 Following the application of prescribed Dermalogica Toner, apply **Active Moist** evenly to the face and neck, then blend with fingertips.
- 2 Follow with prescribed Dermalogica Daylight Defense.

**key ingredients**

**Prebiotic Moisture Complex** combines a potent prebiotic system with a unique combination of plant extracts, forming a botanical layer on skin for long-lasting hydration, improved skin texture, and a healthy microbiome.

**Lemon and Burdock Extracts** help refine skin's texture.

**Cucumber Extract** soothes skin and helps provide deep hydration.

**benefits / top retailing points**

**hydrates** with no oily shine through a botanical layer on skin.

**balances** skin's microbiome.

**refines** skin with botanical extracts.

**skin condition**

Dry, dehydrated or prematurely-aging skin.

**description**

Next-generation moisturizer with Active HydraMesh Technology infuses skin with 48 hours of continuous hydration and helps protect against environmental stress. This best-selling moisturizer features a state-of-the-art complex that works on a molecular level to infuse skin with 48 hours of vital moisture and reduce Trans-Epidermal Water Loss (TEWL). This advanced technology also helps shield skin's natural microbiome from environmental stress.

**top products to prescribe**

- Special Cleansing Gel
- Circular Hydration Serum
- Daily Microfoliant

**retail**

0.5 FL OZ / 15 mL  
1.7 FL OZ / 50 mL  
3.4 FL OZ / 100 mL

**professional**

6 FL OZ / 177 mL

# skin smoothing cream

**application**

After cleansing and toning, apply over face and throat in light, upward strokes. Use twice daily, morning and night.

**professional application**

- 1 Following the application of prescribed Dermalogica Toner, apply **Skin Smoothing Cream** evenly to the face and throat and blend with the fingertips.
- 2 Customize with prescribed Dermalogica Concentrated Booster and follow with prescribed Daylight Defense.

**key ingredients**

**Active HydraMesh Technology:** This state-of-the-art complex works on a molecular level, forming a hydrating mesh-like surface over skin to help reduce Trans-Epidermal Water Loss (TEWL) as it infuses skin with **48 hours of vital moisture**. It also helps shield skin's natural microbiome from environmental stress.

Active HydraMesh Technology hydrates and protects skin in two phases. A state-of-the-art **biopolymer micro-network** forms a protective "second skin". Then, a powerful **moisturizing complex** held within the network is gradually released to hydrate skin for 48 continuous hours.

**Vitis Vinifera (Grape) Seed, Ascorbyl Palmitate (Vitamin C) and Tocopheryl Acetate (Vitamin E):** antioxidants that help reduce free radical activity and defend skin.

**Malva Sylvestris (Mallow), Cucumis Sativus (Cucumber) and Arnica Montana Flower:** extracts that help soothe and hydrate the skin.

**Aloe:** moisturizes, prevents healing and helps prevent the appearance of dehydration lines.

**benefits / top retailing points**

Infuses skin with 48 hours of vital moisture.

Distributes hydration throughout the skin to lock in moisture.

Shields skin's natural microbiome from environmental stress.

**skin condition**

Dry to very dry skin.

**description**

Ultra-nourishing moisturizer restores lipid balance to dry, depleted skin for optimal barrier performance.

**top products to prescribe**

- Intensive Moisture Cleanser
- Phyto Replenish Oil
- MultiVitamin Power Recovery Masque

**retail**

0.5 FL OZ / 15 mL  
1.7 FL OZ / 50 mL  
3.4 FL OZ / 100 mL

**professional**

6 FL OZ / 177 mL

# intensive moisture balance

**application**

After cleansing and toning, apply over face and neck in light, upward strokes. Use twice daily, morning and night.

**professional application**

- 1 Following the application of prescribed Dermalogica Toner, apply **Intensive Moisture Balance** evenly to the face and neck, then blend with fingertips.
- 2 Follow with prescribed Dermalogica Daylight Defense.

**key ingredients**

**BioReplenish Complex:** delivers a proven combination of key barrier lipids to help enhance the skin's natural resilience and support barrier recovery.

**Prebiotic Chlorella Algae Complex** featuring **Chlorella Vulgaris Extract:** helps rebalance the skin's natural microbiome by fostering "good" bacterialike *S. epidermidis* bacteria and diminishing *S. aureus* bacteria, which creates dryness.

**Hyaluronic Acid (Sodium Hyaluronate),** combined with **Echinacea Purpurea, Centella Asiatica** and **Aloe Barbadensis Extracts:** lock in hydration to help enhance the skin's moisture content and reduce the appearance of fine lines.

**benefits / top retailing points**

Strengthens the skin's lipid barrier.

Help rebalance the skin's microbiome.

Intensely moisturizes dry, depleted skin.

**skin condition**

All skin conditions.

**description**

An invisible Broad Spectrum physical sunscreen that blends easily on skin, featuring ultra-sheer Zinc Oxide. Ideal post-skin treatment.

**top products to prescribe**

- Multi-Active Toner
- Daily Skin Health Moisturizer



retail



1.7 US FL OZ / 50 mL

professional



6 US FL OZ / 177 mL

# invisible physical defense spf 30

**application**

Apply liberally to face and neck, preferably 30 minutes prior to sun exposure. May be applied after moisturizer.

**professional application**

To complete a professional skin treatment, apply **Invisible Physical Defense SPF 30** following prescribed Dermalogica Toner and Moisturizer.

**key ingredients**

**Ultra-sheer Zinc Oxide:** adds blue light and Broad Spectrum UVA/UVB protection.

**A Bioactive Mushroom Complex:** helps soothe skin and reduce UV-induced redness and dryness.

**Antioxidant Matcha Green Tea:** helps fight free-radical skin damage from UV and visible light.

**Argan Oil, Tocopherol, and Bisabolol:** help provide soothing, antioxidant benefits.

**Sodium Hyaluronate:** (aka Hyaluronic Acid) helps hydrate skin.

**benefits / top retailing points**

Blends easily on all skin tones.

Defends skin against UVA/UVB/blue light.

Soothes all skin types, including sensitive.

**skin condition**

All skin conditions.

**description**

Light-activated multitasking moisturizer provides broad spectrum defense while preventing future signs of skin damage. Intelligent drone technology is activated by visible light to help boost skin's natural luminosity. Breakthrough antioxidant technology helps protect skin against pollution. Broad Spectrum SPF 30 provides protection from UV damage, while a bio-ferment from Sage helps maintain an even skin tone. Advanced moisture magnets provide all-day hydration for visibly smooth skin.

**top products to prescribe**

- BioLumin-C Serum
- Sound Sleep Cocoon
- Special Cleansing Gel

**retail**

0.4 FL OZ / 12 mL  
1.7 FL OZ / 50 mL

**professional**

6 FL OZ / 177 mL

# prisma protect spf 30

**application**

After cleansing and toning, apply a generous amount to face and neck, preferably 30 minutes prior to sun exposure.

**active ingredients**

Chemical sunscreens:

- Avobenzone
- Homosalate
- Octisalate
- Octocrylene

**key ingredients**

**Intelligent drone technology** is activated by visible light to help boost skin's natural luminosity.

Plant-derived **advanced moisture magnets** connect with skin's surface layers – providing all-day hydration for visibly smooth skin.

**Matcha Tea (Camellia Sinensis)**

from Japan provides 100 times more polyphenols than traditional green tea along with exceptional antioxidant protection, helping to defend skin against pollution.

A **bio-ferment from Sage** helps to brighten and even skin tone.

**benefits / top retailing points**

Prisma Protect SPF 30 works with skin's daytime defense mode to:

- **Defend** against visible light, free radical damage and pollution
- **Hydrate** for visibly smooth skin all day long
- **Boost** skin's natural luminosity

**skin condition**

All skin conditions.

**description**

Revitalizing treatment gel-cream transforms skin overnight by optimizing skin recovery. At night, skin is better able to absorb active ingredients and recover from damage that has occurred during the day. Sound Sleep Cocoon boosts radiance by replenishing the hydration skin loses throughout the day and delivering active ingredients at night, when skin is at its most receptive – and encourages restful sleep with essential oils.

**top products to prescribe**

- PreCleanse
- Prescribed Dermalogica Cleanser



retail



1.7 FL OZ / 50 mL

# sound sleep cocoon

**application**

Smooth over face and neck as the last step of your nighttime regimen, over toners and targeted treatments. Clients may also layer Sound Sleep Cocoon over their preferred Dermalogica moisturizer to further enhance overnight hydration. Allow gel-cream to melt into skin overnight.

**key ingredients**

**Albizia Julibrissin Bark (Persian Silk Tree) Extract:** Provides overnight antioxidant protection and fights free radicals while brightening, reducing signs of fatigue and helping fight Advanced Glycation End-products (AGEs).

**Evodia Rutaecarpa (Fruits of Wu-Zhu-Yu) Fruit Extract:** Promotes a more refined, even skin texture. It also aids in illuminating dull skin, visibly increasing skin's radiance by morning.

**Vitamin C:** A powerful weapon against free radical-induced skin damage and premature aging. Delivers comprehensive antioxidant protection while improving luminosity and skin tone.

**Tamarindus Indicia (Tamarind Seed) Extract:** This naturally occurring polysaccharide moisturizes, reduces transepidermal water loss (TEWL) and helps protect skin's barrier function.

**Motion-Activated Essential Oils:** Lavandin Oil is encapsulated in motion-activated biodegradable polymeric microcapsules that allow it to be released throughout the night as clients toss and turn.

**benefits / top retailing points**

Reduces signs of skin fatigue and restores vitality.

Visibly increases radiance by morning.

Optimizes your skin's natural overnight recovery process.

Soothing essential oils promote deep, restful sleep for healthier-looking skin.

# masques

Enhance the daily skin care regimen with powerful, problem-solving Dermalogica Masques. Designed for use based upon the client's Face Mapping skin analysis and professional prescription, each masque provides a dramatic boost to the skin. Whether the client requires super-deep cleansing or intensive hydration and nourishment, Dermalogica Masques

are the ideal regimen supplement to help overcome skin concerns.

Locate additional masques for specific concerns and conditions in their respective AGE Smart and Active Clearing sections.



**skin condition**

Dry to very dry skin.

**description**

Extremely moisturizing leave-on masque elegantly transforms from balm to oil to help restore dry skin. Activated by skin's natural heat, our MeltingPoint Complex delivers a satisfying melting sensation as it penetrates skin's surface layers to deeply nourish and restore.

**top products to prescribe**

- Intensive Moisture Cleanser
- Daily Microfoliant
- Intensive Moisture Balance



retail

professional



1.7 FL OZ / 50 mL



4.0 FL OZ / 118 mL

# melting moisture masque

**application**

Apply a pea-sized amount on face and massage into skin. Leave on. Towel off excess, if necessary. Use once or twice a week, or as needed.

**professional application**

**1** Following the application of prescribed Dermalogica Toner, dispense ¼ tsp of Melting Moisture Masque into a cup and apply with a fan masque brush or apply with fingertips over the face, neck and chest.

**2** Allow the product to melt into the skin then tissue off excess, if necessary Finish with a skin-specific moisturizer and SPF.

**key ingredients**

**MeltingPoint Complex** delivers a satisfying melting sensation as it penetrates skin's surface layers to deeply nourish and rehydrate.

**Plankton Extract** is a micro-algae extract with skin conditioning properties that strengthen skin's barrier and protect from pollution. These micro-algae help to soothe, comfort and moisturize the skin.

**Linoleic Acid (Omega 6)** is an essential fatty acid that helps to maintain and restore skin's lipid barrier.

**Mango Seed Butter** is rich in minerals and Vitamin A, E and C and this emollient butter presents skin conditioning properties.

**Vitamin E** is a powerful antioxidant that helps to neutralize free radicals.

**benefits / top retailing points**

Restores dry skin's lipid barrier

Protects skin from damaging environmental factors

Nourishes dry, dull skin and helps achieve a smooth, dewy appearance

**skin condition**

All skin conditions.

**description**

A hydrating and exfoliating five-minute masque that smoothes and renews for luminous, healthy-looking skin.

**top products to prescribe**

- PreCleanse
- Special Cleansing Gel
- Prisma Protect SPF 30



retail



1.7 US FL OZ / 50 mL

# hydro masque exfoliant

**application**

Apply generously to cleansed face and neck, avoiding the eye area. Massage in circular motions until spheres disappear. Let masque activate for 3-5 minutes, then rinse thoroughly and follow with your moisturizer. Use once or twice per week, or as recommended.

**key ingredients**

**Bamboo:** rich in minerals, and dissolves upon activation to deliver a targeted yet gentle exfoliation.

**Snow Mushroom:** holds 450x its weight in water – infusing skin with hydration, antioxidants and Vitamin D.

**Phytolipids from Jojoba Seed, Sunflower and Safflower:** help fortify skin's natural moisture barrier.

**Sugar Beets:** deliver Amino Acids that hydrate and help strengthen skin's moisture barrier.

**Cucumber Extract:** provides a soothing, refreshing finish.

**benefits / top retailing points**

Exfoliates with Bamboo.

Hydrates with Snow Mushroom.

Delivers luminous, healthy-looking skin.

# targeted treatments

Unlike the other formulas in the Dermalogica retail line, Targeted Treatment are designed to zone-in on specific areas of the face and body, rather than focus on overall conditions. They are highly individualized in their application, and have a specialized role in the at-home regimen. The Targeted

Treatment products you'll prescribe will be based heavily on the Face Mapping skin analysis you conduct on each client. You should explain to your clients that the different zones each have specific needs – needs that can change daily! As such, find Dermalogica Targeted Treatments for specific concerns and

conditions in their respective AGE Smart, PowerBright, UltraCalming and Active Clearing sections.



**skin condition**

All skin conditions.

**description**

Kick-start skin's hydration cycle: long-lasting serum immediately floods skin with hydration, replenishes from within, and helps prevent future hydration evaporation.

**top products to prescribe**

- Daily Microfoliant
- Hyaluronic Ceramide Mist
- Skin Smoothing Cream



retail



1 FL OZ / 30 mL

# circular hydration serum

**application**

Smooth over cleansed face and neck morning and night after toning and before moisturizing.

**key ingredients**

**Hyaluronic Acid + organic Silicium**

penetrate skin's surface for deep hydration and more supple, radiant skin over time.

**Algae Extract-infused moisturizing matrix** delivers quick and long-lasting hydration.

**Polyglutamic Acid** from fermented Soy replenishes skin's hydration reserves from within.

**Plant-derived sugars + a blend of amino acids** similar to those naturally present in the skin trap water on skin's surface to help prevent future hydration evaporation.

**Lactobacillus Ferment + Avena Extract** help to balance skin's microbiome.

**Hydrolyzed Rice Protein** soothes the skin while increasing hydration for firmer, more resilient skin.

**benefits / top retailing points**

**Immediately hydrates** to quench dehydrated skin

**Delivers long-lasting hydration** to help prevent future dehydration

**Replenishes** skin from within

**skin condition**

Ideal for normal to dry skin.

**description**

A feather-light treatment oil that rapidly absorbs to reinforce the skin's protective barrier, help replenish depleted lipids, lock in critical moisture, and defend against free radical damage.

**top products to prescribe**

- Daily Microfoliant
- Skin Smoothing Cream



retail



1 US FL OZ / 30 mL

# phyto replenish oil

**application**

After cleansing, press 4 to 6 drops into skin. Follow with recommended Dermalogica Moisturizer. Alternatively, mix with Dermalogica Moisturizer to apply. Hold bottle upside down for 2 to 3 seconds to initiate product flow. Use daily.

**key ingredients****Camellia Japonica (Camellia) Oil:**

a unique plant oil with lipid barrier properties that inhibit Trans-Epidermal Water Loss (TEWL). Combats ROS, which contribute to the breakdown of lipid-rich cell membranes within the skin and leave skin vulnerable to damage. Also provides a light, esthetically-pleasing feel, as well as calming, soothing and anti-aging benefits.

**Calophyllum Inophyllum (Tamanu) Oil:**

a source of specific phytoactives that inhibit the breakdown of lipid-rich cell membranes from free radicals. Helps protect skin barrier lipids from UV radiation and accelerate wound healing. Possesses antioxidant, anti-bacterial and skin-soothing properties.

**Cymbidium Grandiflorum (Orchid) Flower Extract:**

rich in minerals naturally found in skin; a source of sugar and polysaccharides that help seal in moisture while balancing the skin's Natural Moisturizing Factor (NMF).

**Salvia Hispanica (Chia Seed) Oil:** rich in antioxidants that help quench free radicals; a source of omega-3-fatty acids – known to help reduce inflammation; possesses exceptional antioxidant, anti-inflammatory and moisturizing properties.

**Hydroxy-Methoxyphenyl Decanone:**

synthetically-made, but nature-identical to actives found in plants of the Ginger family. A highly-potent Hyaluronic Acid booster, antioxidant and anti-irritant.

**Helianthus Annuus (Sunflower Seed) Extract:**

possesses essential fatty acids that help decrease moisture loss. A rich source of tocopherols (Vitamin E), which provide excellent antioxidant properties to help preserve the skin's protective barrier and defend against free radical damage.

**Oryza Sativa (Rice Bran) Extract:**

moisturizes and protects against harmful free radicals. Extremely rich in Vitamins B and E, which help reduce traces of skin roughness.

**Rosmarinus Officinalis (Rosemary) Leaf Extract:**

possesses antioxidant, purifying and anti-irritant properties; helps protect against free radical damage and the effects of environmental stresses on the skin.

**benefits / top retailing points**

Works in three phases to strengthen, hydrate and shield for healthy, luminous skin.

Reinforces the skin's natural protective barrier.

Leverages the best of nature's phytoactives to solve dryness and dehydration.

Smooths visible dehydration lines and locks in critical moisture. Creates an antioxidant shield against free radical damage.

Provides an all-day dewy finish.

**description**

Next-gen smart serum delivers what your skin needs, when it needs it. SmartResponse technology reacts to skin's needs to help hydrate, brighten, soothe, and address fine lines and wrinkles.

**top products to prescribe**

- PreCleanse
- Special Cleansing Gel
- Dynamic Skin Recovery SPF 50



retail

1 US FL OZ / 30 mL

# smart response serum

**application**

Apply each morning and night after cleansing and toning. Allow one minute for product absorption. Follow with your prescribed Dermalogica moisturizer or SPF.

**key ingredients**

**Gallic Acid** from **Japanese Cornelia Cherry**: helps to protect stressed skin against free radicals, helping to soothe and reduce the appearance of redness.

**Mannose-6-Phosphate**: visibly smooths and provides a firming effect, responding to the first signs of visible skin aging to help improve the look of fine lines and wrinkles.

**Hydrolyzed Wheat Flour**: rich in Arabinoxylol-Oligosaccharides, activates as needed to brighten and help reduce the appearance of dark spots.

**Oligosaccharides** from **Hydrolyzed Beta Glucan**: respond to dehydration signals, helping skin to maintain optimal hydration levels.

**benefits / top retailing points**

Soothes

Firms

Brightens

Hydrates

**skin condition**

All skin conditions.

**description**

A firming serum and skin care workout for the neck and décolleté.

**top products to prescribe**

- PreCleanse
- Special Cleansing Gel
- Skin Smoothing Cream



retail



1.7 US FL OZ / 50 mL

# neck fit contour serum

**application**

Turn applicator ON. Tilt chin up and roll applicator over entire neck, from décolleté up to jawline. Gently squeeze tube to dispense a thin layer of serum while rolling. Return applicator to the OFF position and continue rolling it in an upward motion over skin to massage in the serum. Keep chin up until serum dries. Use morning and night.

**key ingredients**

**Flex Lift Contour Technology:** acts like invisible mesh to provide a visible lifting and tightening effect; smoothes fine lines; and helps protect skin against pollution, which can lead to premature signs of skin aging.

**Rye Seed Extract**, a novel **Palmitoyl Tripeptide-42** and **Rambutan Extract:** work together to deliver Retinol-like results, visibly smoothing, firming and toning skin.

**Resurrection Plant-inspired polysaccharide:** helps strengthen skin's moisture barrier for a smooth, even appearance

**Griffonia Seed Extract:** provides antioxidant defense to help safeguard results against free radicals.

**benefits / top retailing points**

Smoothes and firms skin on the neck and décolleté.

Immediately tightens skin, and tones it over time, for a more visibly lifted and sculpted appearance.

# eye treatments

The skin around the eyes is thinner and more delicate, which means it is extra susceptible and more likely to be the first place to show any signs of skin damage caused by environmental assaults. Protect the health and appearance of the eye area with our Eye Treatments, designed to shield against environmental assaults while nourishing,

hydrating, brightening and minimizing the appearance of dark circles due to hyperpigmentation and fine lines due to dehydration.



**skin condition**

All skin conditions.

**description**

Firming, hydrating eye gel helps minimize the appearance of puffiness and fine lines.

**top products to prescribe**

- Age Reversal Eye Complex
- Special Cleansing Gel



retail



0.5 US FL OZ / 15 mL

# awaken peptide eye gel

**application**

Apply under the eye and along the orbital bone. Keep out of eyes.

**key ingredients**

**Palmitoyl Tetrapeptide, Diosmin** and **Forskolin** create a highly active blend of peptides that helps to reduce the appearance of puffy eyes. Diosmin, like caffeine's antioxidant properties, can help minimize the appearance of puffiness around the eyes.

**Rosemary Leaf Extract, Chrysin** and a soothing **Peptide** are combined to create another highly active blend that soothes the skin, helping to reduce the appearance of puffy eyes.

**Bioengineered Succinic Acid** is inspired by a beneficial bacterium discovered beneath a Swiss glacier; this active helps minimize the appearance of fine lines and wrinkles while supporting more radiant, healthy-looking skin.

**Voandzeia Subterranea Seed Extract** derived from Bambara Pea minimizes the appearance of fine lines and wrinkles while leaving skin smoother and more luminous.

**Jojoba Ester** presents a very similar structure to skin's natural lipids. This provides greater substantivity to the skin, which promotes hydration, barrier recovery and overall skin resilience.

**benefits / top retailing points**

**Reduces** the appearance of puffiness around the eye area

**Minimizes** the appearance of fine lines and wrinkles

Visibly **firms and smooths** skin texture

**skin condition**

Dry or prematurely-aging skin.

**description**

An ultra-rich cream of skin-replenishing phytonutrients, antioxidant vitamins and soothing botanicals to help diminish dry lines and repair damage around the delicate eye area.

**top products to prescribe**

- Circular Hydration Serum
- Intensive Moisture Balance



retail



0.5 FL OZ / 15 mL

# intensive eye repair

**application**

After cleansing, gently pat around the eye area, blending inward from the outer corner. Can be applied over **Skin Hydrating Booster**.

**key ingredients**

**Cucumis Sativus (Cucumber), Butcherbroom and Arnica Montana:**

soothing extracts that help maintain the skin's elasticity and texture.

**Panthenol (Pro-Vitamin B<sub>5</sub>) and Retinyl**

**Palmitate (Vitamin A):** help repair prematurely-aging skin.

**Ascorbyl Palmitate (Vitamin C), Tocopheryl Acetate (Vitamin E), Grape Seed Extract, Ginkgo Biloba and Camellia Sinensis (Green Tea):**

help defend skin against free radicals, smooth delicate eye tissue and stimulate collagen synthesis.

**benefits / top retailing points**

Ideal for clients who prefer an emollient eye treatment.

Helps repair the signs of photoaging skin while antioxidants defend against further damage.

Diminishes the appearance of fine lines by infusing skin with hydration.

Soothing botanicals and phytonutrients help return skin to optimum health and restore suppleness.

**skin condition**

All skin conditions.

**description**

A high-performance eye treatment and masque that energizes skin to reduce visible signs of stress. This active, cooling cream-gel works with the skin's natural microbiome, or microflora, to brighten and energize the eye area, while Sea Water Extract and Arctic Algae minimize the look of puffiness and dark circles.

**top products to prescribe**

- PreCleanse
- Pure Light SPF 50
- Invisible Physical Defense SPF30



retail



0.85 US FL OZ / 25 mL

# stress positive eye lift

**application**

Apply generously around cleansed eye area using cooling massage applicator. Leave on for 3-5 minutes. Massage any excess product into skin, or tissue off. Use as needed for a quick boost, or daily to address signs of chronic eye fatigue

**professional application**

- 1 Generously apply 6 dots of Stress Positive Eye Lift to both eyes: 3 dots on the inner, center and outer corners of the eye brows and 3 dots beneath the eyes.
- 2 Perform the Eye Lift Pro technique using the professional Cooling Eye Wands.

**key ingredients**

**Tephrosia Purpurea (Wild Indigo) Seed Extract:** a native Indian plant with anti-inflammatory properties that helps brighten skin by increasing under-eye luminosity, improving skin tone and visibly reducing under-eye dark circles.

**Maris Aqua (Sea Water) Extract and Hydrolyzed Algin (Arctic Algae):** together, these ingredients provide toning action to help combat the formation of wrinkles and heavy bags. In addition, they help improve skin firmness under the eyes, smooth fine lines and reduce puffiness.

**Saccharomyces Ferment Lysate Filtrate (Fermented Yeast):** helps firm and hydrate the skin to generate a lifting effect, as well as protect the skin's barrier integrity.

**Hyaluronic Acid Blend:** this calibrated blend contains Hyaluronic Acids of various molecular sizes that work synergistically to provide exceptional hydrating benefits. Added benefits include antioxidant power, enhanced skin elasticity and strengthening of the skin barrier for an overall lifted effect.

**Diglucoosyl Gallic Acid:** this next-generation molecule is activated by the skin's natural microbiome, or stratum microbium, to brighten hyperpigmentation – one of several factors that can contribute to appearance of dark circles under the eyes.

**benefits / top retailing points**

Brightens the appearance of dark under-eye circles.

Visibly de-puffs the under-eye area.

Firms skin to help generate a lifting effect.

Energizes skin and helps restore skin barrier integrity.

Works with the skin's natural microbiome.



# AGE smart

Wrinkles, altered pigmentation, loss of skin tone... we all associate these changes with skin aging. Age-related skin changes are the result of genetically-programmed changes (intrinsic factors) and environmental wear-and-tear on the skin (extrinsic factors). While both influence the skin's structure and function, extrinsic factors cause

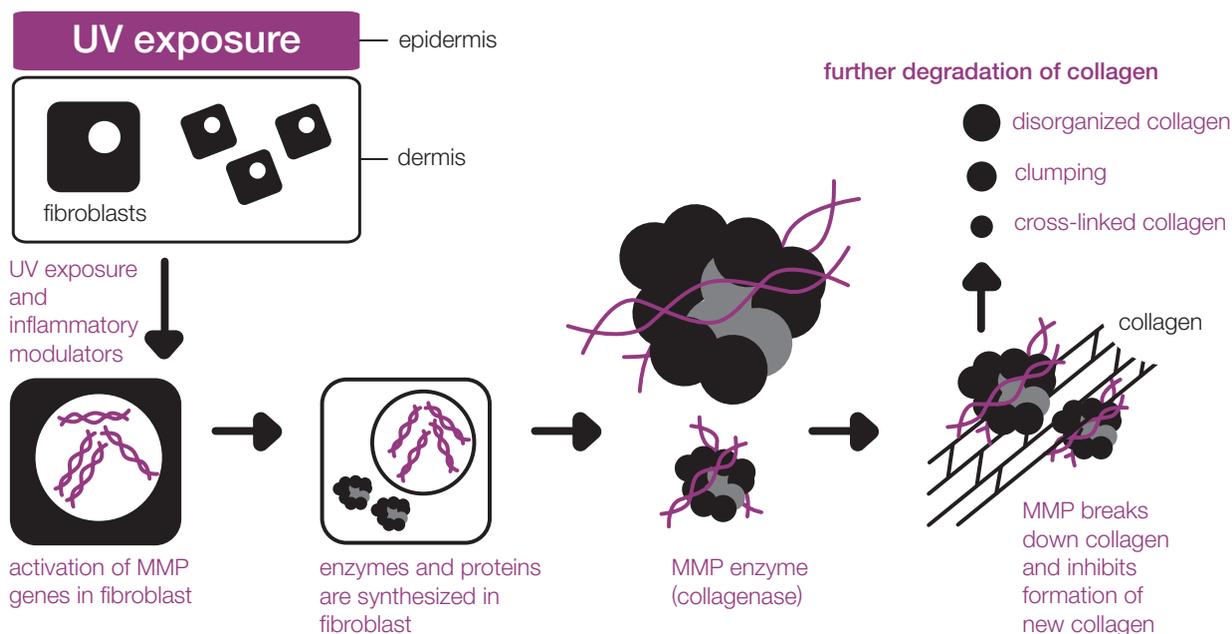
more pronounced changes. Estimates state that 80-99% of what we see on our skin as adults is the result of exposure to daylight, which is referred to as photoaging. Manifestations of photoaging include an increase in wrinkle formation, a loss of tension and elasticity, degeneration of the vascular supply and skin thickness, a reduction

in the water-binding properties of the skin, dilated capillaries (telangiectasis), hyperpigmentation and other skin discoloration.

While scientists attribute the majority of these structural changes to exposure to ultraviolet (UV) radiation, it has only been in recent years that they have come to understand the actual biochemical



# AGE smart continued



1. MMP enzymes are activated within the fibroblast nucleus by UV light or inflammatory modulators.
2. MMPs, such as collagenase, are synthesized in the fibroblast.
3. MMPs (collagenase) break down collagen and inhibit formation of new collagen.
4. Collagen is degraded into gelatinous peptides that are further degraded by other MMPs. Cross-linking of collagen also occurs, causing wrinkling and stiffening of skin.

triggers that instigate these changes. These are chemical reactions that occur within the skin and include:

- Generation of Reactive Oxygen Species (ROS), also known as free radicals.
- Activation of metalloproteinase enzymes (Matrix Metalloproteinases or MMPs) with a subsequent decline in collagen biosynthesis.
- Glycation leading to Advanced Glycation End-products (AGEs).

The treatment of skin aging used to rely on addressing the structural manifestations of photoaged skin, such as wrinkles and loss of elasticity. Today, we can more effectively treat this skin condition by addressing the actual biochemical reactions that trigger these structural changes. Obviously, understanding these specific biochemical

reactions is key to treating the structural changes associated with skin aging. Let's examine these structural changes that occur in the epidermis and dermis, as well as the biochemical reactions that trigger them.

## Biochemical Reactions that Cause Skin Aging

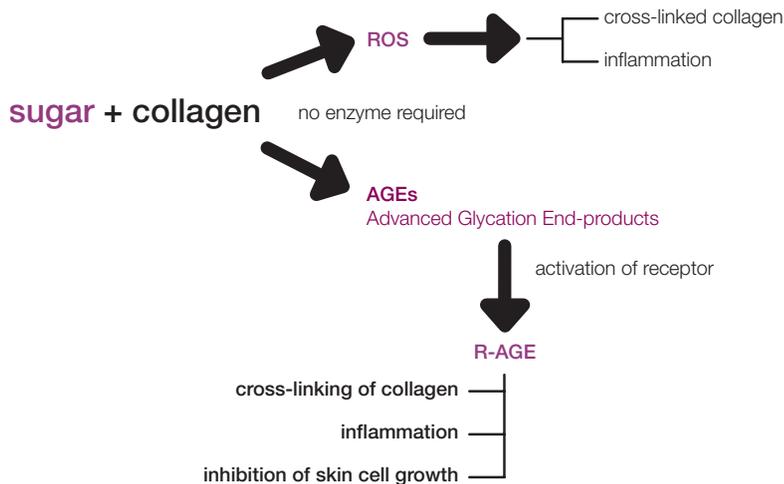
### Generation of Reactive Oxygen Species (ROS)

Reactive Oxygen Species include oxygen ions, free radicals and peroxides. ROS are generally very small molecules and are highly reactive due to the presence of unpaired electrons. They form as a natural by-product of the normal metabolism of oxygen. During times of environmental stress, ROS levels can increase dramatically, causing significant damage to cell structures. This is known

as oxidative stress, which is the major cause of degenerative disorders including aging and disease. Studies have shown that UV-induced damage to the skin is in part caused by Reactive Oxygen Species. Lipid peroxidation also results from ROS damage to cell membranes, leading to premature aging, skin cancer and cell death.

### Activation of Matrix Metalloproteinases (MMPs)

Matrix Metalloproteinases are enzymes that, when activated, control tissue degradation in the dermis. MMPs include collagenase that specifically decomposes particular collagens or other proteins in the extracellular matrix of the dermis. Collagenase is really a group of enzymes that are responsible for breaking down the different types of



1. When sugar comes in contact with a protein (such as collagen), it immediately reacts. This generates Reactive Oxygen Species (ROS – free radicals), which leads to a cross-linking of collagen and inflammation.
2. Advanced Glycation End-products (AGEs) are formed, and bond with a Receptor on the cell to form Receptor-AGE (R-AGEs).
3. This causes inflammation, inhibits skin cell growth and contributes to cross-linking of collagen.

collagen. For example, collagenase-1, or MMP-1, acts on collagens I, II, III, VII and X. MMP-1 cleaves the triple helix strand of collagen into smaller fragments that spontaneously denature into gelatinous peptides that are further degraded by other MMPs. This activity makes the MMPs critical for the remodeling of connective tissue, which is a critical part of aging and wound-healing. The formation of MMPs may be stimulated by internal growth factors and inflammatory modulators, as well as exposure to UV radiation. Within hours of UV exposure, the MMP genes are activated, resulting in the biosynthesis of collagenase and other MMPs. Because collagenase degrades existing collagen and inhibits the formation of new collagen, long-term elevation results in disorganization and clumping of skin cells – key characteristics of photoaged skin.

### Advanced Glycation End-products (AGEs)

How does photoaging lead to cross-

linking of collagen and elastin in our skin? Exciting new research has contributed to our understanding of this critical step in aging. We now know that collagen and elastin proteins are highly susceptible to an internal chemical reaction within the body called glycation. This is a non-enzyme mediated reaction that takes place between free amino groups in proteins and a sugar such as glucose. The same glucose that provides energy for our cells can react with proteins (such as collagen), resulting in the formation of Advanced Glycation End-products and Reactive Oxygen Species; these contribute to cross-linking of protein fibers, the loss of elasticity and changes in the dermis associated with the aging process. When AGEs form in the skin, they activate a receptor site and form a complex known as Receptor-AGE (R-AGE) that signals cellular processes related to inflammation and subsequent disease. Why is this so important? Because we now know that inflammation is the catalyst critical to the

aging process and many diseases. For example, diabetics have characteristically high levels of sugar in their blood and suffer from numerous health issues (including cataracts, atherosclerosis, etc.) which emanate from the formation of AGEs in the body. Hence, diabetes is considered a disease of accelerated aging due to the inflammation that arises from the formation of AGEs. This is not restricted to diabetes; muscle weakness, heart disease and many diseases of the brain are associated with glycation. Scientists now believe that reducing glycation is a means of slowing the aging process and disease formation.

## What Can Be Done to Help Control the Biochemical Reactions That Lead to Skin Aging?

### 1. Antioxidants to Fight Reactive Oxygen Species (ROS – Free Radical) Damage

Normally, the body can handle free radicals with the use of antioxidants. Antioxidants include vitamins (such as Ascorbic Acid and Tocopherol), enzymes (such as Superoxide Dismutase, Catalase and Peroxidase) and even proteins that can be found naturally in the body or ingested as part of our diet. If, however, antioxidants are in short supply, or if the free radical damage is excessive, damage to the cells and tissue will occur. In skin, this free radical damage manifests itself in the form of superficial lines, wrinkles, hyperpigmentation, rashes and inflammation. On a subcellular level, this may cause cross-linking of collagen and elastin, damage to DNA and tissue degradation. Unfortunately, as we age, free radical damage accumulates. While ingesting antioxidants can effectively scavenge ROS, skin is often the last to get its ration of antioxidants. That is when topically-applied cosmetic products come into play. Scientists have been studying an entire arsenal of plant antioxidants that, when applied topically, can help us fight free radicals and

protect our skin. Studies have shown that topical application of antioxidants diminishes the severity of UVA-induced dermatoses and raises the amount of UVA radiation required to evoke immediate pigment darkening to skin. Recent studies from the University of Illinois have demonstrated how Ascorbic Acid (Vitamin C) and Tocopherol (Vitamin E) are critical for use with sunscreens to protect skin from ROS. Because oxidative stress plays a key role in the biological events leading to skin aging, the use of topically-applied antioxidants helps prevent future damage by trapping ROS and quenching them before they damage our cells.

## 2. Inhibit MMPs

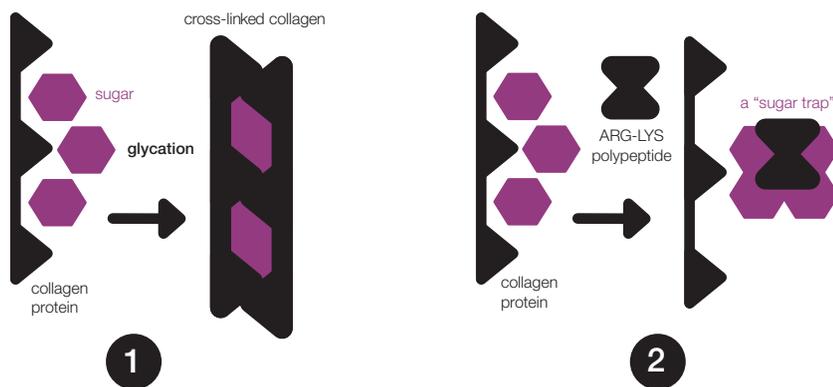
Natural MMP inhibitors exist in skin, but as expected, they decline with age. MMPs may be inhibited by topical agents, such as retinoids. Because of this, retinoids, including Retinol (Vitamin A) and its derivatives, are recommended for reversing the signs of photoaging and preventing the formation of MMPs. Bioflavonoids, including the proanthocyanidins from Grape Seed Extract, the polyphenols from Green and White teas and Soy phytoestrogens, are also excellent for controlling MMP activity. For best results, one should

use a product that controls MMPs while stimulating collagen, elastin and Hyaluronic Acid biosynthesis; including synthetic peptides Retinol (Vitamin A) and its derivatives, Asorbic Acid (Vitamin C) and its derivatives and Soy and Yeast extracts.

## 3. Create “Sugar Traps” or Cross-Link Breakers to Control the Formation of AGEs

The formation of AGEs in the body occurs spontaneously when sugar molecules come in contact with proteins. This glycation reaction occurs without any intervention of enzymes. By the same token, our body does not possess enzymes that can reverse the reaction, removing AGEs. Controlling formation of AGEs is a relatively new field of research; apparently the best means of controlling AGEs is to interfere with their formation. There are some ingredients that have been shown to inhibit glycation from occurring, but exactly how all of these agents work is not understood just yet. These ingredients include Glucosamine, Soy proteins, the Soy active known as Genestein and specific peptide molecules. Studies have shown that a peptide molecule known as Arginine/ Lysine polypeptide can bind to sugar, preventing it from reacting with proteins

and triggering cross-linking of collagen. This peptide molecule acts as a sugar trap, binding to the sugar in the body, making it unable to react with proteins. The International Dermal Institute has researched the changes that occur during skin aging and what we can realistically do for this pre-existing condition. Instead of focusing on treating just the manifestations of skin aging (wrinkles, hyperpigmentation, loss of elasticity, etc.), we focused our efforts on understanding how we might impact the biochemical reactions that manifest these changes to stop them before they start. This research has resulted in the development of AGE Smart®, a system of retail and professional products designed to specifically treat and control the structural manifestations associated with skin aging and the biological triggers that lead to these changes, as well as treat the visible signs of skin aging so skin is smoother, firmer and healthier. AGE Smart® consists of products that work to fight the biochemical triggers that lead to skin aging.



1. Sugar and collagen (protein) meet and react within the body and create AGEs, which ultimately contribute to the cross-linking of collagen.
2. ARG-LYS Polypeptide acts as a sugar trap, binding sugar to itself to prevent it from reacting with collagen, therefore preventing the formation of AGEs and inhibiting cross-linking of collagen.

**skin condition**

Mature or prematurely-aging skin.

**description**

A dual-action exfoliating cleanser containing Lactic Acid that smooths, retexturizes and delivers ultra-clean skin. Use of this cleanser prepares skin for maximum penetration of AGE Smart active ingredients.

**top products to prescribe**

- Antioxidant HydraMist
- MultiVitamin Power Firm
- BioLumin-C Serum



retail



5.1 US FL OZ / 150 mL

professional



16 US FL OZ / 473 mL

# skin resurfacing cleanser

**application**

Morning and night, following the removal of **PreCleanse**, lightly lather in hands and apply to damp face and throat, massaging with light, upward strokes for at least 30 seconds, avoiding the eye area. Rinse thoroughly with warm water. Reduce to one use per day if any sensitivity develops. Follow with **Antioxidant HydraMist** and **Dynamic Skin Recovery SPF 50** when used in the morning.

**professional application**

- 1 Perform the Dermalogica Double Cleanse that begins with **PreCleanse**.

**note:**

Upon beginning second cleanse with **Skin Resurfacing Cleanser**, steam may be used to facilitate the cleansing process by further softening the skin.

- 2 Lather **Skin Resurfacing Cleanser** and apply with flowing effleurage, spreading movement over the entire face, throat and upper décolleté. Ensure slip-and-glide by combining with water customized with **Calming Botanical Mixer**.
- 3 Damp sponges or steam towels customized with **Calming Botanical Mixer** should be used to remove all traces of cleanser.

**contraindications for use**

Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or has recently been waxed. This product may increase your skin's sensitivity to the sun. Use a sunscreen and limit sun exposure while using this product and for a week afterwards.

**key ingredients**

**Lactic Acid:** an alpha hydroxy acid that smooths and retexturizes.

**Tocopheryl Acetate (Vitamin E):** a rich antioxidant vitamin that improves skin smoothness and softness.

**Rose Flower Oil:** soothes; helps calm skin sensitivity.

**benefits / top retailing points**

Skin feels super-smooth after just one use.

Convenient two-in-one product thoroughly cleanses and exfoliates skin in one easy step.

Retexturizes skin suffering from visible signs of aging by accelerating cell turnover.

Fortifies skin's natural moisture barrier.

Alpha hydroxy acid preps skin for maximum penetration of active ingredients. Also helps hydrate and brighten.

**skin condition**

Mature or prematurely-aging skin.

**description**

A refreshing antioxidant shield with flash-firming properties to improve skin texture, fight damaging free radicals and intensely hydrate alipoid, dehydrated skin.

**top products to prescribe**

- Skin Resurfacing Cleanser
- Dynamic Skin Recovery SPF 50
- Phyto Nature Firming Serum



retail



1 US FL OZ / 30 mL  
5.1 US FL OZ / 150 mL

professional



12 US FL OZ / 355 mL

# antioxidant hydramist

**application**

After cleansing, spritz directly onto face and neck, avoiding the eyes. Also ideal as a refreshing spritz over make-up throughout the day.

**professional application**

- 1 Perform the Dermalogica Double Cleanse that begins with **PreCleanse**, followed by **Skin Resurfacing Cleanser**.
- 2 Spritz **Antioxidant HydraMist** onto the face, throat and upper chest evenly in an arc-like motion. Ensure the eyes are closed.
- 3 Gently press excess product into skin. Skin should remain damp following application, allowing even absorption of AGE Smart products.

**optional:**

Dampen gauze with **Antioxidant HydraMist**, then cover face and neck, tenting over nose and mouth area. Apply **Cooling Contour Masque** with a spatula all over face and neck and even over the eye area for a soothing / firming eye treatment.

**key ingredients**

**Arginine / Lysine Polypeptide:** a peptide that acts as a sugar trap, binding sugars in the body to itself to prevent the formation of AGEs.

**Magnesium Ascorbyl Phosphate:** a non-acidic, stable form of Vitamin C that stimulates collagen formation, provides antioxidant protection and inhibits MMPs that contribute to collagen breakdown.

**Palmitoyl Tripeptide-5:** stimulates collagen synthesis, helps firm skin and overrides the effects of MMPs. Activates Tissue Growth Factor (TGF), a peptide that is required in its active state for collagen production to occur.

**Bambusa (Bamboo) Vulgaris and Pisum Sativum (Pea):** help stimulate Hyaluronic Acid formation for increased hydration and elasticity.

**Glucosamine:** controls the formation of AGEs, stimulates formation of Hyaluronic Acid and collagen and helps control age-related hyperpigmentation.

**Camellia Sinensis (White Tea) Leaf, Dipotasium Glycyrrhizate (Licorice) and Beta-Glucan:** help calm and protect skin from damaging ROS while inhibiting collagen-degrading MMPs and the formation of AGEs.

**benefits / top retailing points**

Provides a refreshing mist that can be spritzed on face throughout the day.

Creates an active antioxidant shield to fight damaging ROS.

Creates instant firming action to lift and tighten the skin.

Helps prevent the signs of aging caused by AGEs.

Hydrates skin to reduce fine lines associated with dryness.

**skin condition**

Mature or prematurely-aging skin.

**description**

A professional-grade at-home peel clinically proven to enhance radiance and visibly reduce fine lines.

**top products to prescribe**

- Skin Resurfacing Cleanser
- BioLumin-C Serum
- Dynamic Skin Recovery SPF 50



retail



0.1 US FL OZ / 3 mL x 10

# rapid reveal peel

**application**

Twist open applicator plug and dispense product into hands. Lightly massage over face, neck and chest with fingertips in circular motion. Allow to activate for 3-7 minutes, depending on skin sensitivity. The skin may experience slight tingling and/or warming. Rinse thoroughly with cold water or wipe off with a cold, damp towel. Recommended for usage in the evening.

**optional kick-start phase**

A kick-start phase is recommended for clients looking to achieve accelerated results. Start the **Rapid Reveal Peel** regimen with one tube every day for 3 days. After the third day, transition to using one **Rapid Reveal Peel** tube every week.

**weekly treatment**

Use one tube once a week.

**warnings**

Use only as directed. Avoid contact with the eyes. If irritation develops, discontinue use. If irritation persists, consult a physician. Sunscreen is recommended prior to sun exposure. Product is intended for limited frequency or duration of use on skin.

**key ingredients**

**Lactic Acid:** stimulates exfoliation, cell turnover and renewal for brighter, firmer skin. Used with Glycerin to hydrate for softer, more supple skin.

**Oryza Sativa (Rice) Bran Extract:** a rich source of Phytic Acid and antioxidants; helps defend against environmental damage and increases cell turnover, to help brighten hyperpigmentation.

**Microcitrus Australasica (Australian Caviar Lime) Extract:** This naturally powerful exfoliant helps promote cell turnover for a more radiant complexion. It is rich in Vitamin C, which provides antioxidant protection.

**Lactobacillus/Pumpkin Fruit Ferment Filtrate:** smoothes and helps even skin tone without irritating the skin. Also contains antioxidant Vitamins A and C to help fight the signs of skin aging.

**benefits / top retailing points**

Maximum-strength exfoliant delivers powerful results with no downtime.

Brightens: Kick-starts cell renewal for visible radiance.

Resurfaces: Speeds removal of dull cells on the surface of the skin.

Renews: Reveals smoother, healthier-looking skin.

Comes with a travel bag and suction cup for increased visibility and ease of use.

**skin condition**

All skin conditions, especially mature or prematurely-aging skin.

**description**

This highly-active powder resurfacer delivers the smoothest skin ever, and helps fight the biochemical and environmental triggers known to accelerate skin aging.

**bioactivity score 9****top products to prescribe**

- Antioxidant HydraMist
- Dynamic Skin Recovery SPF 50
- MultiVitamin Power Firm



retail



0.45 OZ / 13 g  
2 OZ / 57 g

# daily superfoliant

**application**

After cleansing, dispense about a half-teaspoon of **Daily Superfoliant** into very wet hands and create a creamy paste by rubbing hands together. Apply to face in circular motions, avoiding the eye area. Massage gently for up to 1 minute, then rinse thoroughly with warm water. Follow with prescribed Dermalogica Toner and Moisturizer. May be used daily. For more sensitive skin, advise your client to apply on alternate days until their skin acclimates.

**professional application**

- 1a** After performing the Dermalogica Double Cleanse, dispense approximately a half-teaspoon of **Daily Superfoliant** into a jelly cup and mix with water. Apply with a **Fan Masque Brush**.
- 1b** Alternatively, mix the product into very wet hands, create a creamy paste and apply.
- 2** Massage over skin with light circular motions, avoiding the eye area, for up to 1 minute. Steam may be used to facilitate more slip-and-glide.
- 3** A steam towel and/or damp sponges may be used to ensure thorough removal of product.
- o optional:** For superior exfoliation, the use of electric brushes may be introduced with the paste.

**contraindications for use**

Not recommended for users of any topical or orally-prescribed acne, Vitamin A-derived and/or skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or recently professionally exfoliated, resurfaced or waxed.

**key ingredients**

**Activated Binchotan Charcoal:** adheres to pollutants, allowing them to be easily removed from skin.

**Niacinamide:** helps regulate sebum oil to prevent adhesion of pollution particles and related signs of skin aging.

**Papain, Lipase and Subtilisin:** powerful, water-activated enzymes that dissolve or digest proteins in skin, allowing dulling skin cells to be removed.

**Lactic Acid and Malic Acid:** skin-smoothing alpha hydroxy acids that break apart the snap-like bonds (corneodesmosomes) that hold dead skin cells (corneocytes) together.

**Kappaphycus Alvarezii (Red Algae) Extract and Caesalpinia Spinosa (Tara) Fruit Extract:** help preserve the skin's natural barrier function by inhibiting penetration and adherence of environmental pollutants.

**Oryza Sativa (Rice Bran) Extract:** provides dual-action physical and chemical exfoliation to thoroughly loosen and digest dead skin cells.

**benefits / top retailing points**

Adsorbs (binds to remove) pollutants from deep within pores.

Helps prevent adherence of pollutants to the skin.

Provides antioxidant protection.

Reinforces the skin's protective barrier.

**skin condition**

Mature or prematurely-aging skin.  
Not recommended for sensitized skin.

**description**

A powerful thermal skin polisher that combines physical and chemical exfoliants to refine skin texture and enhance penetration of age-fighting actives into skin, while advanced technology ingredients condition and treat the skin.

**bioactivity score 10****top products to prescribe**

- Antioxidant HydraMist
- Dynamic Skin Recovery SPF 50
- Phyto Nature Firming Serum



retail



2.5 US FL OZ / 75 mL

professional



6 US FL OZ / 177 mL

# multivitamin thermafoliant

**application**

After cleansing, apply to damp skin in circular motions for 1 to 2 minutes, avoiding the eye area. A more intense result can be achieved by using directly on dry skin. Rinse thoroughly with warm water. Follow with **Antioxidant HydraMist** and **Dynamic Skin Recovery SPF 50**. Use two to three times per week.

**professional application**

**1** Apply to damp skin and massage in light, circular motions for 1-2 minutes.

**option 1:** Apply to dry skin and massage in light circular motions and activate with warm water for 2 minutes.

**option 2:** Apply to dry skin and massage in light, circular motions. Activate with 1 pump of **Exfoliant Accelerator 35** by applying **Exfoliant Accelerator 35** directly into your hands, then massaging over skin. Dip fingertips into warm water, if necessary, to create a creamy thermal skin polisher. Massage over skin for 3 minutes. Rinse off thoroughly with sponges and tepid water, or a steam towel customized with prescribed Botanical Mixer.

**contraindications for use**

Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications, Vitamin A or exfoliation products. Do not use on skin that is sunburned, irritated, sensitive or has recently been professionally exfoliated, resurfaced or waxed.

**key ingredients****Polylactic Acid, Silica and Sodium**

**Bicarbonate:** a fine mineral powder blend that polishes away dead skin cells to help minimize fine lines and improve the overall texture of skin. Removes excess cells that impede penetration of active ingredients.

**Lactic Acid and Salicylic Acid:** alpha and beta hydroxy acids that stimulate exfoliation of cells, leaving a smoother skin surface.

**Retinol (Vitamin A), Tocopherol (Vitamin E) and Tetrahexyldecyl**

**Ascorbate (Vitamin C):** pure Vitamin A (stable in this anhydrous formula) helps reverse the signs of aging by normalizing cells and stimulating new collagen formation while gently exfoliating. Vitamin E helps smooth skin while a stable form of Vitamin C stimulates skin strengthening collagen.

**Opuntia Ficus Indica (Prickly Pear**

**Cactus) Flower:** boosts activity of skin's natural desquamation enzymes that are responsible for breaking desmosomal cell attachments.

**Camellia Sinensis (White Tea) Leaf:**

polyphenols protect skin from ROS while inhibiting collagen-degrading MMPs and the formation of AGEs.

**benefits / top retailing points**

Gently polishes off dulling skin cells to reveal smoother, fresher skin immediately.

Thermal technology activates upon contact with water to drive beneficial ingredients further into skin.

Provides antioxidant protection while suppressing the formation of AGEs.

Inhibits collagen-degrading MMPs while conditioning skin.

Skin looks and feels dramatically improved and smoother.

**skin condition**

Mature or prematurely-aging skin.

**description**

A powerful masque of concentrated antioxidant vitamins to help skin recover from damage while enhancing barrier properties and promoting healthy tissue regeneration.

**top products to prescribe**

- Skin Resurfacing Cleanser
- Dynamic Skin Recovery SPF 50



retail



2.5 US FL OZ / 75 mL

professional



6 US FL OZ / 177 mL

# multivitamin power recovery masque

**application**

Apply generously to cleansed face and throat, avoiding the eye area. After 7 to 10 minutes, gently yet thoroughly rinse with warm water. Apply once per week or whenever the skin requires a soothing remedy. Follow with **Antioxidant HydraMist** or prescribed Dermalogica Toner, and **Dynamic Skin Recovery SPF 50** or prescribed Dermalogica Moisturizer.

**professional application**

- 1 Press 6 to 10 drops of the **ionactive serum of your choice** onto skin.
  - 2 Using **Fan Masque Brush**, apply a thin, even layer of **MultiVitamin Power Recovery Masque** to face, neck and eye area.
  - 3 Cover face and neck with gauze that has been dampened with **Antioxidant HydraMist**, tenting over the nose and mouth area.
  - 4 Apply **Cooling Contour Masque** with a spatula all over face and neck, even over the eye area, for a soothing / firming eye and lip treatment. Leave the nostrils and mouth free, allowing client to breathe comfortably. Allow to set for 20 minutes. Remove with damp sponges, or steam towels customized with prescribed Botanical Mixer.
- optional:** To simplify, apply the **ionactive serum of your choice** followed by **MultiVitamin Power Recovery Masque**. Remove after 10 minutes.

**key ingredients**

**Retinyl Palmitate (Vitamin A), Ascorbyl Palmitate (Vitamin C), Tocopheryl Acetate (Vitamin E), Linoleic Acid (Vitamin F) and Panthenol (Pro-Vitamin B<sub>5</sub>):** help repair and restore damaged skin.

**Avena Sativa (Oat) Kernel:** acts as an anti-inflammatory while moisturizing, soothing and calming.

**Panthenol (Pro-Vitamin B<sub>5</sub>):** aids in skin repair and hydration.

**Algae Extract:** nutrient rich; helps restore moisture balance while softening skin.

**Glycyrrhiza Glabra (Licorice) Root Extract, Symphytum Officinale (Comfrey) Rhizome / Root Extract and Arctium Majus (Burdock) Root Extract:** help soothe and calm skin while decreasing sensitivity.

**benefits / top retailing points**

A great restorative masque to help boost skin hydration and suppleness after exposing skin to stress.

Increases elasticity and aids in collagen synthesis, restoring suppleness.

Antioxidant vitamins help repair daily damage caused by ROS.

Botanicals help soothe and calm stressed skin.

**skin condition**

Mature or prematurely-aging skin.

**description**

Microencapsulated vitamins A, C and E penetrate deep into skin, helping to decrease fine lines and hyperpigmentation (age spots) while stimulating collagen formation to decrease sun-induced aging in skin. Boost elasticity levels with a skin-strengthening protein peptide that overrides biochemical triggers that lead to skin aging. Formulated without artificial fragrances and colors.

**top products to prescribe**

- MultiVitamin Power Recovery Masque
- MultiVitamin Power Firm
- Dynamic Skin Recovery SPF 50



retail



0.75 US FL OZ / 22 mL

# multivitamin power serum

**application**

Smooth over cleansed face and neck morning and night after toning and before moisturizing.

**key ingredients**

**Retinyl Palmitate:** encapsulated Vitamin A increases cell renewal and turnover. Stimulates new collagen biosynthesis to help reverse signs of aging.

**Alpha Tocopheryl Acetate:** encapsulated Vitamin E provides antioxidant benefits to the skin and helps reinforce barrier lipid layer.

**Ascorbyl Glucoside:** a stabilized form of Vitamin C that stimulates collagen synthesis to help fight signs of aging. Helps treat hyperpigmentation and provides a photoprotective function against UV rays.

**Magnesium Ascorbyl Phosphate:** stabilized and highly active form of MAP that is encapsulated to optimize its effect on the skin. Stimulates collagen synthesis and helps treat hyperpigmentation.

**Palmitoyl Hexapeptide-14:** a signaling peptide that helps stimulate collagen and promote skin firmness and elasticity and helps inhibit degradation activity of MMP enzymes.

**Bio-Retinol Complex:** A powerful antioxidant blend consisting of Bidens Pilosa Extract, Elasis Guineensis Oil, Gossypium Herbaceum (Cotton) Seed Oil and Linum Usitatissimum (Linseed) Seed Oil) that works to decrease free radical generation and stimulate natural antioxidant enzymes in the skin, while increasing retinoid receptors and reducing cell adhesion for additional exfoliation benefits.

**benefits / top retailing points**

New, advanced form of microencapsulation liposome technology provides optimum vitamin stability and greater physiological effectiveness. This scientific process helps increase vitamin stability, dosage and penetration into skin, resulting in a higher level of treatment to help minimize wrinkles, dullness, skin sagging, and triggers that lead to skin aging.

The cocktail of microencapsulated vitamins and peptides is suspended in a Sunflower butter and velvety silicone base to ensure a smooth, wearable feel, long-term stability and performance.

Helps control pigmentation and stimulate collagen synthesis.

Enhances cell turnover and cell renewal.

Provides antioxidant protection against skin-aging triggers.

Helps reduce surface roughness and sun-induced aging in skin.

**skin condition**

Mature or prematurely-aging skin.

**description**

Maximize nighttime skin repair to help minimize fine lines and increase luminosity. Press directly into skin or blend into your moisturizer for dramatic age-fighting benefits: our supercharged peptide serum helps stimulate collagen production to help firm and renew resilience while Argan and Rose oils revitalize lackluster skin and smooth away fine lines.

**top products to prescribe**

- Skin Resurfacing Cleanser
- MultiVitamin Power Recovery Masque
- Phyto Nature Firming Serum



retail



0.5 US FL OZ / 15 mL

# overnight repair serum

**application**

Hold bottle upside down for 2 seconds to initiate product flow. Smooth 4 to 6 drops into skin or blend with your nighttime treatment cream for dramatic age-fighting benefits and a refreshed appearance.

**key ingredients**

**Argan Oil:** rapidly penetrates skin without leaving a greasy feel. Excellent source of antioxidants and flavonoids that inhibit MMP enzymes from degrading collagen and elastin. Provides an enriched source of fatty acids, plant sterols, Vitamin E and Ferulic Acid to protect skin while reinforcing barrier lipid layer. Dermalogica uses a source of Argan that is supported by a reforestation program and contributes to local fair trade.

**Rosa Moschata Seed Oil (Rosehip Seed Oil) and Rose Oil:** Antioxidant rich oils; an excellent source of Vitamin C and essential fatty acids to reinforce the barrier lipid layer, while protecting skin and enhancing luminosity. Contains Retinoic Acid, the active form of Vitamin A, that improves appearance of aging skin.

**Alaria Esculenta:** A brown edible seaweed harvested in the British Isles that is a rich source of essential fatty acids and plant sterols to help reinforce the skin's barrier lipid layer. Contains powerful antioxidants and vitamins A, B, C and E to nourish skin tissues while stimulating collagen and Hyaluronic Acid formation.

**Palmitoyl Tripeptide-38:** Stimulates collagen and Hyaluronic Acid synthesis to strengthen the dermis and reduce the signs of skin aging. Stimulates both collagen I and collagen IV, two critical types of collagen for improving strength and reinforcing the critical dermal-epidermal-junction (DEJ) proteins.

**Helianthus Annuus (Sunflower Seed) Oil:** An excellent source of ceramides, a critical component of the barrier lipid layer.

**Carrot Seed Oil:** A nourishing, antioxidant-rich oil that helps firm and rejuvenate skin while improving elasticity. Excellent for dry skin, eczema and dermatitis.

**Jasmine Oil:** A highly-fragrant essential oil with skin softening properties that helps condition dry, atopic skin. A rich source of fragrant Jasmine esters that provide a calming effect to the psyche while soothing distressed skin.

**Rosmarinus (Rosemary) Leaf Extract, Murraya (Curry) Leaf Oil, Cinnamomum (Cinnamon) Leaf Oil and Sesamum (Sesame) oils:** Provide antimicrobial (preservative) properties to the serum.

**benefits / top retailing points**

Synchronizes with nighttime circadian rhythms to enhance skin nourishment, recovery, cell renewal and hydration levels.

Serum function delivers a quicker, more effective penetration of actives to address skin care issues.

Increases dermal strength.

Boosts skin luminosity while you sleep.

**skin condition**

Mature or prematurely-aging skin.

**description**

Encourage firmness, elasticity and hydration while helping to defend against the primary triggers of skin aging with this medium-weight, emollient daily moisturizer with Broad Spectrum SPF 50.

**top products to prescribe**

- Skin Resurfacing Cleanser
- Super Rich Repair
- BioLumin-C Serum

**retail**

0.4 US FL OZ / 12 mL  
1.7 US FL OZ / 50 mL

**professional**

4 US FL OZ / 118 mL

# dynamic skin recovery spf 50

**application**

After cleansing and toning, apply a generous amount to face and neck, preferably 30 minutes prior to sun exposure.

**professional application**

- 1 Following the application of **Antioxidant HydraMist**, and **MultiVitamin Power Serum**, apply evenly to the face, throat and neck and blend with fingertips to complete professional treatment.

**Optional:**

**Super Rich Repair** or **Skin Hydrating Booster** may be layered underneath if additional moisture is required.

**warnings**

For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Do not use on infants under 6 months old.

**active ingredients**

Chemical sunscreens:

- Avobenzone
- Octinoxate

**key ingredients**

**Arginine / Lysine Polypeptide:** a peptide that acts as a sugar trap, binding sugars in the body to itself to prevent the formation of AGEs.

**Palmitoyl Tripeptide-5:** stimulates collagen synthesis, helps firm skin and overrides the effects of MMPs. Activates Tissue Growth Factor (TGF), a peptide that is required in its active state for collagen production to occur.

**Glucosamine HCL:** controls the formation of AGEs, stimulates formation of Hyaluronic Acid and collagen and helps control age-related hyperpigmentation.

**Dipotassium Glycyrrhizate (Licorice):** help calm irritated skin.

**Camellia Sinensis (White Tea) Leaf:** rich in polyphenols; protects against free radical damage (ROS), fights the formation of AGEs and inhibits MMPs.

**benefits / top retailing points**

**Oleosome Encapsulation Technology:** Moisture-rich spheres made from Safflower Seeds, which allow for SPF performance while using fewer chemical sunscreens.

Enhances the skin's natural ability to fight skin-aging ROS.

Helps prevent the signs of aging caused by AGEs.

Regulates the formation of collagen-degrading MMPs brought on by UV rays.

Provides long-lasting hydration and reinforces skin's natural moisture barrier.

Provides critical protection from daylight exposure, yet blends smoothly into skin to create a perfected finish.

**skin condition**

Mature or prematurely-aging skin.

**description**

Accelerate skin renewal and reduce the appearance of skin aging with this concentrated customizable nighttime Retinol treatment cream. Highly-active, 0.5% microencapsulated Retinol helps increase collagen production and cell turnover while powerful peptides and antioxidant Vitamin C help reduce uneven skin tone and discoloration. Includes a moisturizing Buffer Cream to help acclimate skin to Retinol.

**top products to prescribe**

- Super Rich Repair
- Antioxidant HydraMist
- Age Reversal Eye Complex



retail



1 US FL OZ / 30 mL

+



0.5 US FL OZ / 15 mL  
(buffer cream)

# overnight retinol repair

**application**

For best results, mix Overnight Retinol Repair with included Buffer Cream and apply to cleansed skin at night, when cell renewal is at its prime. Once skin is acclimated, use Overnight Retinol Repair alone, prior to or mixed with prescribed Dermalogica moisturizer.

**contraindications for use**

Due to the possibility of adverse skin reaction, avoid using any other targeted treatment products directly with Overnight Retinol Repair. You may use other targeted treatment products on alternate nights. Discontinue use of Overnight Retinol Repair 72 hours prior and post any waxing or exfoliation treatment. This product contains Vitamin A. Consult a physician prior to use on pregnant women. For use at night only. Use adequate sunscreen during the day.

**key ingredients****Highly-active 0.5% encapsulated**

**Retinol:** induces collagen synthesis and helps reduce visible fine lines, wrinkles, discoloration and uneven skin texture.

**Sodium Ascorbyl Phosphate (Vitamin C):**

an antioxidant that helps enhance collagen synthesis and correct the signs of premature aging.

**Palmitoyl Tripeptide-5:** stimulates collagen synthesis, helps firm skin and overrides the effects of MMPs. Activates Tissue Growth Factor (TGF), a peptide that is required in its active state for collagen production to occur.

**Tetradecyl****Aminobutyrylvalylaminobutyric Urea**

**Trifluoroacetate (TAUT):** a tripeptide molecule that helps stimulate collagen, firm and tone skin, and increase hydration.

**Bioenergized Copper Amino Acid**

**Complex:** shown to help reduce visible wrinkles and improve skin firmness.

**Ceramides:** reinforce the barrier lipid layer that controls TEWL (trans-epidermal water loss).

**Active Polysaccharides:** help retain water in skin tissues.

**Dipotassium Glycyrrhizate (Licorice):**

a potent antioxidant that is also a strong anti-inflammatory and soothing anti-irritant.

**Lavandula Hybrida (Lavender) Oil:**

helps soothe skin and calm irritation.

**benefits / top retailing points**

Microencapsulation technology delivers quicker, more effective penetration of Retinol to address signs of skin aging.

Helps reduce uneven skin tone and discoloration.

Customizable for each user to help minimize skin irritation from Retinol.

Synchronizes with nighttime circadian rhythms for dramatic nighttime skin repair.

**skin condition**

Chronically dry, mature or prematurely-aging skin.

**description**

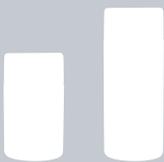
A super-concentrated, heavy-weight cream that combats chronically dry, dehydrated and prematurely-aging skin conditions while it repairs and protects. As the richest Dermalogica Moisturizer, it soothes, hydrates and replenishes even the thirstiest skin while acting as a protective salve to fight extreme cold and dry environmental conditions.

**top products to prescribe**

- Skin Resurfacing Cleanser
- MultiVitamin Power Firm



retail



1.7 US FL OZ / 50 mL  
3.4 US FL OZ / 100 mL

professional



4 US FL OZ / 118 mL

# super rich repair

**application**

Apply to face and neck with light, upward strokes. Wait for cream to absorb before applying additional products. Use once or twice daily.

**professional application**

- 1 Following the application of **Antioxidant HydraMist**, apply **Super Rich Repair** evenly to the face, throat and neck and blend with fingertips to complete professional treatment.

**optional:**

**Dynamic Skin Recovery SPF 50** can be layered over **Super Rich Repair** if additional moisture and SPF are required.

**key ingredients**

**Arginine / Lysine Polypeptide:** a peptide that acts as a sugar trap, binding sugars in the body to itself to prevent the formation of AGEs.

**Oenothera Biennis (Evening Primrose), Borago Officinalis (Borage) Seed, Simmondsia Chinensis (Jojoba) Seed, Butyrospermum Parkii (Shea Butter), Coconut and Tocopheryl Acetate (Vitamin E):** help reduce trans-epidermal water loss and prohibit potentially-irritating environmental pollutants from entering the skin.

**Madecassoside:** inhibits inflammatory mediators while treating inflammation.

**Palmitoyl Tetrapeptide-7 and Palmitoyl Oligopeptide:** trigger collagen production, helping to increase firmness and restore elasticity.

**Colloidal Oatmeal, Zinc Oxide and Avena Sativa (Oat) Kernel:** soothing; provides anti-itch relief to chronically dry skin.

**benefits / top retailing points**

Stimulates collagen synthesis and Hyaluronic Acid production to help repair prematurely-aging skin.

Smooths fine dryness lines and helps restore elasticity.

Replenishes barrier lipids while moisturizing skin.

Soothes and insulates skin from extreme environmental elements while fighting inflammation.

**skin condition**

Prematurely-aging skin.

**description**

Your exposome (environment + lifestyle) adds years to your skin's visible age. Phyto-Nature Firming Serum is clinically proven to give 5 years back.\* This dual-phase lifting and firming serum restores and preserves the nature of younger-looking skin by reducing the appearance of premature skin aging.

**top products to prescribe**

- Skin Resurfacing Cleanser
- Antioxidant HydraMist
- Dynamic Skin Recovery SPF 50



retail



1.3 US FL OZ / 40 mL

# phyto nature firming serum

**application**

Hold bottle at an angle. Dispense 1–2 pumps into the palm of your hand. Blend the two serums and smooth over cleansed face and neck. Can be used morning and/or evening. Follow with your moisturizer.

**key ingredients**

**Sapphire-bound biomimetic peptides** help firm skin and reinforce skin defenses.

**Amazonian Camu Camu**, sourced sustainably from Peru, helps prolong radiance. Often called the "youth berry," this superfruit contains 60 times more Vitamin C than an orange and has been wild-harvested by indigenous tribes for more than 700 years to maintain health and longevity.

**Moroccan Rockrose Extract**, derived from the incredibly-resilient plant that has the ability to germinate even after burning, helps neutralize skin-damaging free radicals.

Caffeic Acid from **Madagascar Green Coffee Bean**, a phyto-active that works with skin's microbiome, helps revitalize skin and decrease the appearance of fine lines and wrinkles.

Next-generation **Hyaluronic Acid** delivers a filler effect.

**benefits / top retailing points**

Clinically proven to reduce skin's visible age by 5 years.\*

Decreases the appearance of fine lines after just 1 application.

Doubles skin's luminosity after just 1 application.

Reduces visible wrinkles after 4 weeks.

\*By reducing the appearance of premature wrinkles. Based on a 32-subject, 8-week clinical study performed at a reputable Contract Research Organization. 50% of subjects achieved at least a 5-year improvement.

**skin condition**

Mature or prematurely-aging skin.

**description**

Smooth away fine lines, brighten and prime for flawless skin, and to prep for make-up application. Velvety silicones combine with Soy Protein to even out skin texture. Pearl Powder and natural earth minerals provide a neutral tint to help balance skin tone and enhance luminosity. A potent peptide helps improve skin firmness, as sunscreens shield against sun damage.

**top products to prescribe**

- MultiVitamin Thermafoliant
- MultiVitamin Power Firm
- Dynamic Skin Recovery SPF 50



retail



0.75 US FL OZ / 22 mL

professional



1.7 US FL OZ / 50mL

# skinperfect primer spf 30

**application**

After applying prescribed Dermalogica Moisturizer, smooth and blend over entire face and throat. Can be worn alone or underneath make-up to extend wear.

**warnings**

For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Do not use on children under 6 months old.

**active ingredients**

- Titanium Dioxide
- Zinc Oxide

**key ingredients****Zinc Oxide and Titanium Dioxide:**

Physical sunscreens that protect against UVA and UVB radiation.

**Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxythreonine and Palmitoyl Dipeptide-5 Diaminobutyrate:**

Conditioning peptides that stimulate collagen biosynthesis, helping to reduce wrinkles, impart skin firmness and improve skin tone.

**Arginine / Lysine Polypeptide, Camellia Sinensis Leaf Extract and Hydrolyzed Soy Protein:** AGE Smart ingredients that fight glycation (AGEs, also known as Advanced Glycation End-products), free radicals (ROS, also known as Reactive Oxygen Species), and Matrix Metalloproteinase (MMP) activity, the leading biochemical triggers that cause skin aging. Recent studies indicate Arginine / Lysine Polypeptide also stimulates collagen and GAG synthesis while protecting collagen from MMP degradation.

**Sodium Hyaluronate and Sodium PCA:**

Humectants naturally found in the skin that help bind water into tissue, maintaining proper hydration levels that help minimize fine lines due to dehydration.

**Silica:** A common earth mineral, helps cosmetics to adhere to skin and improve the smoothness and spread of foundations; absorbs oil, helping make-up last longer and while helping fill in fine lines to smooth skin surface.

**Cyclopentasiloxane and Vinyl Dimethicone / Methicone Silsequioxane Crosspolymer and Dimethicone**

**Crosspolymer:** Provides a silky feel and smooth surface; provides a “soft focus” visual effect.

**benefits / top retailing points**

Multifunctional product not only acts as a make-up primer, enhancing the appearance and duration of make-up, but conditions and treats the signs of aging while providing Broad Spectrum UVA and UVB defense.

Smooths skin and stimulates collagen production to increase skin firmness.

Shields against skin-aging UV rays.

Can be worn alone or underneath Sheer Tint SPF 20 and Cover Tint SPF 20 or make-up to help smooth fine lines and deliver a lasting make-up finish.

**skin condition**

Mature or prematurely-aging skin.

**description**

Combat visible lines around the eye area with this powerful firming complex of skin-rebuilding antioxidant vitamins, protective Silicones and Red Seaweed Extract.

**top products to prescribe**

- Skin Resurfacing Cleanser
- Dynamic Skin Recovery SPF 50



retail



0.5 US FL OZ / 15 mL

professional



2.5 US FL OZ / 75 mL

# multivitamin power firm

**application**

Smooth around eyes, concentrating on areas of visible aging.

**professional application**

Following the application of **Antioxidant HydraMist**, apply **MultiVitamin Power Firm** around the eye area, using the ring finger.

**key ingredients**

**Retinyl Palmitate (Vitamin A), Ascorbic Acid (Vitamin C) and Tocopheryl Acetate (Vitamin E):** accelerate skin's natural repair process, strengthen elasticity and improve smoothness while defending against ROS.

**Corallina Officinalis (Red Seaweed):** helps firm skin, reducing the appearance of fine lines.

**Silicones:** melt gently into skin to help diminish fine lines and smooth skin texture.

**Camellia Sinensis (Green Tea) Leaf:** helps soothe irritation.

**Spilanthes Acmella Flower Extract:** (sustainably sourced) helps firm skin by creating better/enhanced cohesion of cell/collagen fibers.

**benefits / top retailing points**

Helps repair the signs of mature or premature aging with an infusion of multivitamins.

Increases skin elasticity and firmness by stimulating collagen synthesis and reinforcing cell to cell linkages.

Scavenges dangerous free radicals to help protect skin from environmental stress.

Protects against moisture loss to minimize fine lines associated with dehydration.

**skin condition**

Mature or prematurely-aging skin.

**description**

Reverse multiple signs of skin aging around the delicate eye area with this advanced Retinol treatment.

**top products to prescribe**

- Dynamic Skin Recovery SPF 50
- Phyto Nature Firming Serum
- SkinPerfect Primer SPF 30



retail



0.5 US FL OZ / 15 mL

# age reversal eye complex

**application**

Start using every other night for the first two weeks. As skin responds and increases tolerance, build up to using nightly. After cleansing, smooth and pat around the eye area working from the outer corner inward. Use at night so that it works in concert with the body's internal cellular repair schedule.

**contraindications for use**

Due to the cell renewal effects of Retinol, discontinue use of exfoliating products around the eye area for three days prior to initial application. Do not use within 72 hours of waxing or exfoliation. If you are pregnant or breastfeeding, consult a physician prior to use. Wear a sunscreen over treated area during the day. This product contains Vitamin A. Consult a physician prior to use on pregnant women.

**key ingredients****Microencapsulated Retinol 0.1%:**

helps minimize lines around the delicate eye area; helps reverse photoaging and chronological aging of skin tissues.

**Microencapsulated Niacinamide:**

Vitamin B<sub>3</sub> reinforces barrier function of the skin to help reduce Trans-Epidermal Water Loss (TEWL); helps strengthen blood vessels to avoid fluid buildup in surrounding tissues; inhibits release of inflammatory mediators; and helps prevent glycation.

**Age Reversal Firming Complex**

**Palmitoyl Tripeptide-5:** conditioning peptides help to reduce wrinkles, impart skin firmness and improve skin tone.

**Hyaluronic Acid:** unique cross-linked ingredient and naturally-occurring polysaccharide provides increased hydration and improves elasticity.

**Panthenol:** humectant Pro-Vitamin B<sub>5</sub> aids in hydration and skin repair.

**Dunaliella Salina Extract:** antioxidant-rich unicellular microalgae to help reverse free radical damage and control hyperpigmentation.

**Fraxinus Excelsior (Ash Tree) Bark**

**Extract:** contains Fraxin and Esculin, which present strong vasculo-protective properties. Works with

microencapsulated Niacinamide to reduce dark under-eye circles and puffiness.

**UGL Complex (Glucosamine HCL, Urea, Yeast Extract and Algae**

**Extract):** exfoliates and smoothes the skin's surface; firms tissue to reduce the appearance of photoaged skin; helps establish a better barrier to maintain hydrated tissues.

**benefits / top retailing points**

Microencapsulation technology helps ensure that Retinol and Niacinamide penetrate the skin without degrading.

Targets multiple eye area concerns, primarily fine lines, wrinkles, puffiness and dark under-eye circles from hyperpigmentation.

Fortifies and smoothes skin.

Retextures skin at a non-irritating pH, which is critical for the delicate eye area.

**skin condition**

All skin conditions, especially mature or prematurely-aging skin.

**description**

A daily lip treatment that restores delicate tissue, minimizes contour lines and helps prevent the signs of aging.

**top products to prescribe**

- Antioxidant HydraMist
- Super Rich Repair



retail

0.06 US FL OZ / 1.75 mL

# renewal lip complex

**application**

Apply to lips at least two times a day for lip health maintenance, or more frequently in periods of dryness or environmental exposure.

**key ingredients**

**Arginine / Lysine Polypeptide:** a peptide that acts as a sugar trap, binding sugars in the body to itself to prevent the formation of AGEs.

**Palmitoyl Oligopeptide:** a peptide molecule that conditions skin and stimulates collagen formation to minimize fine lines.

**Theobroma Cacao (Cocoa) Seed Butter, Persea Gratissima (Avocado), Oryza Sativa (Rice) Bran, Triticum Vulgare (Wheat) Germ and Butyrospermum Parkii (Shea Butter):** emollient and vitamin-rich plant lipids that smooth and condition lip tissue while helping to prevent dehydration.

**Hyaluronic Acid:** provides increased hydration and improved elasticity.

**benefits / top retailing points**

Minimizes contour lines and smooths rough, uneven lips.

Prevents the signs of aging caused by AGEs.

Superior conditioning lasts hours beyond application and is ideal for wearing alone or as a smoothing primer before lipstick application.

# BioLumin-C

Vitamin C is one of the most potent antioxidants available. BioLumin-C formulas utilize Dermalogica's ultra-stable, highly bioavailable Vitamin C complex to dramatically brighten and firm.



**skin condition**

Normal to mature or prematurely-aging skin.

**description**

High-performance serum enhances skin's natural defense system to brighten, firm and help dramatically reduce the appearance of fine lines and wrinkles. Advanced bio-technology and an ultra-stable Vitamin C complex work synergistically to enhance bioavailability of Vitamin C to fight oxidative stress and the appearance of skin aging before it starts. Optimized delivery system combined with a peptide and AHA renews for brighter, firmer, more radiant skin.

**top products to prescribe**

- Skin Resurfacing Cleanser
- Antioxidant Hydramist
- Dynamic Skin Recovery SPF 50

**retail**

1 US FL OZ / 30 mL



2 US FL OZ / 59 mL

# biolumin-c serum

**application**

Smooth over cleansed face and neck morning and night, after toning and before moisturizing.

**key ingredients**

**Vitamin C Complex:** Provides enhanced functionality in fighting oxidative stress. Ascorbyl Methylsilanol Pectinate provides the benefits of Ascorbic Acid – along with Silicium, a natural component in the skin which plays a key role in skin defense. Additionally, Aminopropyl Ascorbyl Phosphate is another highly-lauded form of Vitamin C, known for its superior stability and efficacy. We fused this Vitamin C technology with Palmitoyl Tripeptide-5, a unique short-chain synthetic peptide that works using innovative anti-wrinkle technology.

**Lactic Acid:** This Alpha Hydroxy Acid helps remove dull, dead skin cells and accelerate cell turnover, revealing smoother, brighter skin with reduced fine lines and wrinkles.

**Sophora Japonica Flower Extract:**

Containing flavonoids that exhibit strong antioxidant activity, this extract helps return skin to a calm state after experiencing oxidative stress.

**Salvia Hispanica (Chia Seed) Oil:**

Chia Seed Oil is rich in antioxidants that help quench free radicals, and it contains more than 60% omega-3 fatty acid.

**benefits / top retailing points**

Brightens - Exfoliates and reduces unbalanced pigmentation.

Firms - Reduces the appearance of fine lines and wrinkles.

Defends - Prevents and corrects free radical damage.

**skin condition**

All skin conditions.

**description**

Daily brightening gel moisturizer provides weightless hydration and gives skin a radiance boost for healthy-looking skin.

**top products to prescribe**

- BioLumin-C Serum
- BioLumin-C Eye Serum



retail



1.7 US FL OZ / 50 mL

# biolumin-c gel moisturizer

**application**

After cleansing and toning, apply over face and neck in light, upward strokes. Use twice daily, morning and night. Allow one minute for product absorption. For daytime use, follow with an SPF.

**key ingredients**

Ultra-stable **Vitamin C Complex:** comprised of two Vitamin C molecules, this complex provides enhanced functionality in fighting oxidative stress. We've boosted this antioxidant complex with the latest biotechnology, extending the Vitamin C's potency to fight free radical damage.

**Squalane:** derived from sugar cane, and is an excellent emollient that occurs naturally in the lipidic layers of the skin. It improves skin's elasticity, minimizing the appearance of fine lines and wrinkles.

**5 types of Hyaluronic Acid:**

deliver potent humectant properties for long-lasting hydration.

**Verbascum Thapsus Flower Extract:**

also known as the Bioluminescence Flower, transforms UV rays into visible light – creating instant luminosity and improving skin's radiance for a brighter appearance.

**benefits / top retailing points**

**Brightens** instantly and over time

**Hydrates** for more luminous skin

**Renews** for a natural glow

**skin condition**

Normal to mature or prematurely-aging skin.

**description**

High-performance serum enhances skin's natural defense system to brighten, firm and help dramatically reduce the appearance of fine lines and wrinkles. Advanced bio-technology and an ultra-stable Vitamin C complex work synergistically to enhance bioavailability of Vitamin C to fight oxidative stress and the appearance of skin aging before it starts. Optimized delivery system combined with a peptide and AHA renews for brighter, firmer, more radiant skin.

**top products to prescribe**

- Skin Resurfacing Cleanser
- Antioxidant Hydramist
- Dynamic Skin Recovery SPF 50



retail



0.5 US FL OZ / 15 mL

# biolumin-c eye serum

**application**

Apply under the eye and along the orbital bone morning and evening. Keep out of eyes.

**key ingredients**

**Vitamin C Complex:** Provides enhanced functionality in fighting oxidative stress. Ascorbyl Methylsilanol Pectinate provides the benefits of Ascorbic Acid – along with Silicium, a natural component in the skin which plays a key role in skin defense. Additionally, Aminopropyl Ascorbyl Phosphate is another highly-lauded form of Vitamin C, known for its superior stability and efficacy. We fused this Vitamin C technology with Palmitoyl Tripeptide-5, a unique short-chain synthetic peptide that works using innovative anti-wrinkle technology.

**Lactic Acid:** This Alpha Hydroxy Acid helps remove dull, dead skin cells and accelerate cell turnover, revealing smoother, brighter skin with reduced fine lines and wrinkles.

**Sophora Japonica Flower Extract:**

Containing flavonoids that exhibit strong antioxidant activity, this extract helps return skin to a calm state after experiencing oxidative stress.

**Salvia Hispanica (Chia Seed) Oil:**

Chia Seed Oil is rich in antioxidants that help quench free radicals, and it contains more than 60% omega-3 fatty acid.

**benefits / top retailing points**

Brightens the eye area with a boost of Vitamin C.

Reduces the appearance of fine lines and wrinkles.

Exfoliates and hydrates for smooth, healthy-looking skin

# active clearing

## acne + aging

One of the first questions adults have when they experience acne is, “**Why am I breaking out at this age?**”

Contrary to popular belief, acne isn't just for teenagers. It can affect anyone, regardless of age, gender, ethnicity or skin type. While teens typically get acne because of puberty hormones that trigger excess sebum production in the skin, adults get acne for a variety of reasons that range from intrinsic factors (stress, genetics, hormones, endocrine disorders, immune system, microbiome) to extrinsic factors (lifestyle, cosmetic use, the environment).

## adult acne vs. teen acne

Adult acne generally falls into two categories: persistent and late-onset. Adults with persistent acne are experiencing a continuation or relapse of acne from adolescence into adulthood and middle age.<sup>1,2</sup> Late-onset acne (generally 25 years old and above) can happen to everyone irrespective of prior acne condition(s) during teenage years. Both persistent and late-onset acne more frequently affect women and are often associated with inflammation, changes in pigmentation, and scarring, which cause the appearance of premature skin aging. Late-onset acne

is thought to be less common than persistent acne<sup>3,4</sup> which is generally mild to moderate in severity. Lesions tend to be inflammatory, with fewer comedones than adolescent acne.<sup>1,5</sup> Breakouts tend to occur along the mandibular region (mouth, chin and jaw line), the sides of the neck, and sometimes the chest.<sup>6</sup> Adults also often have sensitized skin, and a combination of other skin conditions in addition to acne, which makes treatment more complex than treatment of teens, who generally have more resilient, uniform oily skin.



# active clearing continued

## the anatomy of adult acne

Before understanding what causes adult acne, it helps to know how acne forms from a physiological standpoint. There are five main factors that contribute to the formation of adult acne and related signs of premature skin aging:

### Overactive Sebaceous Glands

Acne occurs only where there are sebum-producing glands, which are mostly concentrated on the face and upper body. Typically, the fine vellus hairs that line each follicle would efficiently wick away sebum, but this is not the case in acneic skin. Excess sebum production is often associated with over-reactive sebaceous glands, a tendency toward follicle congestion and an oily T-zone.

### Cell Accumulation

The skin naturally sheds dead skin cells through desquamation, however, acneic skin does not shed them properly. This is because acneic skin produces four to five times more skin cells yet possesses fewer lamellar granules, which are responsible for releasing natural desquamation enzymes. This causes retention hyperkeratosis (the

“holding onto” of “more skin cells”).

Desquamation also naturally slows with age, so an adult with acneic skin is even more prone to buildup of dead skin cells inside and at the opening of the follicles.

When accompanied by excess sebum, dead skin cells that build up in the follicle stick together and form an impaction plug, which provides a perfect anaerobic (without oxygen) environment for breakout-causing bacteria.

### Bacteria

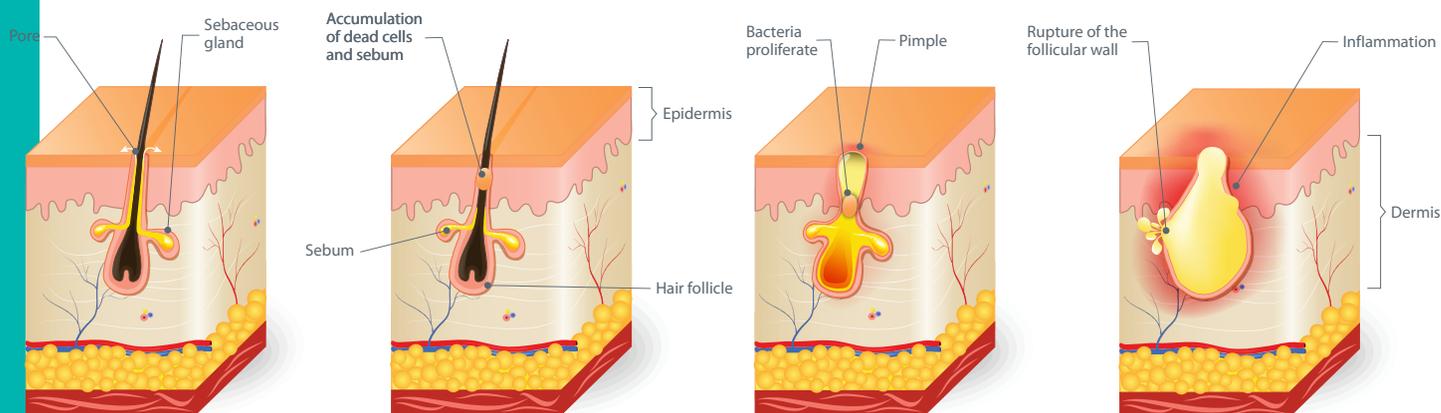
Scientists are still trying to understand more about the skin’s microbiome (aka ecosystem of microorganisms), but we do know that some of its residents – the bacteria *Cutibacterium acnes*, or *C. acnes* – cause acne. When *C. acnes* become trapped in an anaerobic environment (a clogged follicle), they feed on sebum and generate free fatty acids as waste products. This irritates the follicle lining. At this point, the skin may show closed comedones (whiteheads) or open comedones (blackheads), which are non-inflammatory lesions.

### Inflammaging

Inflamed lesions (papules, pustules, cysts, nodules) are the red, swollen, sometimes pus-filled breakouts that drive clients to seek help. These occur when the free fatty acids generated by *P. acnes* build up and expand the follicle, then rupture the follicle wall beneath the skin. Acneic skin is more permeable around the sebaceous gland and follicle, which may lead to leakage and inflammation into surrounding tissues.

If a break in the follicle is close to the surface, a pustule forms. If the break is deeper, a nodule forms. In some cases, a membrane entraps the infection and a cyst develops. In any case, matrix metalloproteinase (MMPs) enzymes are stimulated to help repair the damaged tissue and white blood cells invade the area.

Chronic, low-grade inflammation (inflammaging) can contribute to accelerated skin aging by breaking down collagen, compromising barrier function, slowing wound healing and generating post-inflammatory hyperpigmentation.



### Post-Inflammatory Hyperpigmentation (PIH)

PIH is a common concern among adults with acne, as it creates dark marks that can remain for several weeks after a breakout has cleared. This not only prolongs the stressful experience of having adult acne, it causes uneven skin tone that accelerates the appearance of premature skin aging. PIH is especially common with darker skin tones.

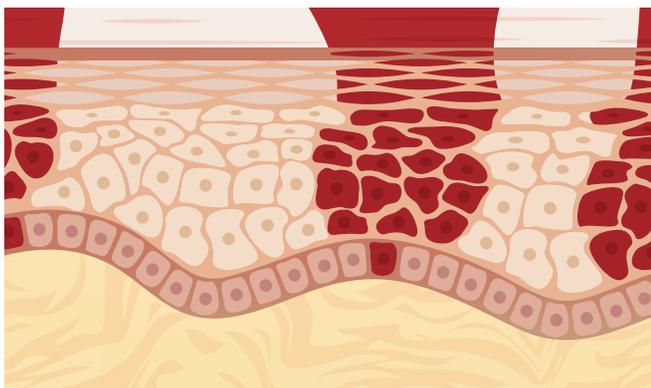
PIH is discoloration of the skin that follows an inflammatory wound. This form of hyperpigmentation stems from skin

melanocytes' exaggerated response to injury, however slight, which results in an abnormal distribution of melanin (pigment) in the tissues. Melanocyte activity is stimulated by the same inflammatory mediators that are activated when the skin's immune response is activated. What affects the skin's Langerhans cells, which help drive protective immune responses, generally will stimulate the melanocytes, and vice versa. When inflammation subsides, the inflammatory mediators revert to normal levels, and so does the production of melanin.

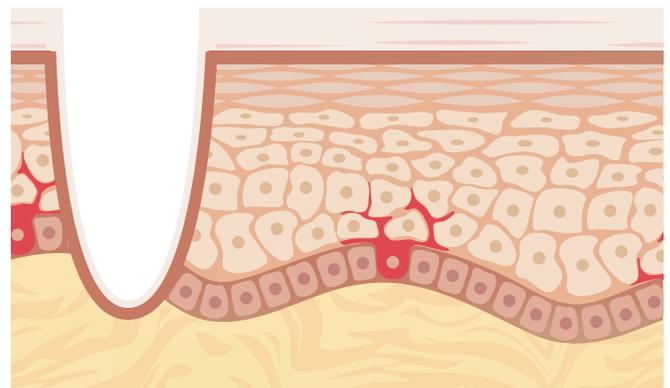
In due course, the cells causing hyperpigmentation rise to the stratum corneum and slough off, causing the hyperpigmentation to disappear. Depending on the depth of the inflammation or wound, hyperpigmentation will be evident in both the epidermis and the dermis. If it happens in the dermis, as in the case of severe inflammation, the pigments will not go through the slough-off process and can be stuck for many years or decades. This may account for the difficulty in treating post-inflammatory pigmentation associated with deeper scar tissue.

#### Is it PIH or a scar?

Clients often refer to PIH as a scar, so it's important to help them distinguish between the two. PIH is characterized by skin discoloration ranging from pink to black. PIH can be associated with scarring but can also occur on a flat area of the skin. Most PIH can be reduced over time with regular application of exfoliants or ingredients such as Hexylresorcinol and Niacinamide (Vitamin B<sub>3</sub>). Scarring is characterized by skin atrophy, usually seen as a depressed or raised area that results from loss or overgrowth of tissue. Scarring cannot be sufficiently resolved through skin care alone.



PIH



scar

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**skin condition**

Breakout-prone, prematurely-aging skin.

**description**

A foaming, breakout clearing cleanser that helps clear skin and reduce visible skin aging.

**top products to prescribe**

- AGE Bright Clearing Serum
- Sebum Clearing Masque



retail



8.4 US FL OZ / 250 mL

professional



16.9 US FL OZ / 500 mL

# clearing skin wash

**application**

Work a pea-sized amount into a lather in wet hands. Apply to dampened face and neck, massaging in circular motions while concentrating on areas of congestion, breakouts and oiliness. Avoid eye area. Rinse thoroughly with warm water.

**professional application**

- 1 Perform the Dermalogica Double Cleanse that begins with **PreCleanse**.

**note:**

Upon beginning second cleanse with **Clearing Skin Wash**, steam may be used to facilitate the cleansing process by further softening the skin.

- 2 Lather **Clearing Skin Wash** and apply with a flowing effleurage, spreading movement over the entire face, throat and upper décolleté.
- 3 Damp sponges or steam towels should be used to remove all traces of cleanser.

**contraindications for use**

Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not for those who currently take acne medication. For external use only. Avoid contact with eyes. If irritation develops, discontinue use.

**key ingredients**

**Salicylic Acid:** stimulates natural exfoliation to help clear clogged follicles and smooth away dullness that contributes to visible skin aging.

**Menthol and Camphor:** help cool the skin.

**Melissa Officinalis (Balm Mint) Leaf Extract and Melaleuca Alternifolia**

**(Tea Tree) Leaf Oil:** known for antiseptic, analgesic, anti-bacterial and skin-soothing properties.

**Eucalyptus Globulus Leaf Extract:**

liquid from the leaves of Eucalyptus Tree. Often used as an antiseptic.

**benefits / top retailing points**

Foaming cleanser clears away excess oil while maintaining healthy, hydrated skin.

Synergistic combination of botanicals and Salicylic Acid help clear skin.

Soothing botanicals help calm breakout-irritated skin.

Helps prevent future breakouts.

**skin condition**

Breakout-prone,  
prematurely-aging skin

**description**

A soothing clay masque that helps clear breakouts and minimize premature signs of skin aging.

**top products to prescribe**

- Clearing Skin Wash
- AGE Bright Clearing Serum



retail



2.5 US FL OZ / 75 mL

# sebum clearing masque

**application**

Apply a smooth layer to cleansed face and neck (avoiding the eye area) three times per week. May also be used exclusively on the T-zone. Leave on for 10 minutes, then rinse thoroughly with warm water.

**contraindications for use**

Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not for those who currently take acne medication. For external use only. Avoid contact with eyes. If irritation develops, discontinue use.

**key ingredients**

**Salicylic Acid:** helps clear clogged follicles, which contribute to breakouts.

**Bentonite and Kaolin:** clays that help absorb excess oil, refine pores and clear congestion.

**Avena Sativa (Oat) Kernel Extract and Bisabolol:** help soothe aggravation brought on by breakouts.

**Carthamus Tinctorius (Safflower) Seed Oil:** helps counter fine dehydration lines.

**Dipotassium Glycyrrhizate (Licorice):** known to have soothing properties.

**Niacinamide:** known to help control sebum and scavenge free radicals.

**benefits / top retailing points**

Reduces breakouts to help clear skin.

Brightens and fades pigmentation.

Reduces the appearance of skin aging.

**skin condition**

Breakout-prone,  
prematurely-aging skin

**description**

A two-in-one brightening and clearing serum that clears and helps prevent breakouts while reducing visible skin aging.

**top products to prescribe**

- Clearing Skin Wash
- Oil Free Matte SPF 30



retail



1 US FL OZ / 30 mL

# age bright clearing serum

**application**

Apply a thin layer on cleansed skin and allow to dry. Use all over the face and under recommended Dermalogica Moisturizer twice a day, as needed.

**contraindications for use**

Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not for those who currently take acne medication. For external use only. Avoid contact with eyes. If irritation develops, discontinue use.

**key ingredients**

**Salicylic Acid:** a Beta Hydroxy Acid that reduces breakouts to clear skin.

**AGE Bright Complex:** works with the skin's natural microbiome to promote clearer, brighter skin. Terpineol (isolated from Pinus Sylvestris, or Pine Oil) and Thymol (from Thymus Vulgaris, or Thyme) help reduce P. acnes and sebum while Niacinamide (Vitamin B<sub>3</sub>) helps reduce visible skin aging by fading post-inflammatory hyperpigmentation.

**Phytoactives from Resurrection**

**Plant:** hydrate and smooth skin. The Resurrection Plant is known for its ability to survive extreme dehydration.

**White Shiitake Mushroom:** works together with Niacinamide in AGE Bright Complex to promote brighter, more even skin tone.

**benefits / top retailing points**

Helps clear and prevent breakouts.

Promotes brighter, even skin tone to reduce visible signs of premature skin aging.

Hydrates and smoothes skin.

**skin condition**

Breakout-prone,  
prematurely-aging skin.

**description**

A two-in-one brightening spot treatment that reduces the appearance of active breakouts and post-breakout marks.

**top products to prescribe**

- AGE Bright Clearing Serum
- Oil Free Matte SPF 30



retail



0.5 FL OZ / 15 mL

# age bright spot fader

**application**

Apply directly upon first sign of breakout. Reapply twice a day until spot fades.

**contraindications for use**

Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not for those who currently take acne medication. For external use only. Avoid contact with eyes. If irritation develops, discontinue use.

**key ingredients**

**Salicylic Acid:** a Beta Hydroxy Acid, reduces breakouts to clear skin.

**AGE Bright Complex:** reduces visible skin aging and helps prevent over-drying of the skin. Contains Terpineol (isolated from Pinus Sylvestris, or Pine Oil), Thymol (from Thymus Vulgaris, or Thyme), and Niacinamide (Vitamin B<sub>3</sub>).

**Hexylresorcinol:** works synergistically with Niacinamide in AGE Bright Complex to fade post-breakout marks (post-inflammatory hyperpigmentation), improving uneven skin tone.

**benefits / top retailing points**

Helps clear active breakouts and prevent related post-inflammatory hyperpigmentation.

Promotes brighter, more even skin tone to help reduce the appearance of premature skin aging.

**skin condition**

Breakout-prone, prematurely-aging skin.

**description**

An invisible nighttime gel that helps clear breakouts and reduce visible skin aging.

**top products to prescribe**

- Clearing Skin Wash
- Sebum Clearing Masque



retail



1.0 US FL OZ / 30 mL

# retinol clearing oil

**application**

At night, apply a thin layer all over cleansed face and allow to absorb. In the morning, wash off with recommended Dermalogica Cleanser.

**contraindications for use**

Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not for those who currently take acne medication. For external use only. Avoid contact with eyes. If irritation develops, discontinue use.

**key ingredients**

**Salicylic Acid:** sloughs off pore-clogging skin cells to inhibit development of further breakouts.

**Melaleuca Alternifolia (Tea Tree) Leaf Oil:** soothes skin while your client sleeps.

**Niacinamide, Biotin, Zinc Gluconate** and **Caffeine:** known for purifying and soothing properties.

**Spiraea Ulmaria (Meadowsweet), Yeast** and **Dipotassium Glycyrrhizate (Licorice):** natural extracts, known for purifying properties.

**benefits / top retailing points**

Helps clear clogged follicles, which contribute to breakouts.

May be applied all over the face or to select zones experiencing breakouts and congestion (e.g., the jaw area).

**skin condition**

Breakout-prone, prematurely-aging skin with areas of excess oil production.

**description**

A Broad Spectrum sunscreen and mattifying moisturizer in one that helps prevent shine and skin aging.

**top products to prescribe**

- Retinol Clearing Oil
- Clearing Skin Wash
- Sebum Clearing Masque



retail



1.7 US FL OZ / 50 mL

# oil free matte spf 30

**application**

Apply liberally to face, preferably 30 minutes prior to sun exposure

**warnings**

For external use only. Do not use on damaged or broken skin. Avoid contact with eyes. If contact occurs, flush with water. Apply prior to sun exposure and reapply often. Discontinue use if skin irritation develops. Do not use on infants under 6 months. Contains Benzophenone-3.

**active ingredients**

Chemical sunscreens:

- Avobenzone
- Homosalate
- Octisalate
- Oxybenzone

**key ingredients**

**Niacinamide, Biotin, Zinc Gluconate, Caffeine and Yeast:** Advanced blend of ingredients known for their purifying properties.

**Oil absorbers** help maintain an all-day matte finish, preventing shine without any powdery residue.

**benefits / top retailing points**

Lightweight, ultra-sheer formula provides defense against skin-aging UV light.

Mattifies oily shine.

Oil-free formula is perfect for oil-phobic clients.



# powerbright

What does our day-to-day environment have to do with dark spots? Almost everything, actually. Sun exposure, the best-known trigger for melanin production, is the leading cause of uneven pigmentation. Additionally, recent research suggests a strong link between airborne pollution and dark spots: particles become lodged

in the skin's deeper structure and oxidize the surrounding tissue, leading to free radical damage and uneven pigmentation. All told, rising levels of airborne soot and traffic-generated pollution cause a 20-25% increase in dark spots<sup>1</sup> – adding up to 20 years to one's perceived age.<sup>2</sup>

The triggers are all around us – but for people dealing with dark spots, a solution has long been elusive. Until now, consumers have been forced to choose: use harsh chemicals to address dark spots, or continue to cover them up on a daily basis. **PowerBright is the solution.** This trio of formulas work synergistically – using the best of



science and nature to deliver immediate, visible results and prevent future skin damage. **PowerBright Dark Spot Serum** evens the appearance of uneven pigmentation fast, and fades dark spots over time. **PowerBright Moisturizer SPF 50** delivers daily hydration while Brown Algae helps combat oxidative stress caused by air pollution.

**PowerBright Overnight Cream** takes advantage of skin's overnight repair process, providing antioxidant protection and reducing the appearance of hyperpigmentation.

#### what causes dark spots?

Though melanin naturally protects our cells, the skin occasionally overproduces melanin. This overproduction of melanin is what causes dark spots, also known as hyperpigmentation. Here are some of the top dark spot triggers:

#### UV rays

Unprotected sun exposure is the best-known trigger for melanin production (think about the tan you get from a day at the beach). It's also the leading cause of dark spots; much of the hyperpigmentation we treat is the result of sun exposure. Fortunately, UV-induced hyperpigmentation is widely considered to be the easiest type to treat.

#### pollution

Airborne particulate matter (PM) and polycyclic aromatic hydrocarbons (PAHs) can both become lodged in skin's deeper structure. This oxidizes the surrounding tissue – leading to free radical damage and triggering an inflammatory response that results in hyperpigmentation.

#### free radicals

Collectively known as Reactive Oxygen Species (ROS), free radicals are oxygen-derived molecules with unpaired electrons, which makes them highly reactive and able to damage macromolecules such as lipids, proteins and nucleic acids. The free radicals produced by keratinocytes can overstimulate melanocytes, resulting in hyperpigmentation.

#### hormones

During pregnancy, we often see melasma, also known as chloasma or “the mask of pregnancy,” on the face. This can be either temporary or permanent, and is caused by hormone shifts during pregnancy. Even medications such as birth control can induce hormonal dark spots.

#### inflammation

Any trauma to the skin, whether it's a wound, breakout, or even the result of a medical procedure such as resurfacing or laser hair removal, can cause melanocytes to be damaged over overstimulated, resulting in post-inflammatory hyperpigmentation (PIH). Darker skin types are particularly susceptible to this type of hyperpigmentation.



**addressing hyperpigmentation**

Many researchers work to inhibit Tyrosinase activity and prevent hyperpigmentation. They've found that results can be amplified by utilizing multiple actives that use different modes of action to inhibit melanin production. Combining the following modes of

action can help deliver enhanced results. Further, the use of light-diffusing ingredients such as Titanium Dioxide is an efficient way to quickly balance the appearance of uneven pigmentation while other actives work with the melanin synthesis pathway.

Actives	Mode of Action
Hexylresorcinol Black Currant	Inhibits the action of tyrosinase
Niacinamide	Block the transfer of melanosome to keratinocytes
Peony Flower	Decrease tyrosinase production
Shiitake Mushroom	Breakdown of melanin (catalytic process)
Amino acid derivatives + polymers	Form a protective layer against pollution
Ashwagandha	Neutralize free radicals (e.g. ROS)
TiO <sub>2</sub> + film forming polymer	Start balancing the appearance of uneven pigmentation with light-diffusing film effect

1. Recognizing the impact of ambient air pollution on skin health SE Mancebo, SQ Wang J Eur Acad Dermatol Venereol. Author manuscript; available in PMC 2018 Apr 25. Published in final edited form as: J Eur Acad Dermatol Venereol. 2015 Dec; 29(12): 2326–2332. Published online 2015 Aug 20.

doi: 10.1111/jdv.13250Elsevier. (2016, February 8). Traffic-related air pollution linked to facial dark spots. ScienceDaily. Retrieved December 15, 2020 from <http://www.sciencedaily.com/releases/2016/02/160208112921.htm>

2. Matts, Paul. New Insights into Skin Appearance and Measurement. Journal of Investigative Dermatology Symposium Proceedings, (2008)13,6–9; doi:10.1038/jidsymp.2008.6. Manning Selvage & Lee. Women's Skin Tone Influences Perception of Beauty, Health, Age, Sociobiologists Find. 9 June, 2006. [https://www.eurekalert.org/pub\\_releases/2006-06/msl-wst060906.php](https://www.eurekalert.org/pub_releases/2006-06/msl-wst060906.php)

**skin condition**

Hyperpigmented skin and uneven skin tone.

**description**

Start fading the appearance of dark spots within days: advanced serum begins to diminish the appearance of uneven pigmentation fast, and keeps working to even skin tone over time.

**top products to prescribe**

- PowerBright Moisturizer SPF 50
- PowerBright Overnight Cream



retail



1.0 US FL OZ / 30 mL

# powerbright dark spot serum

**application**

Each morning after cleansing and toning, apply one pump. Allow one minute for product absorption.

**key ingredients**

**Light-diffusing technology:** begins to balance the appearance of uneven pigmentation within days.

**Niacinamide and Hexylresorcinol:** help fade dark spots, for brighter, more even-toned skin.

**Shiitake Mushroom:** brightens skin.

**Adaptogenic Ashwagandha:** soothes and delivers antioxidant benefits.

**Black Currant Oil and Peony Flower:** help boost skin's natural luminosity.

**Skin-shielding actives:** comprised of a film-forming polymer and an Amino Acid, protect against pollution-induced dark spots.

**benefits / top retailing points**

**Fades** dark spots in just days.

**Helps prevent** future dark spots.

**Brightens and boosts** skin's natural luminosity.

# powerbright moisturizer spf 50

## skin condition

Hyperpigmented skin and uneven skin tone.

## description

A daily SPF moisturizer that helps shield against dark spots and combat oxidative stress caused by pollution.

## top products to prescribe

- PowerBright Dark Spot Serum
- PowerBright Overnight Cream



retail



1.7 US FL OZ / 50 mL

## application

Apply over face and neck, avoiding the eye area, preferably 30 minutes prior to sun exposure. For best results, apply after PowerBright Dark Spot Serum.

## key ingredients

**Safflower Oil:** provides continuous hydration and helps the skin retain moisture.

**Brown Algae:** with vitamins E, B6, B12 and Zinc – plus *phlorotannin*, a specific polyphenol molecule that shows strong antioxidant properties – helps combat oxidative stress from air pollution.

**Niacinamide:** helps reduce the appearance of uneven pigmentation and balance skin tone.

**Hyaluronic Acid:** helps reduce water loss and allows skin to stay hydrated, minimizing the appearance of fine lines and wrinkles.

**Glycogen (a plant-Based polysaccharide):** helps strengthen skin's moisture barrier, improve skin smoothness, and minimize the appearance of fine lines and wrinkles.

**Licorice Root Extract** and **Bisabolol:** help soothe the skin.

## benefits / top retailing points

**Shields** skin against dark spots.

**Combats oxidative stress** caused by pollution.

**Balances skin tone** and helps reduce the appearance of uneven pigmentation.

**skin condition**

Hyperpigmented skin and uneven skin tone.

**description**

A nourishing nighttime cream that optimizes skin moisture recovery and helps restore luminosity.

**top products to prescribe**

- PowerBright Dark Spot Serum
- PowerBright Moisturizer SPF 50



retail



1.7 US FL OZ / 50 mL

# powerbright overnight cream

**application**

Smooth over face and neck as the last step of your nighttime regimen. For best results, use PowerBright Dark Spot Serum each morning.

**key ingredients**

**Niacinamide and Hexylresorcinol:** work synergistically to help fade the appearance of dark spots.

**Magnesium Ascorbyl Phosphate (Vitamin C):** delivers antioxidant benefits and brightening properties.

**Pumpkin Enzyme:** smoothes and evens skin texture.

**Cranberry and Raspberry Seed oils:** help protect against the damaging effects of free radicals from pollution, and moisturize to help reduce the appearance of fine lines.

**Licorice Extract:** helps soothe the skin.

**benefits / top retailing points**

**Restores** skin's luminosity.

**Fades** the appearance of dark spots.

**Smoothes and evens** skin texture.

# UltraCalming

Millions of people perceive their skin as sensitive. The American Academy of Dermatology reports that 50% of the United States population experience some form of sensitive skin.<sup>1</sup> Globally, it is of increasing concern, especially among women. In Europe, the United States and Japan, the prevalence of sensitive skin is about 50% in women

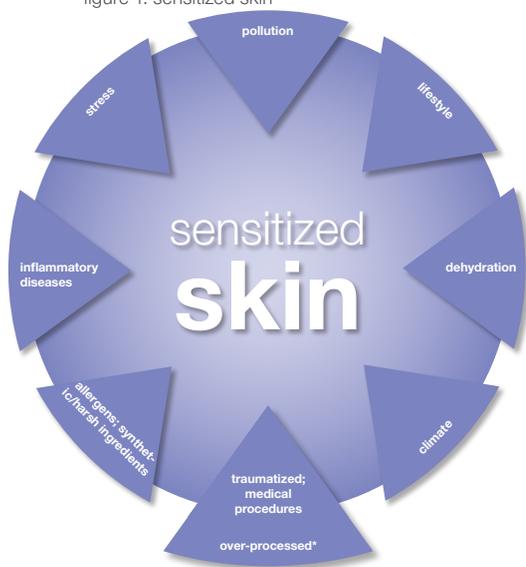
and 30% in men, with younger adults reporting more sensitivity than older adults.<sup>2</sup> In reality, there is sensitive skin (a genetic trait) and there is sensitized skin, a growing phenomenon worldwide caused by increased exposure to pollution, stress and chemicals. The growing number of people affected by sensitization has spurred cosmetic and

pharmaceutical industries to develop new products to help combat the reactions triggered by this condition. Regardless of the classification of skin sensitivity versus sensitization, the common thread among these conditions is inflammation, and research at The International Dermal Institute reveals many formulations are not addressing



one key factor: neurogenic inflammation. And, in order to care for sensitized and inflamed skin, it is important to understand the characteristics of the various factors producing this condition.

figure 1: sensitized skin



A number of factors contribute to the process of skin sensitization. These causes are among the most common. \*Over-processed includes over-exfoliated skin or skin that has been subjected to excess or inappropriate treatment.

Once any of these factors affect sensitized skin and reach the critical tolerance threshold, an organized biological response called inflammation takes place.

### the main contributors to sensitized skin

#### The Inflammatory Response: Immunogenic Inflammation

The body's immune system helps protect it from disease. The immune system has different components, all of which work together to fight against infection and foreign invaders. When the body is injured or irritated, it responds with inflammation. The inflammatory

response is a natural process that serves to remove the injurious stimuli, as well as initiate the healing process. Inflammation is characterized as a cascade of biological events involving the local vascular system, the immune system and various cells within the injured tissue. Traditionally, the immune system involved in inflammation requires prior sensitization and is triggered by a foreign substance, such as pollen or artificial fragrances. This is termed immunogenic inflammation. Immunogenic inflammation involves the activation of white blood cells, the primary agents for fighting off intruders. They normally reside in the blood and must travel to the inflamed tissue. There, they attack and destroy invaders such as bacteria, viruses and cellular debris. This process results in the pain, redness, swelling and heat associated with inflammation.

#### The Inflammatory Response: Neurogenic Inflammation

Recent scientific data has proposed another system that also triggers the inflammatory response. Whereas immunogenic inflammation is triggered by the immune system, neurogenic inflammation is triggered by the nervous system.

When an irritant chemical activates nerve sensors, it results in the release of substances called neuropeptides that also trigger the inflammatory cascade. Under normal conditions, these substances play a role in tissue repair; however, they are also found in a variety of painful inflammatory conditions such as urticaria (itching), psoriasis, atopic dermatitis, hypersensitivity and wound healing. Interestingly, not all of these substances promote inflammation; some of them may in fact end the

inflammatory process.

In addition to allergens that may stimulate an immune response or chemicals that stimulate a nerve response, emotional and physical stress can also induce a neurogenic response resulting in skin itchiness, inhibited wound healing and aggravated inflammation. Work, deadlines, toxin accumulation and the environment can all be stressors. The elevated levels of stress hormones cause inflammatory reactions in the body, which can lead to many forms of skin and overall health concerns.

Both immunogenic and neurogenic inflammation can yield the same redness, itching and swelling that result when the body is injured or irritated. In the end, it is the combination of genetic susceptibility, immune disruption, nerve activity and epidermal barrier function that contributes to skin sensitivity and inflammation.

#### Lipid Barrier Breakdown

In order to maximize our treatment regimen to control and alleviate sensitization associated with both immunogenic and neurogenic inflammation, we must consider one other factor, namely, the lipid barrier layer and its impact on sensitized skin. Comprised of ceramides, fatty acids and cholesterol, the lipid barrier layer not only maintains water balance in the skin by inhibiting TEWL (trans epidermal water loss) but it also protects against environmental stimuli such as microbes, chemicals and physical factors. Any of these stimuli may evoke a cutaneous (skin) reaction, leading to sensitization, inflammation and even disease. Because of its protective role, maintaining the integrity of the barrier lipids is an important factor in controlling skin

sensitization. In maintaining the barrier lipid layer at its optimal performance level, we can control the damaging effects of environment and lifestyle on skin, thereby controlling sensitivity. The lipid barrier layer may be compromised by the use of soap and water which strips the lipids from the skin (resulting in tautness), extremely low (2.5-3.5) or high (above 8) pH products, strong AHA products, S.D. alcohol in products and over-exfoliation, among other things. Once the lipid layer is compromised, the skin dehydrates, causing microscopic fissures in the epidermis; these are now perfect portals into the skin for potentially irritating substances. This is why dehydration is often seen in sensitized skin.

Recent studies have shown that patients with atopic dermatitis, a skin condition associated with inflammation, have deficiencies in the three lipids: ceramides, cholesterol and free fatty acids. Corrective therapy with a triple lipid mixture not only helped restore the barrier layer of the epidermis, but also resulted in a reduction of inflammation.

## what can be done to help relieve sensitized skin?

While sensitized and sensitive skin reactions may look and feel the same, they stem from the three separate biological reactions we've discussed: immunogenic inflammation, neurogenic inflammation and a compromised protective lipid barrier layer. Research at The International Dermal Institute reveals that when specific active botanical extracts are combined, they can help control inflammation and reduce the signs of sensitivity, irritation and redness that accompany immunogenic and neurogenic inflammation without interrupting the positive effects of the

body's defenses including wound healing and bacterial defense.

As such, we created the proprietary *UltraCalming Complex*, containing the following active botanical extracts:

- Avena Sativa (Oat Kernel) extracts: rich in avenanthramides, the active component of the Avena Sativa plant, which have been widely studied and proven to have natural anti-irritant and anti-redness properties.
- Zingiber Officinale (Ginger) Extract and Bisabolol (derived from Chamomile): work synergistically to help reduce inflammation induced redness and irritation.
- Boerhavia Diffusa (Red Hogweed) Root Extract: targets neurogenic inflammation and restores tissue integrity by limiting the activity of pro-inflammatory agents, as well as promoting the production of natural anti-inflammatory agents in the skin.

While our exclusive *UltraCalming Complex* is an effective means of treating immunogenic and neurogenic inflammation, it only addresses part of the problem. To optimize complete treatment of sensitized skin, we must also take lipid barrier breakdown into account.

To complement our exclusive *UltraCalming Complex*, we have researched and developed a proprietary lipid blend that reinforces the barrier lipid layer with fatty acids, ceramides and sterols. Oil of Evening Primrose, Borage Seed and Oat Kernel provide an enriched source of gamma linoleic acid, a required component of an intact, functional epidermal layer. In addition to being rich in essential fatty acids, Oat has natural antioxidant and anti-irritant properties to help correct and soothe irritated skin.

Sunflower (*Helianthus Annuus*) Seed Extract provides natural ceramides, which ensure proper cohesion of skin cells and minimize skin dehydration, and Avocado (*Persea Gratissima*) sterols provide a rich source of natural plant phyosterols.

In addition to our proprietary formulations and complexes, UltraCalming was developed under the same safe and effective formulation standards of all Dermalogica products and is free of S.D. alcohol, artificial fragrances and colors and lanolin. All UltraCalming products are dermatologist tested for irritation by independent medical professionals. UltraCalming gives skin care professionals, and the clients they treat, more effective sensitized skin care than ever before.

1. HAPPI, (Feb 2006) p. 44
2. Archiv. Derm (May 2007) vol. 143:606-612

**skin condition**

Sensitized, reactive and recently resurfaced skin.

**description**

This extremely gentle, pH-balanced gel / cream glides easily over face to cleanse without stripping the skin's protective barrier.

**top products to prescribe**

- UltraCalming Serum Concentrate
- Barrier Repair

**retail**

8.4 US FL OZ / 250 mL  
16.9 US FL OZ / 500 mL

# ultracalming cleanser

**application**

Apply to dry or damp face and neck with light, upward strokes and over closed eyes with gentle circular motions. Rinse thoroughly with warm water or remove with damp cotton pads, or other soft wipe. Follow with **UltraCalming Mist** and **UltraCalming Serum Concentrate**.

**professional application**

- 1 Following **PreCleanse**, dispense a small amount of **UltraCalming Cleanser** into dampened hands.
- 2 Apply to damp face and throat and gently massage with fingertips using light, upward strokes.  
optional: **PreCleanse** may be omitted and **UltraCalming Cleanser** can be 1 applied to dry skin, then wiped off with tissue.
- 3 Rinse thoroughly with tepid water, or gently remove with damp cotton pads, or a soft, dry cotton pad.
- 4 Follow with **UltraCalming Mist** and **UltraCalming Serum Concentrate**.  
For skin conditions requiring more hydration, follow with **Barrier Repair**.

**key ingredients****Rubus Idaeus (Raspberry) Fruit**

**Extract:** promotes healing while providing soothing properties to inflamed skin.

**Lavendula Angustifolia (Lavender)**

**Fruit Extract:** has antiseptic and disinfectant qualities; can also be used to desensitize skin.

**Cucumis Sativus (Cucumber) Fruit**

**Extract:** contains cooling agents that help soothe and calm irritated skin.

**Panthenol (Pro-Vitamin B<sub>5</sub>):**

promotes tissue regeneration and acts as a humectant.

**benefits / top retailing points**

Sulfate-free.

Helps calm and cool the redness, heat and discomfort of sensitized or highly reactive skin.

Easily rinses away or wipes off, making it ideal for sensitized skin.

**skin condition**

Sensitized, reactive and recently resurfaced skin.

**description**

A soothing, hydrating mist that quickly relieves sensitivity while helping to calm redness, stinging and aggravated skin.

**top products to prescribe**

- UltraCalming Cleanser
- UltraCalming Serum Concentrate

**retail**

1.7 FL OZ / 50 mL  
8.4 FL OZ / 250 mL

**professional**

16 FL OZ / 473 mL

# ultracalming mist

**application**

After cleansing, spray over face, neck and chest with eyes closed. For added benefits, press into skin. May also be sprayed onto fingertips or dampened cotton pad and applied to the skin with light, upward strokes. Follow with **UltraCalming Serum Concentrate** or prescribed Dermalogica Moisturizer.

**professional application**

- 1 After cleansing with **UltraCalming Cleanser**, spray **UltraCalming Mist** over entire throat and upper chest with eyes closed.
  - 2 Follow with **UltraCalming Serum Concentrate**.
- optional:** Can be used after epilation, waxing or exfoliation for soothing benefits.

**key ingredients**

**UltraCalming Complex:** helps reduce sensitivity, redness, irritation and inflammation.

**Hydroxyphenyl Propamidobenzoic Acid:** synthetic avenanthramide (Oat active) used to boost the efficacy of natural Oat.

**Aloe Barbadosensis Leaf Juice:** skin soothing agent.

**benefits / top retailing points**

Quickly relieves inflammation and discomfort, helping skin recover from damage and lipid barrier breakdown.

Helps condition skin to prepare for proper moisture absorption.

Easy-to-use spray application.

Can be used after epilation, waxing or exfoliation for soothing benefits.

**skin condition**

Sensitized, reactive and recently resurfaced skin.

**description**

The antidote for skin sensitivity: a super-concentrated serum that helps calm, restore and defend sensitized skin.

**top products to prescribe**

- UltraCalming Cleanser
- Barrier Repair



retail



1.3 US FL OZ / 40 mL

professional



4 US FL OZ / 118 mL

# ultracalming serum concentrate

**application**

After cleansing and spraying with **UltraCalming Mist**, apply a generous amount to face, neck and chest with light, upward strokes. Use twice daily, morning and night. For additional moisturization, follow application with **Barrier Repair** or prescribed Dermalogica Moisturizer.

**professional application**

- 1 At the end of the professional treatment and after application of **UltraCalming Mist**, apply a generous amount of **UltraCalming Serum Concentrate** over face and throat with light, upward strokes. May be followed with **Barrier Repair** or prescribed Dermalogica Moisturizer.

**key ingredients**

**UltraCalming Complex:** helps reduce sensitivity, redness, irritation and inflammation.

**Acetyl Tetrapeptide-15:** a tetrapeptide that targets neurosensitive skin by decreasing the release of pro-inflammatory mediators and increasing the skin's sensitivity tolerance threshold, making skin less reactive and diminishing sensations of pain and discomfort.

**Portulaca Oleracea Extract:** an enriched extract of vitamins, fatty acids, flavonoids and anti-inflammatory agents that help control and reduce redness.

**Sodium Hyaluronate:** a natural component of the skin that holds a thousand times its weight in water, maintaining optimum hydration levels of tissues.

**Oenothera Biennis (Evening Primrose), Helianthus Annuus (Sunflower) Seed Extract and Persea Gratissima (Avocado) Sterols:** rich in essential fatty acids, ceramides and phytosterols that fortify skin's barrier lipid layer, protecting against assaults that trigger redness and irritation.

**benefits / top retailing points**

Helps interrupt inflammatory triggers to prevent flare-ups.

Best used every day on sensitized skin while ideal for flare-ups on all skin conditions.

Provides enough hydration for oily to normal skin conditions.

Can be used following non-invasive cosmetic procedures to help calm and soothe skin.

**skin condition**

Sensitized, dehydrated, reactive and recently resurfaced skin.

**description**

Weightless water-gel moisturizer hydrates dry, sensitive skin. Refreshing gel formula transforms into a skin-quenching fluid upon application, forming a weightless barrier against environmental assault.

**top products to prescribe**

- UltraCalming Cleanser
- UltraCalming Mist



retail



1.7 US FL OZ / 50 mL

professional



6 US FL OZ / 177 mL

# calm water gel

**application**

Squeeze a small amount into palm and rub hands together to activate. Pat gently onto face and neck. Use twice a day for continuous relief.

**key ingredients**

**Pyrus Malus (Apple Fruit) Extract and Glycerin:** hydrate and soften while defending skin against dryness.

**Opuntia Ficus-Indica (Cactus Pear) Stem Extract:** helps soothe sensitivity and imparts water-binding properties to help support healthy moisture balance.

**Sodium Hyaluronate and Hydrolyzed Sodium Hyaluronate:** form a Dual Hyaluronic Acid technology that works in different skin surface layers to increase and lock in moisture.

**Aloe Vera Leaf Juice:** hydrates skin to help relieve irritation from dryness.

**benefits / top retailing points**

Provides immediate hydration to dry, irritated skin.

Softens, soothes and calms.

Locks in moisture and defends skin against dryness.

**skin condition**

Sensitized, reactive and recently resurfaced skin.

**description**

A unique anhydrous moisturizer that melts gently into sensitized skin to soothe and reinforce the protective barrier.

**top products to prescribe**

- UltraCalming Cleanser
- UltraCalming Serum Concentrate



retail



1 US FL OZ / 30 mL

professional



4 US FL OZ / 118 mL

# barrier repair

**application**

Apply a small amount evenly over face and throat with light, upward strokes. Best used following **UltraCalming Mist** and **UltraCalming Serum Concentrate**. Use twice daily, morning and night.

**professional application**

- 1 After application of **UltraCalming Mist** and **UltraCalming Serum Concentrate**, apply a small amount of **Barrier Repair** over face and throat with light, upward strokes.

**optional:**

**Invisible Physical Defense SPF30** can be applied after **Barrier Repair** for UV daylight protection.

**key ingredients**

**UltraCalming Complex:** helps reduce sensitivity, redness, irritation and inflammation.

**Ascorbyl Palmitate, Tetrahexyldecyl Ascorbate and Tocopheryl Acetate:** vitamins C and E help combat free radicals and stimulate collagen formation.

**Avena Sativa (Oat) Kernel Oil:** an enriched Oat extract with natural antioxidants and fatty acids that reduces irritation and reinforces the barrier lipid layer.

**Oenothera Biennis (Evening Primrose) Oil:** skin nutrient high in gamma linoleic acid (GLA) to reinforce the barrier lipid layer.

**Borago Officinalis (Borage Seed) Oil:** high in gamma linoleic acid, this is a fatty acid that is also required for intact epidermal lipid bilayers.

**Silicones:** fortify skin's natural defense against the environment and dehydration.

**benefits / top retailing points**

Creates a shield against environmental assault to help prevent further damaging assaults.

Silicones reinforce lipid barrier layer.

Provides a smooth, even base, ideal for preparing skin for make-up application.



# welcome to clear start



Acne is the number one issue for most of the population. Breakouts can occur at any age, but they are most common in teens, young adults and women due to hormonal changes. While relief is often promised by acne treatments and medications on the market, many people are unsatisfied with the results. Too many clients are in the dark about what type of acne they have, and unsure how to effectively treat it. They are also frustrated by products that take too long to work, or are unpleasant – even painful – to use!

As a professional skin therapist, you have the expertise and ability to help your clients live their best lives in their healthiest-looking skin. Clear Start gives you the versatility to help a wider range of clients obtain lasting results. Designed

especially for breakout-prone skin, Clear Start combines potent, breakout-fighting ingredients with gentle, soothing botanicals to leave skin clear and comfortable – not inflamed and irritated.

## What causes breakouts?

In general, breakouts are caused by buildup of dead skin cells on the surface of the skin, excess sebum or oil, and bacteria. When excess oil and skin cells clump together, they can form an impaction, or plug, in a follicle. Cutibacterium acnes (C. acnes) bacteria lives harmlessly on the skin surface but when trapped inside the follicle, it can grow to cause breakouts. This then results in inflammation, causing the redness and pain that is typically associated with acne.

**Blackheads** are open comedones that turn black not because of dirt but because the oil, dead skin cells and bacteria inside them mix and oxidize, like an apple that has been cut open. This means the follicle is open and still receives oxygen. Some blackheads resolve themselves, or are easily extracted. Others linger and can grow into more severe forms of acne if they become infected or inflamed.

**Whiteheads** are closed comedones that occur just like blackheads. These usually go away on their own but can also grow into more severe forms of acne if they become infected or inflamed.

**skin condition**

Younger, breakout-prone skin.

**description**

A foaming wash that clears away dead skin cells, dirt and excess oils to treat and prevent breakouts.

**top products to prescribe**

- Breakout Clearing All Over Toner
- Breakout Clearing Booster
- Blackhead Clearing Fizz Mask



retail



10.0 FL OZ / 295 mL  
6.0 FL OZ / 177 mL

# breakout clearing foaming wash

**application**

Morning and night, lather a small amount in damp hands, then massage over the face, neck, and chest to wipe out dirt and breakouts. Avoid the eye area. Rinse thoroughly with warm water.

**contraindications for use**

Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not for those who currently take acne medication. For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If aggravation develops, discontinue use. If aggravation persists, consult a health care practitioner. Keep out of reach of children.

**key ingredients**

**Salicylic Acid:** a beta hydroxy acid that stimulates natural exfoliation, helping to clear impacted follicles and minimize breakout formation, and reduces inflammation.

**Oleanolic Acid:** an anti-inflammatory and antioxidant compound found in olive tree leaves that helps fight breakout-causing bacteria.

**Enantia Chlorantha (African Whitewood) Bark Extract:** contains anti-inflammatory, antioxidant and sebum-regulating properties.

**Spiraea Ulmaria (Meadowsweet) Extract:** an anti-inflammatory agent that protects against the production and secretion of excess sebum.

**Melaleuca Alternifolia (Tea Tree) Leaf Oil:** an antiseptic and antimicrobial that kills bacteria, aids in healing and helps soothe the skin.

**benefits / top retailing points**

Deep cleans and purifies skin of dirt, oil and breakout-causing bacteria without stripping.

Clears and soothes the skin with botanicals.

Can be used all over face and body to treat and help prevent future breakouts.

Revives, energizes and refreshes the skin.

**skin condition**

Younger, breakout-prone skin.

**description**

A refreshing toner that minimizes visible pores, brightens post-breakout marks and reduces excess oil.

**top products to prescribe**

- Breakout Clearing Foaming Wash
- Clearing Defense SPF 30



retail



4 US FL OZ / 118 mL

# micro-pore mist

**application**

Spritz on after cleansing morning and night or throughout the day as needed.

**key ingredients**

**Wild Rose Hips Flavonoid Complex:** helps reduce oily shine and minimize pores from the first use, through pore-shrinking technology.

**Niacinamide (Vitamin B3):** helps diminish the appearance of pores and post-breakout marks while also working to brighten skin and even skin tone.

**Witch Hazel, Green Tea and Matricaria Flower Extracts:** provide a pore-tightening effect.

**Cucumber Extract:** refreshes the senses for a cool pick-me-up.

**benefits / top retailing points**

Reduces the appearance of pores after one use.

Brightens skin and the appearance of post-breakout marks.

Helps reduce excess oil.

**skin condition**

Younger, breakout-prone skin.

**description**

A fast-acting, serum-like formula that helps clear pores and kills breakout-causing bacteria for rapid skin clearing.

**top products to prescribe**

- Breakout Clearing Foaming Wash
- Blackhead Clearing Fizz Mask
- Skin Soothing Hydrating Lotion



retail



1.0 FL OZ / 30 mL

# breakout clearing booster

**application**

Morning and/or night, apply directly to blemish or breakout area, or apply a thin layer all over the face after toner and under moisturizer for breakout prevention.

**contraindications for use**

For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If aggravation develops, discontinue use. If aggravation persists, consult a health care practitioner. Keep out of reach of children.

**key ingredients**

**Salicylic Acid:** stimulates natural exfoliation, helping to clear impacted follicles and minimize breakout formation.

**Patented TT Technology and**

**Phytoplankton Extract:** work with skin's natural microbiome to reduce breakout causing bacteria and help prevent over-drying.

**Niacinamide:** stimulates the skin's own anti-bacterial defenses and helps to even skin tone.

**Seaweed-derived Chondrus Crispus**

**Extract:** locks in moisture to soothe irritated skin.

**benefits / top retailing points**

Clears breakout-causing bacteria in 15 minutes.

Helps boost the skin's natural defenses against breakout-causing bacteria.

Soothes breakout-irritated skin.

**skin condition**

Younger, breakout-prone skin.

**description**

Sheer, easy-to-apply formula helps soothe discomfort and hydrate areas that feel dry. Also helps relieve the dryness often associated with some acne treatments.

**top products to prescribe**

- Breakout Clearing Foaming Wash
- Breakout Clearing All Over Toner



retail



2.0 FL. OZ. / 60 mL

# skin soothing hydrating lotion

**application**

After cleansing with **Breakout Clearing Foaming Wash** and toning with **Breakout Clearing All Over Toner**, apply over entire face and neck, day and night.

**key ingredients**

**Hyaluronic Acid:** seals hydration in the skin and provides protection against environmental assault.

**Squalane:** prevents moisture loss while restoring skin suppleness.

**Naringenin and Panthenyl Triacetate:** work synergistically to soothe and nourish dehydrated skin.

**Zingiber Officinale (Ginger) Root Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Grandis (Grapefruit) Peel Oils:** soothe and protect skin.

**benefits / top retailing points**

Helps relieve dry, dehydrated skin associated with some prescription acne treatments.

Formulated with gentle botanicals to soothe and protect skin.

Non-medicated, SPF-free formula great for nighttime use.

**skin condition**

Younger, breakout-prone skin.

**description**

A skin-refining, lightweight jelly moisturizer for oily skin that gives all the dewy glow, none of the shine.

**top products to prescribe**

- Breakout Clearing Foaming Wash
- Micro-Pore Mist



retail



2 US FL OZ / 59 mL

# cooling aqua jelly

**application**

Apply a pea-sized amount over entire face and neck as the last step in your routine. Use day and night.

**key ingredients**

**Bioflavonoid Complex:** retinol-like ingredient that helps reduce excess oil and refines breakout-prone skin.

**Hyaluronic Acid:** locks in moisture to deeply hydrate skin.

**Blue Tansy Flower Oil and Blueberry Extract:** help calm and soothe skin while providing antioxidant benefits.

**Blue Algae Extract:** hydrates and nourishes skin.

**benefits / top retailing points**

Helps reduce excess oil and refines skin texture.

Hydrates and cools skin for a refreshed feeling.

Calms and soothes while brightening the skin's appearance.

# blackhead clearing fizz mask

## skin condition

Younger, breakout-prone skin.

## description

A unique mask that transforms into an active fizzing formula to clear pores and target blackheads.

## top products to prescribe

- Breakout Clearing Foaming Wash
- Breakout Clearing Booster
- Skin Soothing Hydrating Lotion



retail



1.7 FL OZ / 50 mL

## application

Apply to areas of congestion, and allow 3-5 minutes to fully activate. Rinse thoroughly with tepid water, and follow with your recommended Clear Start™ product. Use 2-3 times per week or as needed.

## contraindications for use

For external use only, not to be swallowed. When using this product, skin irritation and dryness are more likely to occur if you use another topical breakout product at the same time. If irritation occurs, only use one topical breakout product at a time. Do not use on broken skin or large areas of the skin.

## key ingredients

**Sulfur:** provides anti-microbial benefits to help clear skin.

**Kaolin Clay:** absorbs excess oil and purifies the skin.

**Pyrus Malus (Apple Fruit) Extract:** helps hydrate the skin.

## benefits / top retailing points

Unique fizzing formula helps to clear pores and decongest skin.

Facilitates blackhead clearing.

Helps control excess oil.

**skin condition**

Younger, breakout-prone skin.

**description**

A gel-cream spot treatment that helps brighten and fade Post-Inflammatory Hyperpigmentation (PIH) from breakouts while helping to nourish and restore skin's appearance.

**top products to prescribe**

- Breakout Clearing Booster
- Micro-Pore Mist
- Clearing Defense SPF 30



retail



0.5 US FL. OZ / 15 mL

# post-breakout fix

**application**

Both AM and PM after cleansing, apply a small dot amount directly to post-breakout spot. Repeat this spot treatment daily until marks fade.

**key ingredients**

**Hexylresorcinol** helps fade post-breakout marks and brighten skin's appearance.

**Salicylic Acid** stimulates natural exfoliation, helping to clear clogged follicles and minimize breakout formation.

**Carob Fruit Extract** and **Squalane** restore and nourish compromised skin.

**benefits / top retailing points**

**Fades and prevents** Post-Inflammatory Hyperpigmentation from breakouts

**Exfoliates and evens** skin tone

**Restores and nourishes** compromised skin

**skin condition**

Younger, breakout-prone skin.

**description**

Shine-reducing SPF moisturizer helps protect breakout-prone skin from environmental stress.

**top products to prescribe**

- Breakout Clearing Foaming Wash
- Breakout Clearing Booster



retail



2.0 FL OZ / 59 mL

# clearing defense spf 30

**application**

Apply a generous amount to cleansed face and neck, preferably 30 minutes prior to sun exposure.

**warnings**

For external use only. Do not use on damaged or broken skin. Avoid contact with eyes. If contact occurs, flush with water. Apply prior to sun exposure and reapply often. Discontinue use if skin irritation develops. Do not use on infants under 6 months.

**active ingredients**

Chemical Sunscreens:

- Avobenzone
- Homosalate
- Octisalate
- Octocrylene

**key ingredients**

**Salix Alba (Willow) Bark Extract, Camellia Sinensis (Green Tea) Leaf Extract and Sodium Ascorbyl Phosphate (Vitamin C):** antioxidant agents which combat the irritating effects of pollution on breakout-prone skin.

**Patented TT (Terpineol and Thymol) Technology:** works with skin's natural microbiome and helps reduce sebum on the surface of skin.

**Natural Tapioca Starch:** a powerful oil adsorber that mattifies skin and helps reduce oily shine.

**Plant-derived D-Glucose (Saccharide Isomerate):** actively helps prevent dehydration.

**benefits / top retailing points**

Ultra-lightweight moisturizer provides a long-lasting matte finish.

Acts as a Mattifying Enviroshield, proven to help shield skin from UV rays, pollution, make-up and dehydration without clogging pores.

Combats the dehydrating effects of environmental stress.

# body

Skin health is important for your entire body – which is why Dermalogica Body products, are designed with the same philosophy that looking good is a product of skin health from head to toe. Correct care of the skin on your body is vital to proper health maintenance, as well as the avoidance of the signs of premature aging. Dermalogica Body represents our commitment to integrating mindful relaxation into daily life – bringing balance to clients' routines while delivering exactly what the skin on the body needs.



**skin condition**

All skin conditions

**description**

Cleanse, condition and invigorate with this richly-sensorial, skin-nourishing body wash. Inspired by the essential oils diffused in Turkish hammams, this silky, gently cleansing formula features aromatic oils of French Rosemary and Chinese Eucalyptus alongside fresh Tea Tree and Lemon oils to cleanse skin and awaken the senses. Pro-Vitamin B5 and tranquil Sandalwood, Lavender and Clary Sage smooth and condition for a truly transformative finish.

**top products to prescribe**

- Thermafoliant Body Scrub
- Phyto Replenish Body Oil
- Body Hydrating Cream

**retail**

10 US FL OZ  
295 mL

**professional**

32 US US FL OZ  
946 mL

# conditioning body wash

**application**

Work into a lather over entire body, then rinse.

**key ingredients**

Aromatic oils of **French Rosemary** and **Chinese Eucalyptus** alongside fresh **Tea Tree** and **Lemon** oils cleanse skin and awakens the senses.

**Pro-Vitamin B5** and tranquil **Sandalwood**, **Lavender** and **Clary Sage** smooth and condition.

**benefits / top retailing points**

**Cleanses** without over-drying skin

**Conditions** and nourishes

**Invigorates** and awakens the senses

**skin condition**

All skin conditions

**description**

Hydrate, smooth and tone: this nourishing cream features a worldly collection of essential oils to benefit all skin conditions. Aromatic Orange Oil and Chinese Green Tea soothe and soften skin. French Lavender and Indonesian Patchouli oils calm the senses while naturally-derived Lactic Acid and hydroxy acid extracts from Cane Sugar and Apple smooth skin and relieve dryness – all in a silky, medium-weight formula that absorbs easily for immediate, glowing hydration.

**top products to prescribe**

- Conditioning Body Wash
- Thermafoliant Body Scrub
- Phyto Replenish Body Oil

**retail**

10 US FL OZ  
295 mL

**professional**

32 US US FL OZ  
946 mL

# body hydrating cream

**application**

Smooth onto body morning and night.

**key ingredients**

Aromatic **Orange Oil** and **Chinese Green Tea** soothe and soften skin.

**French Lavender** and **Indonesian Patchouli** oils calm the senses.

Naturally-derived Lactic Acid and hydroxy acid extracts from **Cane Sugar** and **Apple** smooth skin and relieve dryness.

**benefits / top retailing points**

**Hydrates** to relieve dryness

**Smooths** and conditions with botanical extracts

**Tones** with gentle, naturally-derived exfoliants

**skin condition**

All skin conditions

**description**

Replenish, calm and moisturize with this antioxidant-rich blend of skin-nourishing oils. French Plum Seed Oil, Avocado Oil and Sunflower Seed Oil are rich in skin-replenishing Omega Fatty Acids such as Linoleic, Linolenic and Oleic Acid plus Vitamin E to help protect skin's lipid barrier. Infused with calming Fermented Red Ginseng – inspired by Korean skin care rituals – this body oil calms and nourishes to deliver glowing skin. Lightly infused with bright Bergamot, Neroli and Orange along with relaxing aromas of Patchouli and Sandalwood, it leaves skin soft and delicately scented.

**top products to prescribe**

- Conditioning Body Wash
- Thermafoliant Body Scrub
- Body Hydrating Cream



retail



4.2 US FL OZ / 125 mL

# phyto replenish body oil

**application**

Massage into clean, dry skin or add to wet hands to create a light moisturizing milk.

**key ingredients**

**French Plum Seed Oil, Avocado Oil** and **Sunflower Seed Oil** help protect skin's lipid barrier.

Calming **Fermented Red Ginseng** calms and nourishes to deliver glowing skin.

**Bergamot, Neroli, Orange, Patchouli** and **Sandalwood** leave skin soft and delicately scented.

**benefits / top retailing points**

**Replenishes** to help protect skin's natural lipid barrier

**Calms** and nourishes skin

**Moisturizes** to leave skin feeling soft

**skin condition**

All skin conditions

**description**

Exfoliate, energize and brighten dull skin with this dual-action body exfoliant. Indian Bamboo Stem physically exfoliates to refine skin texture and brighten tone. Papain (from Papaya) and Lactic Acid dissolve dull, dead cells, promoting skin's natural cell renewal process for brighter, more radiant skin. Natural Sea Salt – prized by ancient Egyptians for its skin-invigorating minerals – revitalizes and hydrates. A blend of replenishing bio-lipids helps to protect and strengthen skin barrier. Extracts of Licorice, White Tea, Coffeeferry and Chamomile infuse skin with vital antioxidants, while oils of Tea Tree and Grapefruit Peel purify and refresh.

**top products to prescribe**

- Conditioning Body Wash
- Phyto Replenish Body Oil
- Body Hydrating Cream



retail



6 US FL OZ / 177 mL

# thermafoliant body scrub

**application**

Massage onto wet skin using gentle circular motions, then rinse. Use 2-3 times per week.

**key ingredients**

**Indian Bamboo Stem** physically exfoliates to refine skin texture and brighten tone.

**Papain** (from Papaya) and **Lactic Acid** dissolve dull, dead cells.

**Natural Sea Salt** revitalizes and hydrates.

A blend of **replenishing bio-lipids** helps to protect and strengthen skin barrier.

Extracts of **Licorice, White Tea, Coffeeferry** and **Chamomile** infuse skin with vital antioxidants, while oils of **Tea Tree** and **Grapefruit Peel** purify and refresh.

**benefits / top retailing points**

**Exfoliates** to refine skin texture

**Energizes** and delivers vital antioxidants

**Brightens** skin tone

# protection 50 sport spf 50

## skin condition

All skin conditions.

## description

Water-resistant (40 minutes), Broad Spectrum sun protection for face and body.

## top products to prescribe

- Conditioning Body Wash
- Body Hydrating Cream



retail



5.3 US FL OZ / 156 mL

## application

Apply directly to face and body for full SPF 50 coverage, preferably 30 minutes prior to sun exposure.

## active ingredients:

Avobenzone  
Octinoxate

## key ingredients

**Oleosome Microspheres:** a Safflower-derived, sunscreen-filled capsule that enhances SPF performance and counteracts moisture loss.

## Dipotassium Glycyrrhizate (Licorice)

**Extract:** an antioxidant that also provides calming and soothing benefits.

**Sodium Hyaluronate:** hydrates and prevents moisture loss without greasiness.

**Avobenzone and Octinoxate:** chemical sunscreens that provide Broad Spectrum UVA and UVB defense.

## benefits / top retailing points

Water-resistant (40 minutes) geared for the sport enthusiast.

Sophisticated UV protection defends against prolonged skin damage from UV light and environmental assault.

Oleosome Technology helps enhance SPF performance and counteracts moisture loss caused by extended daylight exposure.

Lightweight formula helps neutralize damage and binds moisture to skin without a greasy after-feel.

# professional-use-only products

At Dermalogica, our focus has always been on the Professional Skin Therapist. That's why you'll find our professional-use-only system is the most robust in the industry – and the most effective for getting treatment room results. Dermalogica's professional-use-only products are never available to the public, meaning you have exclusive access to the most powerful formulas that deliver immediate results that keep your professional skin treatments thriving. To use Dermalogica's professional-use-only products to their maximum potential, experience them hands-on in Dermalogica classes. It's the only place where your hands and our advanced education combine to create professional treatments and professional results you can't get with any other product line.

## **ProSkin Treatments**

In addition to Dermalogica professional-use-only products, we also provide economical sizes of many of our retail formulas for the treatment room. These include the treatment essentials, including cleansing, toning, exfoliating and moisturizing, and are designed to work with the entire professional-use-only range.

## **The following retail products are available in professional sizes:**

### **cleansers**

PreCleanse  
Special Cleansing Gel  
Skin Resurfacing Cleanser  
Intensive Moisture Cleanser  
Clearing Skin Wash  
Active Clay Cleanser

### **exfoliants**

Daily Microfoliant  
MultiVitamin Thermafoliant

### **masques**

MultiVitamin Power Recovery Masque

### **toner**

Multi-Active Toner  
Antioxidant HydraMist  
UltraCalming Mist

### **moisturizers**

Active Moist  
Skin Smoothing Cream  
Intensive Moisture Balance  
Super Rich Repair  
Barrier Repair  
Calm Water Gel

### **targeted treatments**

UltraCalming Serum Concentrate

### **moisturizers with spf**

Dynamic Skin Recovery SPF 50  
SkinPerfect Primer SPF 30  
Invisible Physical Defense SPF 30  
Prisma Protect SPF 30

### **eye treatments**

MultiVitamin Power Firm

### **body**

Conditioning Body Wash  
Body Hydrating Cream

### **professional-use-only range**

The professional-use-only range contains the most innovative and most powerful Dermalogica products. Due to the high concentration of actives, we advise that you carefully read all information before treatment room usage and follow all professional application directions.

# professional cleansers

Dermalogica professional cleansers are available in larger, economical sizes to help maximize profits with every service. Soap-free and pH-balanced, they work to protect the skin's natural moisture barrier while effectively lifting skin-dulling debris. The unique Dermalogica Double Cleanse routine, developed by The

International Dermal Institute for the Dermalogica skin care professional, is the critical first step in every Dermalogica professional treatment. Equip your trolley with PreCleanse, and each skin condition-specific Dermalogica Cleanser, to ensure your client's healthiest, cleanest skin ever.

These retail products are also available in a professional size. Please see the page noted for more information on these products.



**PreCleanse**  
page 12



**Skin Resurfacing  
Cleanser**  
page 47



**Special  
Cleansing Gel**  
page 13



**Intensive Moisture  
Cleanser**  
page 16



**Active Clay Cleanser**  
page 14



# professional exfoliants

The human skin sheds about 35,000 skin cells every hour. As our skin cells renew from the deepest layer of the epidermis, the more surface cells harden and lose moisture. Eventually these cells detach from skin (via desquamation) and are replaced by younger cells moving up from the deeper layers. The rate at which new cells form in the Stratum Germinativum (also known as Stratum Basale) is known as cell renewal rate; the time it takes for the cells to form in these deeper layers until the time of desquamation is known as the cell turnover time. Desquamation also eliminates damaged and contaminated cells that carry pollutants and micro-organisms from the environment. These superficial skin cells don't always

effectively fall from skin and may cause clogging and congestion while leaving the skin's surface dry and dull-looking. As we age, desquamation and cell turnover slow down, making professional exfoliation critical to removing the accumulation of cells that give a dry, dull appearance to the skin. Through professional resurfacing, these dulling skin cells are effectively removed, and newer cells are revealed for a fresher, healthier appearance. Similarly, removing the excess barricade of cells from the skin's surface helps ingredients penetrate through the skin. As such, exfoliation is a critical step in any skin health regimen. Dermalogica's exfoliants combine many unique technologies, ensuring maximum effectiveness and the utmost

safety. Depending on the formula, your Dermalogica Exfoliant can include Lactic Acid, Salicylic Acid, Retinol or enzyme peeling to give a total exfoliation system. When The International Dermal Institute developed The Dermalogica Bioactivity Score, it was created to establish the strength of Dermalogica Exfoliants and help with the proper selection of products.

The Dermalogica Bioactivity Score also enables you to customize our current chemical exfoliants while maintaining an understanding of the relative strength and intensity when two products are mixed. In order to understand how The Dermalogica Bioactivity Score works, it is necessary to explain how it was established.

These retail products are also available in a professional size. Please see the page noted for more information on these products.



**Daily Microfoliant**  
page 21



**MultiVitamin Therafoliant**  
page 51



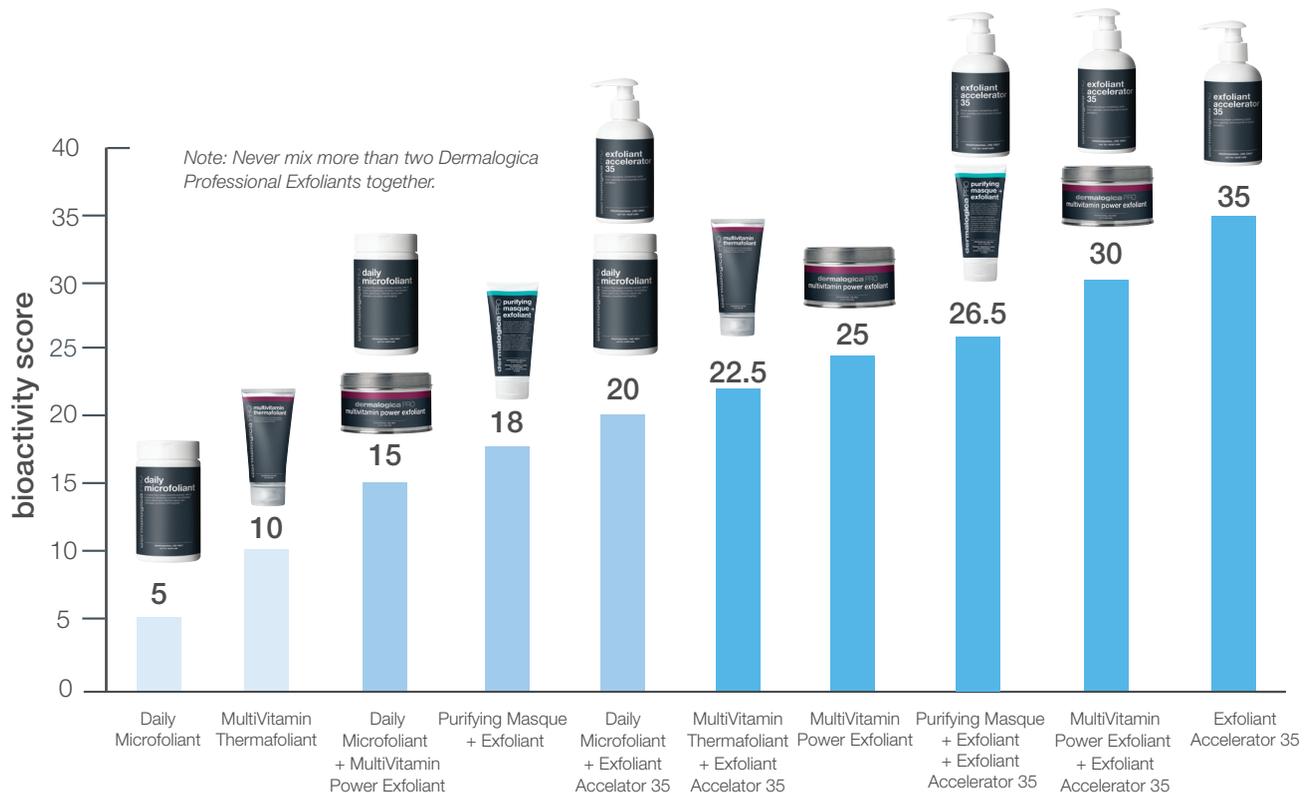
# the dermalogica bioactivity score

Each of the exfoliation products was given a BioActivity Score based on four specific criteria of the formula:

- 1) the concentration of Lactic Acid,
- 2) the concentration of Salicylic Acid,
- 3) the pH of the formula and
- 4) the presence of other exfoliating agents such as Papain, Bromelain, Retinol, Rice Bran, Rice Extract, and agents in Exfoliant Accelerator 35, including Galactoarabian,

Aminopeptidase, and Hexanoyl Dipeptide-3 Norleucine Acetate. A point system was devised for each of these four categories that reflects the concentration or activity of the ingredients. For example, the Salicylic Acid concentration was analyzed and points were assigned accordingly. If the product formula contains less than 1% of Salicylic Acid then it received 1 point for this category. If it contains 1.1 – 3%

Salicylic Acid, it received 2 points. From 3.1 – 5%, 3 points were assigned, and from 5.1 and up, 4 points were assigned. A similar analysis was conducted for the Lactic Acid concentration, the pH and the concentration of other exfoliating agents (as listed above). The scores were then added together to give the final BioActivity Score for each product.



# calculating bioactivity scores

The calculation of the BioActivity Scores for customized combinations is done by adding the BioActivity Scores of the individual products and divide by the number of products mixed. For example:

**Daily Microfoliant (5) + MultiVitamin Power Exfoliant (25) = 30**

30 divided by 2 (the number of products) = 15

**Daily Microfoliant** mixed with **MultiVitamin Power Exfoliant** has a BioActivity Score of 15.

# exfoliation product selection and instructions

dermalogica product	bioactivity score	skin condition	application
Daily Microfoliant	5	All	Dispense ½ teaspoon of Daily Microfoliant into a jelly cup and mix with water to a foamy consistency. Apply with a fan masque brush and massage over cleansed skin for 1 minute. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer.
MultiVitamin Therafoliant	10	Prematurely-aging or aging.	Apply ½ tablespoon amount to damp face and neck. Massage in light circular motions for 1-2 minutes. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer. Option: Apply to dry skin and massage in light circular motions, and activate with warm water for 2 minutes.
Daily Microfoliant+ MultiVitamin Power Exfoliant	15	All	Dispense ½ teaspoon Daily Microfoliant into a cup and mix with water. Add 1 tube MultiVitamin Power Exfoliant to create a paste. Massage over face for 1-2 minutes; avoid eye area. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer.
Purifying Masque + Exfoliant	18	Breakout-prone, prematurely-aging skin.	Apply approximately 1/2 tablespoon to skin using a Fan Masque Brush. Cover entire face, neck and chest, avoiding the eye area. Leave on for 3-5 minutes. Remove thoroughly with sponges and warm water, or a steam towel customized with Calming Botanical Mixer.
Daily Microfoliant + Exfoliant Accelerator 35	20	All	Dispense ½ teaspoon Daily Microfoliant into a cup and mix with water. Add 1 pump (¼ teaspoon) of Exfoliant Accelerator 35 to create a paste. Mix and massage over face for 2-3 minutes. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer.
MultiVitamin Therafoliant + Exfoliant Accelerator 35	22.5	Prematurely-aging or aging skin. Not for sensitized or skin with an impaired barrier.	Massage ½ tablespoon of MultiVitamin Therafoliant over dry skin, then activate with 1 pump of Exfoliant Accelerator 35 into hands and massage over skin for 3 minutes, dipping fingertips into warm water if necessary to create a creamy thermal skin polisher. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer.
MultiVitamin Power Exfoliant	25	Prematurely-aging or aging skin. Not for sensitized or skin with an impaired barrier.	Apply contents of one tube to face, neck and chest. Massage lightly for 3-7 minutes (depending on skin condition). Avoid eye area. Remove with Dermalogica Double Cleanse beginning with PreCleanse, followed by Special Cleansing Gel.
Purifying Masque + Exfoliant +Exfoliant Accelerator 35	26.5	Breakout-prone, prematurely-aging skin.	Dispense 1/2 tablespoon Purifying Masque + Exfoliant and add 1 pump (1/4 teaspoon) of Exfoliant Accelerator 35 before applying. Leave on for 3-5 minutes. Remove thoroughly with sponges and warm water, or a steam towel customized with Calming Botanical Mixer.
MultiVitamin Power Exfoliant + Exfoliant Accelerator 35	30	Prematurely-aging or aging skin. Not for sensitized or skin with an impaired barrier.	Mix 1 tube MultiVitamin Power Exfoliant with 1 pump (¼ teaspoon) of Exfoliant Accelerator 35. Massage with fingertips over entire face for 3-7 minutes (depending on skin condition); avoid eye area. Remove with Dermalogica Double Cleanse beginning with PreCleanse, followed by Special Cleansing Gel.
Exfoliant Accelerator 35	35	Prematurely-aging or aging skin. Not for sensitized or skin with an impaired barrier.	Dispense 2-3 pumps and apply to face, neck and chest. Massage gently over skin for 3-10 minutes (depending on skin condition). Avoid eye area. Remove with Dermalogica Double Cleanse beginning with PreCleanse, followed by Special Cleansing Gel.

**Contraindications to exfoliation:** Medically prescribed exfoliants, impaired barrier, inflamed active acne, recently resurfaced or waxed skin.

**Precaution:** When using any professional exfoliants on your clients' skin, monitor for stinging and any signs of inflammation. Remove immediately if the product causes any discomfort.



**skin condition**

For prematurely-aging skin.

**description**

This low pH (3.2) concentrate in a Chamomile Extract base contains skin smoothing ingredients including Lactic Acid, peptides and enzymes from bacteria and Papaya, plus fermentation enzymes to boost exfoliation. **Exfoliant Accelerator 35** is a highly active concentrate that may be used undiluted on skin or added to Dermalogica chemical exfoliants to intensify and accelerate exfoliation activity.

**bioactivity score 35**

professional only



6 US FL OZ / 177 mL

# exfoliant accelerator 35

**contraindications for use**

If applying **Exfoliant Accelerator 35** undiluted on skin, use extreme caution. Do not leave client unattended.

This product is for professional use only and not intended for consumer retail or home use. Use only if trained by Dermalogica.

Do not use if skin is sensitive, sunburned, irritated or within 24 hours of waxing. Double cleanse immediately if product causes discomfort. If you suspect your client could be sensitive or sensitized and may respond adversely to **Exfoliant Accelerator 35** prior to treatment, patch test on a small area behind the ear or inner arm (inside elbow) to evaluate skin response and potential for irritant contact dermatitis.

Clients using Retin-A, Renova, Adapalene or any medically-prescribed exfoliating product must discontinue use at least two weeks before undergoing this treatment.

Clients who are taking Isotretinoin (sometimes marketed as Accutane), or have taken Isotretinoin within the past 6 months, should not receive any exfoliation treatments.

This product contains an alpha hydroxy acid (AHA) that may increase the skin's sensitivity to the sun and particularly the possibility of sunburn. Advise client to use sunscreen and limit sun exposure for one week after treatment.

Slight tingling, mild itching or some temporary skin redness are normal reactions to a highly-active exfoliant. Use of this product by untrained, unlicensed persons may result in extreme skin irritation, skin lifting or injury.

**professional application**

- 1** Apply a thin layer of **Colloidal Masque Base** around the eyes, nasal folds and lip area to avoid contact with potentially fragile areas.
- 2** Dispense 2 to 3 pumps of **Exfoliant Accelerator 35** into hands and apply to the face, neck and chest using spreading movements to evenly distribute over skin. Avoid eye area.
- 3** Use continuous, light effleurage movements to massage **Exfoliant Accelerator 35** over the skin to dissipate any irritation or tingling.
- 4** For sensitive skin: leave on for 3 to 5 minutes. Do not use steam.  
For coarser skin: leave on for 7 to 10 minutes. Can be used under steam.
- 5** Assess the skin throughout the treatment, monitoring for excessive redness. Remove immediately if client experiences discomfort, or irritation is severe.
- 6** Remove thoroughly with the Dermalogica Double Cleanse that begins with **PreCleanse**, followed with **Special Cleansing Gel**.

Mix **Exfoliant Accelerator 35** with other Dermalogica professional exfoliants:

Product	Measurement	Exfoliant Accelerator 35
Daily Microfoliant	½ teaspoon	1 pump (¼ teaspoon)
MultiVitamin Thermafoliant	Approximately ½ tablespoon	1 pump (¼ teaspoon)
MultiVitamin Power Exfoliant	1 tube MultiVitamin Power Exfoliant	1 pump (¼ teaspoon)
Purifying Masque + Exfoliant	1/2 tablespoon	1 pump (¼ teaspoon)
Exfoliant Accelerator 35	2-3 pumps	

Use all products as directed. If using **MultiVitamin Power Exfoliant** or **Exfoliant Accelerator 35** alone, perform the Dermalogica Double Cleanse that begins with **PreCleanse**, followed by **Special Cleansing Gel**.

Additional professional-use-only Exfoliants can be found within the AGE Smart and Daily Skin Health sections.

### key ingredients

**Lactic Acid:** an alpha hydroxy acid that smooths and retexturizes.

**Galactoarabian:** a complex sugar molecule that stimulates skin's natural exfoliation process while enhancing AHA-induced exfoliation.

#### Hexanoyl Dipeptide-3 Norleucine

**Acetate:** an encapsulated peptide that competes with the two natural proteins that contribute to the desmosome connection between cells, therefore weakening the snap-like connection and facilitating cell sloughing.

#### Protease Enzyme / Aminopeptidase /

**Bacillus Ferment:** a source of bacterial protease enzymes that helps loosen cell cohesion while stimulating digestion of Keratin protein in the epidermis.

**Papaya Juice Enzymes:** a rich source of Papain, a proteolytic enzyme that digests Keratin protein, helps slough off dead skin cells and improves skin smoothness.

**Salix Alba (Willow) Bark:** an anti-inflammatory that helps clear congestion.

**Olea Europaea (Olive) Leaf:** a water-soluble extract rich in antioxidant polyphenols that help fight free radical damage and control environmental aggressions.

### benefits

Provides intense exfoliation, leaving skin smooth and optimally prepped for subsequent treatment products.

Accelerates the activity and exfoliation efficacy of select Dermalogica professional Exfoliants.

Allows for customization of professional resurfacing.

Helps stimulate cell renewal and cell turnover rates to help smooth skin while improving texture and tone.

**skin condition**

Dry, sun damaged, mature or prematurely-aging skin.

**description**

A maximum strength exfoliant in a lipid base for optimal skin smoothness with minimal irritation. Salicylic Acid concentrate provides faster, more intense exfoliation and delivery of treatment room results. This formula effectively removes dulling surface debris from the Stratum Corneum to reveal a fresher-looking, healthier new layer of skin, and improves penetration of subsequent active ingredients.

**bioactivity score 25**

professional only



30 tubes per tin

# multivitamin power exfoliant

**contraindications for use**

**MultiVitamin Power Exfoliant** must be removed with the Dermalogica Double Cleanse that begins with **PreCleanse**, followed with **Special Cleansing Gel** to ensure proper removal of this oil-based product.

Do not use if skin is sensitive, sunburned, irritated or within 24 hours of waxing. Rinse off immediately if product causes discomfort. If you suspect your client could be sensitive or sensitized and may respond adversely to **MultiVitamin Power Exfoliant** prior to treatment, patch test on a small area behind the ear or inner arm (inside elbow) to evaluate skin response and potential for irritant contact dermatitis.

Clients using Retin-A, Renova, Adapalene or any other exfoliating topical medication must discontinue use at least two weeks before undergoing treatment. Clients who are taking Isotretinoin (sometimes marketed as Accutane) or have taken Isotretinoin within the past 6 months should not receive any exfoliation treatments. Evaluate the integrity of skin's barrier layer prior to use.

This product contains Vitamin A. Consult a physician prior to use on pregnant women.

**professional application**

- 1** Twist open applicator tube and dispense fluid onto face, neck and chest with light, circular movements. Replace cap if all of product is not used.
- 2** Use carefully around the eye and lip areas to avoid direct contact with the eyes and mouth. A thin layer of **Colloidal Masque Base** can be applied to eye, lip and nasal fold areas.
- 3** Lightly massage product over skin with fingertips. Pay special attention to areas of visual dryness, fine lines and sun damage.
- 4** For sensitive skin: Leave on for 3 to 5 minutes. Do not use steam.  
For coarser skin: Leave on for 4 to 7 minutes. Use of steam is optional.
- 5** Assess the skin throughout the treatment. Remove immediately if discomfort or irritation is severe.
- 6** Dampen gauze with cold water to remove **MultiVitamin Power Exfoliant**. Perform the Dermalogica Double Cleanse that begins with **PreCleanse**, followed with **Special Cleansing Gel**. Remove with a steam towel.

# multivitamin power exfoliant continued

## key ingredients

**Retinol (Vitamin A):** helps increase skin elasticity and helps reverse the signs of prematurely-induced photoaging.

**Ascorbyl Palmitate (Vitamin C) and Tocopheryl Acetate (Vitamin E):** antioxidants that improve skin smoothness and softness, and help control damage caused by free radicals.

**Lactic Acid:** an alpha hydroxy acid that smooths and retexturizes.

**Salicylic Acid:** a beta hydroxy acid that optimizes exfoliation of skin cells.

## benefits

Contains a higher, more effective concentration of Salicylic Acid for optimum exfoliation.

Packaging can be resealed for multiple treatment use.

Unique lipid base that allows for massage application and maximum penetration while minimizing client sensitivity.



**dermalogica**  
MultiVitamin Power Exfoliant

**skin condition**

Breakout-prone, prematurely-aging skin.

**description**

Triple-action masque and exfoliant with antioxidant-rich Japanese Matcha Tea brightens, soothes, and purifies away excess oil and debris. Salicylic Acid, Lactic Acid and Glycolic Acid work to visibly rejuvenate the skin.

**bioactivity score 18**

professional only



6 US FL OZ / 177 mL

# purifying masque + exfoliant

**contraindications for use**

Medically prescribed exfoliants, impaired barrier, recently resurfaced or waxed skin.

**Precaution:** When using any professional exfoliants on your clients' skin, monitor for stinging and any signs of inflammation. Remove immediately if the product causes an adverse reaction.

**professional application**

- 1** Apply approximately 1/2 tablespoon to skin using a **Fan Masque Brush**. Cover entire face, neck and chest, avoiding the eye area.
- pro tip:**  
In a ProSkin 30, this product can also be applied to the T-zone only, and be multimasked with other **Professional Dermalogica Masques**, if desired.
- 2** Leave on for 3-5 minutes.
- pro tip:**  
Add steam to enhance the exfoliation process, or add Exfoliant Accelerator 35 to increase exfoliation.
- 3** Remove thoroughly with sponges and warm water, or a steam towel customized with **Calming Botanical Mixer**.
- optional:**  
Wet fingertips and briefly massage excess product to enhance removal.

**key ingredients**

**Salicylic Acid, Lactic Acid and Glycolic Acid:** work to accelerate cell renewal – delivering brighter, smoother skin and helping to minimize the appearance of premature skin aging.

**French Green Clay and micro-porous Marine Algae:** absorb excess oil and debris, leaving skin purified and clear.

**Japanese Matcha Tea:** provides antioxidant benefits.

**Safflower Oil:** soothes skin. Contains Linoleic Acid which helps keep the skin barrier stronger and prevent Trans-Epidermal Water Loss (TEWL).

**benefits**

Purifies away excess oils and debris to help keep skin clear.

Brightens skin and helps reduce the appearance of skin aging.

Soothes and nourishes to help revitalize skin.

# professional extractions

After cleansing and resurfacing, extractions are one of the most important modules of any ProSkin treatment, and possibly the most technically difficult. To aid in the hygienic removal of comedones and congestion, Dermalogica's professional extraction formulas are made from naturally anti-bacterial botanical extracts. They achieve the necessary softening of the skin and provide antiseptic post-care to minimize inflammation and breakouts.



**dermalogica** PRO<sup>®</sup>

## multi-active scaling gel

A versatile, multi-purpose gel that can be used alone to facilitate extractions, or mixed with a cleanser or exfoliant for an intensified effect.

PROFESSIONAL USE ONLY  
not for retail sale

**skin condition**

Congested areas of skin prone to comedones.

**description**

A versatile, multi-purpose gel that can be used alone to facilitate extractions, or mixed with a cleanser or exfoliant for an intensified effect.



professional only



8 US FL OZ / 237 mL

# multi-active scaling gel

**professional application**

- 1** Dispense ½ pump to 1 pump of **Multi-Active Scaling Gel** into a cup.
- 2** Using Fan Masque Brush, apply a thin layer to areas of congestion. Allow gel to activate and soften impactions for 3 minutes.
  - a. Option: use with steam.
  - b. **Modality option:** increase softening with galvanic desincrustation, microcurrent specific iontophoresis or ultrasonic, all on the negative mode.
- 3** Perform the Dermalogica Extraction Technique, then remove **Multi-Active Scaling Gel** with sponges and water.
- 4** Wipe extracted areas with **Post Extraction Solution**.

**key ingredients****Spirea Ulmaria (Meadowsweet)**

**Extract:** Gallotannins and ellagitannins from Meadowsweet help regulate sebum production and secretion, which is complemented by the astringent effect of the tannins. This aids in maintaining a healthy balance on the skin to help with pore blockages.

**Hydrolyzed Viola Tricolor Extract:** Also known as wild pansy, Viola Tricolor is rich in polysaccharides and delivers powerful hydration by enhancing skin's ability to retain moisture.

**Aloe Vera Leaf Juice:** The Aloe Vera plant has been known and used for centuries for health, beauty, medicinal and skin care purposes. It's rich in 75 potentially active vitamins, enzymes, minerals, sugars, lignin, saponins and amino acids, making it ideal for supporting skin health during and after treatments. Mucopolysaccharides help bind moisture into the skin, while six natural antiseptic agents soothe.

**benefits**

Opens pores to facilitate extractions.

Ideal for deep cleansing and deep resurfacing.

Helps regulate sebum production.

**skin condition**

Areas of the skin where extractions have been performed.

**description**

A liquid solution that helps soothe inflamed, irritated skin while creating an antiseptic environment.



professional only



8 US FL OZ / 237 mL

# post extraction solution

**professional application**

- 1** Complete The Dermalogica Extraction Technique portion of the skin treatment.
- 2** Apply 1 to 2 pumps of solution to dry cotton pad and apply to areas where extractions were performed.

**optional:**

Direct High Frequency can be utilized prior to **Post Extraction Solution** or after **Post Extraction Solution** on thoroughly dry skin.

**key ingredients**

**Melaleuca Alternifolia (Tea Tree) Oil encapsulated in Cyclodextrin:** aids in soothing and purifying skin while reducing comedones.

**Salicylic Acid:** stimulates natural exfoliation, helping to clear impacted follicles and minimize acne formation.

**Centipeda Cunninghamii (Sneezeweed):** a plant extract; helps soothe inflamed, irritated skin.

**benefits**

Medicates and purifies follicles.

Speeds clearing of existing breakouts and prevents future breakouts.

Reduces redness and inflammation.

Good to use on post-waxed skin.

Use prior to professional exfoliation to help remove excess sebum.

# professional massage

One of the most exciting elements of treatment customization is the massage. It not only relaxes your clients, it helps open the door to sharing your knowledge and starting a conversation about the benefits of regular skin treatments.

Dermalogica's exclusive Touch Therapies are built upon the power of touch, which can help lower stress levels; stimulate lymph flow, circulation and tissue regeneration; alleviate pain and ultimately improve the condition of the skin.

Most professional skin therapists want to include some form of Touch Therapy or massage technique during a skin treatment. Whether you use a

European-style massage or Touch Therapy for your client, Dermalogica Additives can help you customize and enhance the massage portion of your skin treatments.

The Soothing Additive uses synergistic, concentrated blends of naturally-derived oils with light textures, pleasant aromas and therapeutic benefits. Carefully blended formula contains:

- Two carrier oils to help stabilize and prevent evaporation of essential oils upon contact with the skin and provide lubricant base that aids in movement and skin absorption during massage.
- Plant-based therapeutic oils for proven skin health benefits.

Dermalogica's Soothing Additive

incorporates the latest ingredient technology and our knowledge of skin physiology for powerful therapeutic results and scientifically-proven skin health benefits. Ideal for all aromatherapy, Pressure Point and Lymph Drainage techniques, and can be used alone or beneath the Dermalogica **Massage Gel-Cream**.



**skin condition**

All skin conditions.

**description**

A lightweight massage gel-cream featuring motion-activated oils for longer-lasting slip and glide. Nourishing Safflower and Sunflower oils, antioxidant Vitamin E and Glycerin hydrate and smooth the skin.



professional only



6 US FL OZ / 177 mL

# massage gel-cream

**professional application**

- 1** Dispense 4-6 drops of the appropriate **Dermalogica Additive** into your hands, perform inhalations, and press onto client's face, neck, and chest.
  - Optional:** Mix the Additive into **Massage Gel-Cream**.
  - 2** Dispense 2-3 pumps of **Massage Gel-Cream** into your hands. This is an adequate amount for your client's face, neck, and upper body.
- Note:** If your client is contraindicated to any of the Additives, add 3-4 drops of **Calming Botanical Mixer** to **Massage Gel-Cream**.
- 3** Continue with spreading movements, then follow with your chosen Touch Therapy or European-style massage.
  - 4** As you massage your client, **Massage Gel-Cream** will continue to release oil, helping to maintain slip and glide without your having to add additional product.
  - 5** Once you have completed your Touch Therapy or massage, remove **Massage Gel-Cream** with a steam towel customized with **Calming Botanical Mixer** or warm water and sponges.

**key ingredients****Lightweight oil blend:**

**Carthamus Tinctorius (Safflower) Seed Oil**, one of the world's richest natural sources of Omega-6, helps replenish lipids and lock in moisture. This nourishing oil also naturally contains antioxidant Vitamin E.

**Helianthus Annuus (Sunflower) Oil** is a rich source of antioxidant Vitamin E. It also contains fatty acids which help support barrier function and skin moisturization.

**Vitamin E Tocopherols** from Rapeseed Oil help combat oxidative stress.

**Glycerin** helps prevent moisture loss and promote skin hydration.

**benefits**

Increases and prolongs slip and glide during massage.

Hydrates and smoothes skin without leaving a heavy residue.

**skin condition**

Sensitive or sensitized skin.

**description**

A calming blend of essential oils in a plant oil base that helps reduce redness and skin sensitivity.



professional only



1 US FL OZ / 30 mL

# soothing additive

**professional application**

- 1** Dispense 4–6 drops into your hand. Avoid touching the nozzle to ensure adequate hygiene.
  - 2** Lightly press (do not rub) Additive onto your client's skin.
  - 3** Proceed with a Dermalogica Touch Therapy or other professional massage technique.
- optional:**  
For a European-style massage, apply prior to use of **Massage Gel-Cream**.

**contraindications for use**

Do not use on pregnant women.

**key ingredients**

**Avena Sativa (Oat) Kernel Oil:** helps soothe the skin and reinforce the barrier lipid layer.

**Lavandula Angustifolia (Lavender), Eucalyptus Globulus (Eucalyptus) and Cupressus Sempervirens (Cypress):** essential oils that calm the skin and promote healing.

**Limnanthes Alba (Meadowfoam) Seed Oil:** stabilizes the formula and provides exceptional moisturizing properties to the skin.

**Argania Spinosa (Argan) Oil:** helps replenish the skin's barrier lipid layer while fighting against free radicals.

**Oryza Sativa (Rice) Bran Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Helianthus Annuus (Sunflower) Extract and Tocopherol:** blend provides superior oxidative protection for therapeutic oils and essential oils.

**benefits**

Relieves skin sensitivity from hay fever, asthma, pollution, smoking and allergies.

Soothes stressed skin.

Helps quiet the mind and alleviate sinus tension.



# professional customization

Customization is what makes a Dermalogica ProSkin Treatment so effective, and our powerful customization formulas take every skin treatment to a whole new level.

Add **Calming Botanical Mixer** to customize your treatment products such as Cleansers, Masques or Moisturizers. It may also be incorporated into your cleansing water or steam towels for added aromatic skin care benefits.

**Calming Botanical Mixer** also acts as an oil-free massage medium when performing one of Dermalogica's Touch Therapy massages.

This oil-free blend with active botanicals is both powerful and aromatic. A water-soluble floral water base with hydroessential blends to enhance performance and customize almost all treatment products.

**IonActive Serums** are aqueous, positively-charged and ionizable concentrates can be converted to electrically-charged solutions for optimal penetration into the skin. Each IonActive is formulated to address a specific skin concern.



**skin condition**

All skin conditions.

**description**

Hydroessentials that help calm and soothe the skin.



professional only



4 US FL OZ / 118 mL

# calming botanical mixer

**professional application****option 1**

Use 6 to 10 drops directly on skin for an oil-free aromatherapy massage, to customize any Dermalogica Touch Therapy or in the Dr. Lucas Pulverizer for an aromatic infusion.

**option 2**

Mix 2 to 3 drops into prescribed Dermalogica Cleanser, **Daily Microfoliant**, **Barrier Repair**, **Colloidal Masque Base**, **Clinical Oatmeal Masque** and/or prescribed Dermalogica Moisturizer to intensify the soothing and calming effects. Or, use directly on skin for concentrated effects.

**option 3**

Mix into cleansing water to create aromatic water or to customize steam towels.

**key ingredients**

**Santalum Album (Sandalwood), Lavandula Angustifolia (Lavender) and Eucalyptus Globulus (Eucalyptus) Leaf:** extracts that calm and soothe sensitized skin conditions.

**benefits**

Can be blended into most Dermalogica products to customize treatments, intensify benefits, address specific skin concerns and add aromatherapeutic benefits.

Completely water-soluble, making it easy to blend and remove from skin.

Ideal for skin conditions intolerant of oil-based massage formulations.

**skin condition**

Balanced to mature or prematurely-aging skin.

**description**

A high-performance professional serum that brightens, firms and helps reduce the appearance of fine lines and wrinkles.



professional only

2 US FL OZ / 59 mL

# biolumin-c pro serum

**professional application**

- 1** Apply ½ tsp of **BioLumin-C PRO Serum** to face, neck and chest.
- 2** Choose an electrical modality:
  - Microcurrent on specific iontophoresis
  - Ultrasonic on penetration mode
  - Galvanic iontophoresis
  - NOTE: LED should not be used, as it may degrade the Vitamin C.
- 3** You may choose to use a professional masque for further added benefits. Choose from **MultiVitamin Power Recovery Masque**, **Clinical Oatmeal Masque** or **Conductive Masque Base**. Masque may be applied before or after the use of electrical modalities.
- 4** As an alternative to electrical modalities, you may choose to use **Cooling Contour Masque** after applying **BioLumin-C PRO Serum** and a professional masque.

**key ingredients**

Dermalogica's unique **Vitamin C Complex**: uses two highly stable forms of Vitamin C to fight oxidative stress for brighter, firmer, more radiant skin.

**Dual-Polymer Matrix** composed of a polymer derived from **Red Seaweed** and a synthetic cross-linked homopolymer: delivers enhanced slip and glide for up to 3 minutes, making the formula ideal for use with treatment room modalities.

**Lactic Acid**: accelerates cell turnover to help remove dull, dead cells from skin's outermost layers, revealing brighter skin with reduced fine lines and wrinkles.

**Sophora Japonica Flower Extract**: provides antioxidant benefits.

**Salvia Hispanica (Chia Seed) Oil**: rich in antioxidants that help quench free radicals, and contains more than 60% omega-3 fatty acid – one of the highest concentrations of any plant source.

**benefits**

Enhanced slip and glide for use with electrical modalities.

Ultra-stable formula.

3x more Vitamin C in the treatment room\*

\*Delivers 3x more Vitamin C to the skin than a leading competitor.

**skin condition**

Mature or prematurely-aging skin.

**description**

A firming ionizable serum with 1% microencapsulated Retinol that addresses visible signs of skin aging including fine lines, discoloration and uneven skin texture.



professional only



2 US FL OZ / 59 mL

# retinol 1% ionactive serum

**professional application**

- 1 Apply an almond-sized amount to the face, neck and chest or appropriate areas for your client. Spread lightly, do not rub. Avoid eyes and lips.

**optional:**

For increased penetration and results, use with an electrical modality. Professional masques, including Gelloid Masques, may also be applied over this serum.

**contraindications for use**

Do not use on a client who:

- Is taking or has taken Isotretinoin (Accutane) within the last 6 months.
- Has received Botox or other injectables within the past 5 days.
- Is using or has used Retin-A, Renova, Adapalene or any other medically-prescribed exfoliating product within the last 2 weeks.
- Is pregnant or lactating. These clients should consult their physician prior to treatment.
- Has been waxed within the last 72 hours.
- Has open cuts, wounds or abrasions on the skin.

**warnings**

- Peeling and/or flakiness may occur.
- Not to be used with LED.
- Store at room temperature, away from heat and light.

**key ingredients**

**Microencapsulated 1% Retinol:** helps reduce the appearance of fine lines, wrinkles, discoloration and uneven skin texture.

**Microencapsulated Chlorella Extract:** inhibits MMPs for increased skin firmness and reduced skin redness.

**Palmitoyl Tripeptide-5:** improves skin elasticity and tone.

**Stabilized Vitamin C:** helps reduce uneven skin tone and discoloration.

**Vitamin E:** helps the skin retain natural moisture balance.

**Helianthus Annuus (Sunflower) Seed Oil:** helps reinforce barrier lipid layer.

**benefits**

Promotes skin regeneration while evening out skin tone and texture.

Helps decrease skin sagging while providing a firming effect.

Formulated with calming, soothing ingredients to help guard against irritation.

**compatible modalities**

Microcurrent for Specific Iontophoresis.

Ultrasonic on the penetration mode.

Galvanic Iontophoresis on the positive (+) polarity.

**skin condition**

Dehydrated or sensitive skin.

**description**

A hydrating ionizable serum with Hyaluronic Acid that delivers intense moisture and protects dry, dehydrated and irritated skin.



professional only



2 US FL OZ / 59 mL

# hyaluronic acid ionactive serum

**professional application**

**1** Apply an almond-sized amount to the face, neck and chest or appropriate areas for your client. Spread lightly, do not rub. Avoid eyes and lips.

**optional:**

For increased penetration and results, use with an electrical modality. Professional masques, including Gelloid Masques, may also be applied over this serum.

**key ingredients**

**Hyaluronic Acid:** dramatically hydrates and plumps sagging skin, reducing the appearance of fine dehydration lines.

**Microencapsulated Na<sub>2</sub>Acetyl Glucosamine Phosphate:** helps maintain Hyaluronic Acid in the skin.

**Psuedoalteromonas Ferment Extract, Alanine, Proline and Serine:** restore skin moisture and preserve barrier function.

**Alisma Plantago Aquatica (Water Plantain) Extract:** hydrates and soothes skin.

**benefits**

Protects skin from dehydration by locking in moisture.

Calms sensitive skin and preserves barrier function.

Restores moisture balance to promote smooth, uniform skin texture.

**compatible modalities**

Microcurrent for Specific Iontophoresis.

Ultrasonic on the penetration mode.

Galvanic Iontophoresis on the positive (+) polarity.

**skin condition**

Hyperpigmented skin and uneven skin tone.

**description**

A professional ionizable serum that uses potent actives to reduce the appearance of dark spots and uneven skin tone.



professional only



2 US FL OZ / 59 mL

# powerbright ionactive serum

**professional application**

**1** Apply an almond-sized amount to the face, neck and chest or appropriate areas for your client. Spread lightly, do not rub. Avoid eyes and lips.

**optional:**

For increased penetration and results, use with an electrical modality. Professional masques may also be applied over the serum.

**key ingredients**

**Niacinamide** and **Hexylresorcinol** help fade the look of uneven pigmentation for more luminous skin.

**Diglycosyl Gallic Acid:** helps fade the look of uneven pigmentation, reduce the appearance of dark spots and inhibit skin redness.

**Oligopeptide-4:** soothes and delivers antioxidant benefits that help fade dark spots and improve skin luminosity

**Magnesium Ascorbyl Phosphate (MAP):** a stabilized form of Vitamin C – delivers high-performance brightening and provides the skin with antioxidant benefits.

**benefits**

Reduces dark spots.

Brightens skin.

Evens skin tone.

**skin condition**

Breakout-prone skin.

**description**

Clearing serum with Niacinamide (Vitamin B<sub>3</sub>) actively fights bacteria, helps prevent breakouts and reduces redness without drying the skin.



professional only



2 US FL OZ / 59 mL

# niacinamide ionactive serum

**professional application**

- 1 Apply an almond-sized amount to the face, neck and chest or appropriate areas for your client. Spread lightly, do not rub. Avoid eyes and lips.

**optional:**

For increased penetration and results, use with an electrical modality. Professional masques, including Gelloid Masques, may also be applied over this serum.

**key ingredients**

**Niacinamide:** an active, bactericidal form of Vitamin B<sub>3</sub> that helps clear acne, reduce sebum and decrease Post-Inflammatory Hyperpigmentation (PIH) associated with acne.

**Microencapsulated Potassium Azeloyl Diglycinate:** a stable derivative of Azelaic Acid. Regulates sebum production, controls keratin proliferation, reduces the formation of comedones (blackheads and whiteheads), and decreases inflammation by scavenging toxins and free radicals in the skin.

**Colloidal Silver:** disables the enzyme that Propionibacterium acnes (*P. acnes*) uses for oxygen metabolism.

**Polygonum Cuspidatum (Japanese Knotweed) Root Extract:** rich in polyphenols; helps control sebum production and inhibit *P. acnes* while reducing skin redness from inflammation, and decreasing pore visibility.

**Melaleuca Alternifolia (Tea Tree) Extract:** helps control bacteria without drying skin.

**benefits**

Effectively fights *P. acnes* bacteria.

Inhibits the buildup of bacteria and dead skin cells in pores and follicles.

Reduces redness from inflammation without drying the skin.

**compatible modalities**

Microcurrent for Specific Iontophoresis.

Ultrasonic on the penetration mode.

Galvanic Iontophoresis on the positive (+) polarity.

# professional masques

Professional Masques can be used to intensify the results of your treatments, as they are instrumental in treating various skin conditions such as acne, prematurely-aging skin or sensitized skin. Dermalogica Masques are unlimited in their versatility, and Face Mapping will direct you towards selecting the right products to create the customized masque for your client's condition. The unique Dermalogica concept of customized masques is based on the use of IonActive Serums or Calming Botanical Mixer applied under, or mixed with, a masque base for concentrated effects. The customization you can provide with Dermalogica professional Masques is unlimited, making them your treatment room's greatest weapon!

These retail products are also available in a professional size. Please see the page noted for more information on these products.



MultiVitamin Power  
Recovery Masque  
page 52



PROFESSIONAL USE ONLY  
not for retail sale

**skin condition**

Dry, prematurely-aging and dehydrated skin, or for use over the eyes and lips.

**description**

A clear, botanically-active gel masque, rich in phytonutrients, that deeply moisturizes dehydrated skin conditions. Botanical humectants attract moisture and bind it to the skin, leaving it hydrated and supple.



professional only



6 US FL OZ / 177 mL

# colloidal masque base

**professional application**

- 1** Apply approximately one tablespoon to skin using fan masque brush to cover the entire face, neck and chest. Can be spread lightly over closed eyelids and lips.
- 2** Leave on for 10 minutes to activate, then remove with sponges and warm water or a steam towel customized with **Calming Botanical Mixer**.

**optional:**

Can be used with galvanic current on positive polarity for increased product penetration for 4 to 7 minutes.

Apply prescribed IonActive Serum to skin before applying **Colloidal Masque Base** for an intense, condition-specific masque. Or, apply a thin layer of **Colloidal Masque Base**, followed by **Cooling Contour Masque** for a super hydrating, extra-firming masque.

Can be combined with **Calming Botanical Mixer**.

**key ingredients**

**Hyaluronic Acid:** provides increased hydration and improved elasticity.

**Lavandula Angustifolia (Lavender), Malva Sylvestris (Mallow), Hedera Helix (Ivy) and Cucumis Sativus (Cucumber) Fruit:** extracts that help promote skin hydration.

**benefits**

Cools and hydrates skin.

Seals in the enhanced action of IonActive Serums.

Helps minimize the appearance of environmental stress and damage while defending against future damage.

**skin condition**

Dry, sensitive skin that is prone to irritation and discomfort.

**description**

Multi-purpose masque contains pharmaceutical-grade Colloidal Oatmeal, Aloe Vera and Oat Oil to help soothe sensitive skin and alleviate itching, irritation and discomfort from dryness.



professional only



6 US FL OZ / 177 mL

# clinical oatmeal masque

**professional application**

- 1** Dispense 1 tablespoon into a jelly cup and apply with a spatula or a **Fan Masque Brush** to the face, neck and chest. Can be spread lightly around the eyes and lips.
  - 2** Leave on for 10 minutes, then remove with a steam towel and/or sponges and warm water.
- optional:**  
Can be customized with a few drops of **Calming Botanical Mixer** or **Soothing Additive**.

**key ingredients****Pharmaceutical-grade Colloidal**

**Oatmeal:** leaves a protective layer over the skin that seals in skin's natural moisture while also providing additional nutrients.

**Aloe Barbadosensis Leaf Juice:** a softening and soothing agent.

**Avena Sativa (Oat) Kernel Protein:** moisturizes, soothes and calms irritation.

**benefits**

Relieves itching associated with dryness.

Helps to soothe skin rashes and irritation.

Ideal for sun or wind-burned skin.

**skin condition**

All skin conditions; may also be used over the eyes and lips.

**description**

An active hydrating masque that helps defend skin against daily stresses and reduce signs of aging.



professional only



6 US FL. OZ. / 177 mL

# conductive masque base

**professional application**

**1** Apply skin-specific **IonActive Serum** or other targeted treatment, followed by approximately 1 tablespoon of **Conductive Masque Base**, using a **Fan Masque Brush** to cover the entire face, neck and chest. Can be spread lightly over closed eyelids and lips.

**2** Leave on for 7 to 10 minutes to activate, then remove with sponges and warm water or a steam towel customized with **Calming Botanical Mixer**.

**modality option:**

Can be used with electrical modalities for enhanced results. Can be customized with **Calming Botanical Mixer**.

**key ingredients**

**Laminaria Digitata (European Brown Algae) Extract:** a rich source of natural minerals and alginate, helps to hydrate and protect skin.

**Magnesium Aspartate:** the most bioavailable form of Magnesium, helps defend skin against extrinsic and intrinsic stress.

**Dual-Size Hyaluronic Acid (HA):** a material found naturally in skin, provides the ultimate hydration. High molecular weight HA helps to form a film on the skin surface and reduce Trans-Epidermal Water Loss (TEWL) while low molecular weight HA provides hydration through skin's surface layers.

**benefits**

Cools and hydrates skin.

Helps defend against daily stressors and reduce premature signs of aging.

Enhanced results when used with electrical modalities.

**skin condition**

All skin conditions; may also be used over the eyes and lips.

**description**

A rubberizing, cooling masque designed to help firm and contour the skin.



professional only



NET WT US 5 OZ / 142 g

# cooling contour masque

**professional application**

- 1** Apply appropriate **IonActive Serum** to skin. For additional treatment benefits, use a professional masque such as **Colloidal Masque Base, Conductive Masque Base, MultiVitamin Power Recovery Masque or Clinical Oatmeal Masque**.
  - 2** Place damp eye gauze and a damp layer of gauze over face and neck. Tent gauze around nose. Use a **Dermalogica Toner** to dampen gauze prior to applying.
  - 3** Dispense one sachet of **Cooling Contour Masque** powder (Part 1) into rubber mixing bowl, followed by one sachet of gel (Part 2). Mix until smooth, approximately 1 to 2 minutes.
  - 4** Using a spatula, spread masque evenly over face and neck.
  - 5** Let set for at least 3 minutes (setting times may vary) and gently peel off like a rubber sheet. Lift from the base of the neck or jawline. Remove any residue with warm water and sponges.
- optional:**  
Follow with a steam towel.

**key ingredients****part 1: powder**

**Diatomaceous Earth:** a unicellular algae that provides a source of Silica to form the firming matrix.

**Calcium Sulfate:** a water-activated white powder that helps shorten setting time for a better masque experience.

**Algin:** a form of alginic acid derived from brown seaweed that, combined with Calcium Sulfate, gives the masque a rubberizing gel-like quality.

**part 2: gel**

**Citrus Oil Blend Extracts:** to refresh and energize skin.

**Algin:** a form of alginic acid derived from brown seaweed that, combined with Calcium Sulfate, gives the masque a rubberizing gel-like quality.

**benefits**

Helps firm and contour the skin.

Increases penetration of IonActive Serums, other professional masques and targeted treatments.

Cools and calms all skin types.

**skin condition**

Specifically tailored to address the needs of neck skin compromised by fine lines, wrinkles, hyperpigmentation and sagginess.

**description**

A neck and décolleté refining masque that kickstarts treatment results and activates the treatment experience to help combat neck neglect.



professional only

3.4 US FL OZ / 100 mL

# neck fit refining masque

**contraindications for use**

Medically prescribed exfoliants, impaired barrier, recently resurfaced or waxed skin.

**Precaution:** When using any professional exfoliants on your clients' skin, monitor for stinging and any signs of inflammation. Remove immediately if the product causes an adverse reaction.

**professional application**

- 1** Dispense 1/2 teaspoon (approximately 4 pumps) of **Neck Fit Refining Masque** into a cup and apply with a fan masque brush or apply with fingertips over the entire neck area, from under the chin down to the clavicle.
- 2** Allow it to activate and the fizz action to begin.
- o pro tip:**  
Can be used with electrical modalities, non-electrical tools or manual massage.
- 3** Remove with sponges and warm water or a steam towel customized with **Calming Botanical Mixer**.

**key ingredients**

**Lactic Acid:** a well-known AHA (Alpha Hydroxy Acid) that stimulates exfoliation and cell renewal, hydrates, and increases dermal and epidermal thickness to brighten, firm, and even skin tone.

**Hyaluronic Acid:** a high-molecular-weight molecule that hydrates skin and helps reduce Trans-Epidermal Water Loss (TEWL).

**Apple Fruit Extract:** plumps and smoothes the skin, softening the appearance of fine lines around neck and décolleté.

**benefits**

Refines for brighter, more even skin.

Firms for plump, smooth skin and to soften the appearance of fine lines.

Lifts with modalities and massage.

# professional toners

Professional toners are a diverse, multi-tasking addition to any professional treatment. They can be spritzed over skin to assist in the removal of professional masques, spritzed on skin post-cleanse before initiating the extraction process, and as a hydrating prep to even skin porosity before applying professional

moisturizers. Be sure to have every Dermalogica Professional Toner on your trolley to refresh, rehydrate, soothe, and prime skin for dermal layering.

These retail products are also available in a professional size. Please see the page noted for more information on these products.



**Multi-Active Toner**  
page 18



**Antioxidant HydraMist**  
page 48



**UltraCalming Mist**  
page 87



# professional moisturizers & targeted treatments

Professional moisturizers come to life in the treatment room! Each moisturizer contains powerful plant extracts, essential oils and antioxidant vitamins critical to skin health maintenance, no matter the condition. The benefits of professional moisturizers can be enhanced when applied over Serums to intensify clearing,

soothing, or firming benefits. As one of the final steps in the professional treatment, professional moisturizers will help fortify skin's natural protective barrier to maintain hydration levels, and prevent the drying effects of environmental exposure, stress and imbalance.

These retail products are also available in a professional size. Please see the page noted for more information on these products.



**Active Moist**  
page 24



**Skin Smoothing Cream**  
page 25



**Intensive Moisture Balance**  
page 26



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## targeted treatments



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with SPF



# professional eye treatments

Professional eye treatments are ideal for firming, smoothing and protecting the delicate eye area. These multifunctional products can be layered to deliver targeted results based upon each client's specific skin care needs.

These retail products are also available in a professional size. Please see the page noted for more information on these products.



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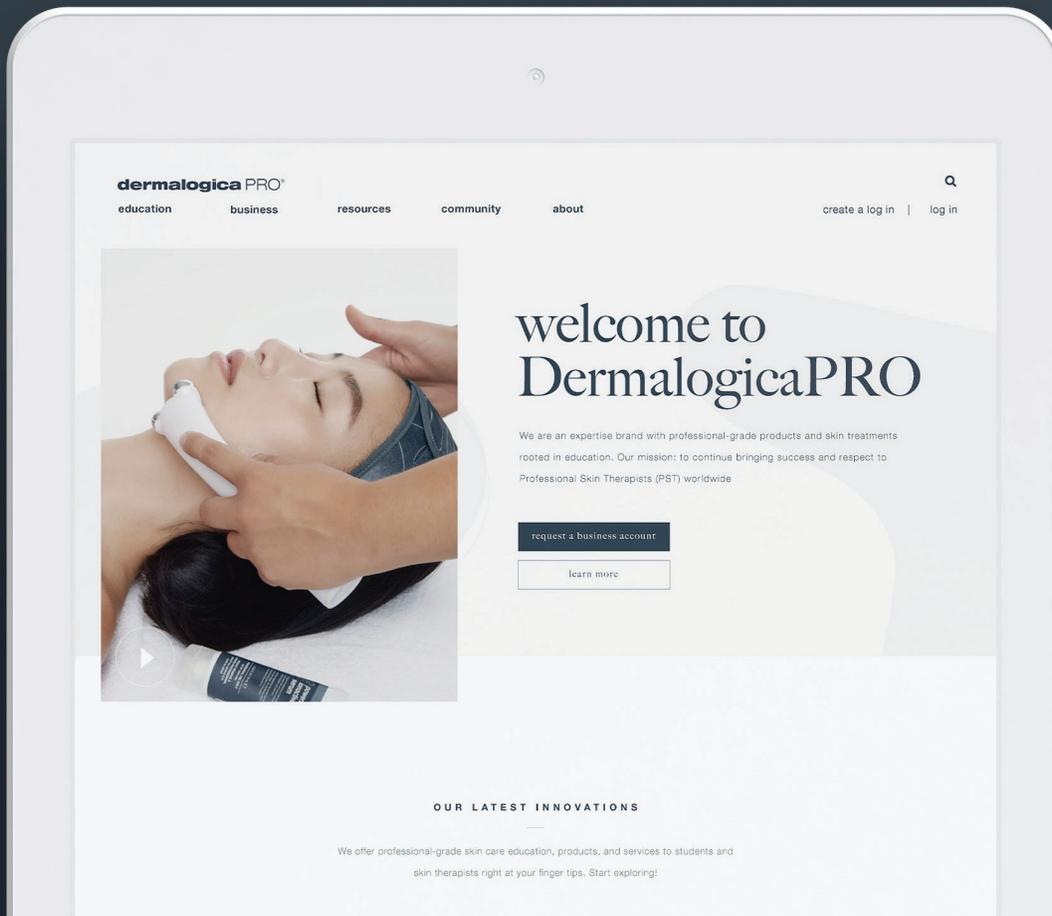
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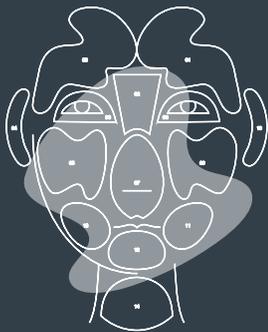
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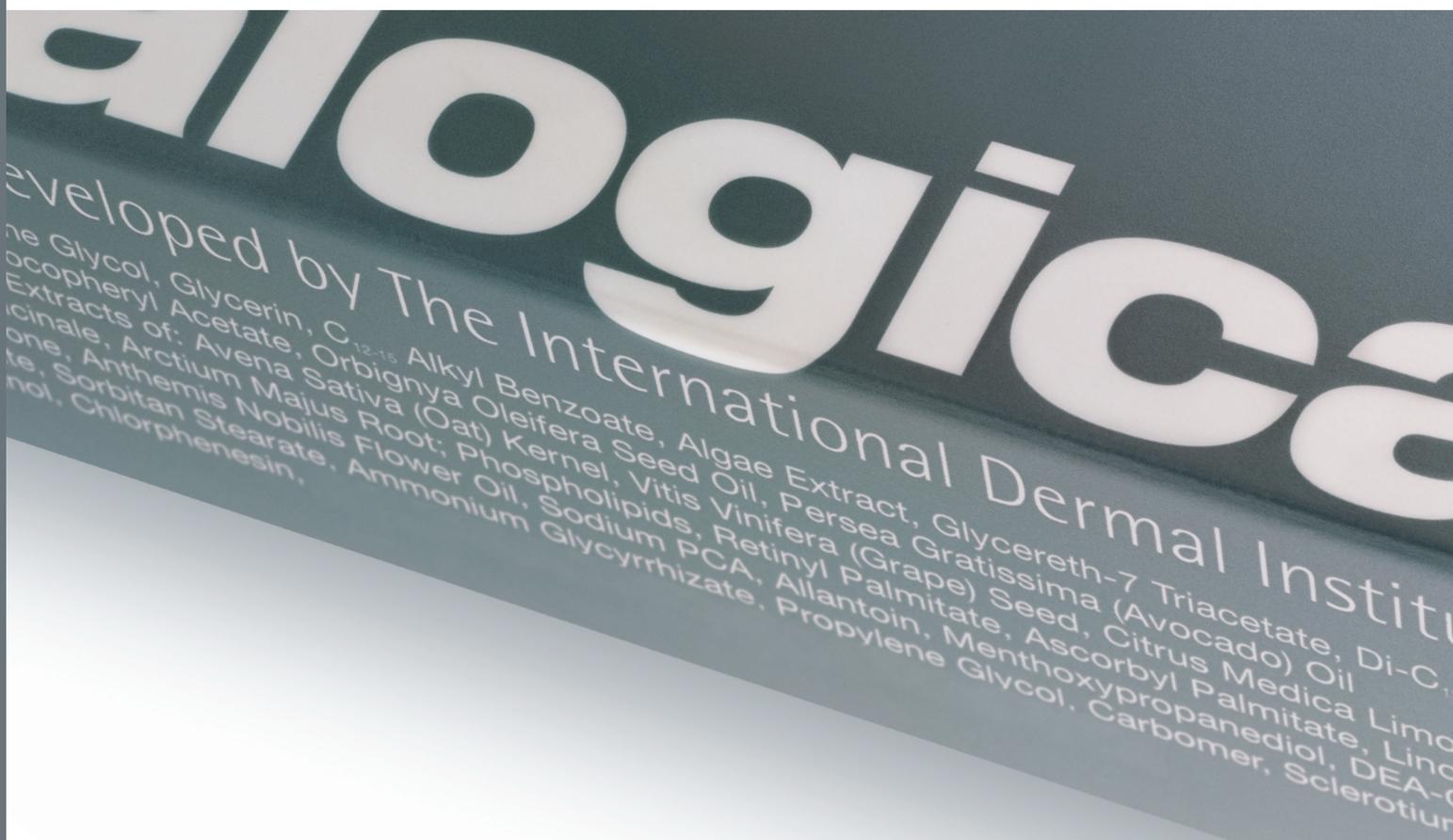
## COMMUNITY

See how you can get connected with fellow Professional Skin Therapists.

# ingredient analysis a-z

Phenomenal products start with great ingredients! The following is a complete list of ingredients commonly used in the Dermalogica line. Because the earth's ecology is important to us, we select our ingredients, whenever possible, from renewable resources. Dermalogica's strict manufacturing process ensures that only the most

potent and pure ingredients ever get used in our formulas, ensuring that only the best ever reaches your clients' skin. We never use sensitizing Lanolin, comedogenic agents, mineral oil, or artificial colors and fragrances in our products.



# ingredient analysis a-z

## A

### **Acetyl Tetrapeptide-15**

A tetrapeptide that targets neurosensitive skin by decreasing the release of pro-inflammatory mediators and increasing the skin's sensitivity tolerance threshold, making skin less reactive and diminishing sensations of pain and discomfort

### **Aesculus Hippocastanum (Horse Chestnut) Seed Extract**

Assists in controlling sebaceous gland secretions.

### **Alanine**

Restores skin moisture and preserves barrier function.

### **Alaria Esculenta**

A seaweed from the British Isles rich in essential fatty acids assists in reinforcing the skin's barrier lipid layer. Powerful antioxidants nourish skin while stimulating collagen production and Hyaluronic Acid formation.

### **Aleurites Moluccana Seed Oil**

An excellent source of gamma linoleic acid, Kukui Nut Oil smooths skin while moisturizing. Used to treat dry, chapped, irritated skin.

### **Algae Extract**

A rich source of sugars and amino acids derived from marine algae.

### **Algin**

Stabilizer derived from Algae, used as a thickener.

### **Allantoin**

Derived from the Comfrey Root, this botanical extract is an excellent soothing and healing agent.

### **Alisma Plantago Aquatica Extract**

Hydrates and soothes skin.

### **Allium Sativum (Garlic) Bulb Extract**

Allicin, a major ingredient of fresh garlic extract exerts various beneficial effects including broad spectrum antimicrobial activity and acts as an anti-inflammatory.

### **Aloe Barbadensis Leaf Juice**

Softening, soothing and healing agent.

### **Aminomethyl Propanol**

pH adjuster.

### **Aminoamidase**

Enzyme that helps loosen cell cohesion while stimulating digestion of keratin protein in the epidermis.

### **Amyris Balsamifera Bark Oil**

Commonly known as Sandalwood. Used for its aromatic and stimulating properties.

### **Angelica Archangelica Extract**

antibacterial agent with soothing properties.

### **Aniba Rosaedora (Rosewood) Wood Oil**

Calming, sedating and nourishing agent.

### **Annato (CI 75120)**

Yellow to pink vegetable dye from a tropical tree.

### **Anthemis Nobilis Flower Extract/Oil**

Calming, soothing and anti-inflammatory agent.

### **Arachidyl Glucoside**

A vegetable derived, biodegradable emulsifier. Provides a light feel and is easily absorbed.

### **Arctium Lappa Root Extract**

Essential Oil derived from Burdock Root. Anti-inflammatory agent.

### **Argania Spinosa Kernel Oil**

Idigenous to South Morocco Argan Oil is rich in fatty acids and natural tocopherols which preserve cell integrity. Nourishing to the skin and effective in restoring the skin barrier.

### **Arginine**

An essential amino acid used as a conditioning agent.

### **Arginine/Lysine Polypeptide**

A peptide that acts as a sugar trap, binding free sugar that would react with proteins to form Advanced Glycation End-products (AGEs). Provides an anti-glycation effect.

### **Arnica Montana Flower Extract**

A soothing botanical, excellent for calming skin.

### **Arctium Majus Root Extract**

Helps to soothe and calm skin while decreasing sensitivity.

### **Ascophyllum Nodosum Extract**

Inhibits Tyrosinase activity and transfer of melanosomes to keratinocytes. Stops the messenger that triggers melanin synthesis.

### **Ascorbic Acid**

Vitamin C, antioxidant, essential for collagen synthesis, water-soluble.

### **Ascorbyl Glucoside**

Helps brighten surface spots, helps control oxidation.

### **Ascorbyl Palmitate**

Oil-soluble, super-stable form of Vitamin C. Antioxidant.

# ingredient analysis a-z

## **Aspalathus Linearis Leaf Extract**

From the South African Red Bush Rooibos. Contains strong antioxidant polyphenols. A rich source of vitamins and minerals.

## **Avena Sativa (Oat) Kernel Extract, Protein or Flour**

Moisturizes, soothes, calms irritation; anti-inflammatory properties

## **Avobenzene**

Chemical sunscreen absorbing UVA radiation. Also known as Butyl Methoxydibenzoylmethane.

## **B**

### **Bacillus Ferment**

A source of bacterial protease enzymes that helps loosen cell cohesion while stimulating digestion of keratin protein in the epidermis.

### **Bambusa Vulgaris Leaf/Stem Extract**

Bamboo is the richest source of natural Silica, containing over 70% organic Silica. Silica is lost in the skin as we age. Silica stimulates chondroblasts providing strength and resilience to collagen and elastin.

### **Bentonite**

Called the Clay of a thousand uses. It thickens lotions, stabilizes formulas and purifies skin.

### **Benzophenone-4**

A soluble sunscreen, absorbs UVA; antioxidant.

### **Beta-Carotene**

Pigment that gives Carrots their orange color. A precursor to Vitamin A, it helps maintain healthy skin and hair.

## **Betula Alba Bark Extract**

Stimulates increased blood flow hence speeding healing.

## **Biotin**

Assists in regulating sebaceous gland secretions by inhibiting 5-alpha reductase enzyme activity while scavenging free radicals.

## **Bisabolol**

A resin obtained from Chamomile. Reduces sensitivity, redness and inflammation.

## **Bis-Diglyceryl Polyacyladipate-2**

An emollient and lubricant to skin.

## **Bixa Orellana Seed Oil**

Commonly referred to as Annatto provides natural golden color to products. Annatto's high carotenoid content provides antioxidant properties.

## **Boerhavia Diffusa Root Extract**

Targets neurogenic inflammation and restores tissue integrity by limiting the activity of pro-inflammatory agents, as well as promoting the production of natural anti-inflammatory agents in the skin. Soothing properties restore skin to a normal sensitivity level, providing immediate and long-lasting effects.

## **Borago Officinalis Seed Oil**

A rich source of the fatty acid, gamma linoleic acid, required for maintaining proper lipid barrier properties.

## **Boron Nitride**

Provides lubricity and a silky feel to skin.

## **Brassica Campestris/Aleurites Fordi Oil Copolymer**

A conditioning agent derived from a vegetable oil.

## **Butylene Glycol**

A humectant that attracts and holds water. Softens and moisturizes skin.

## **Butyrospermum Parkii (Shea Butter)**

Extracted from the fruit of the Shea Tree, found only in Africa, where it has been used for centuries. Shea Butter penetrates into the skin and moisturizes.

## **C**

### **C12-15 Alkyl Benzoate**

An emollient. Gives skin a smooth, silky feel.

### **Caesalpinia Spinosa (Tara) Fruit Extract**

Derived from a small leguminous tree or thorny shrub native to Peru. Helps preserve the skin's natural barrier function, and inhibit penetration and adherence of environmental pollutants.

### **Caffeine**

Assists in regulating sebaceous gland secretions by inhibiting 5-alpha reductase enzyme activity while scavenging free radicals. Helps constrict and reduce redness.

### **Calendula Officinalis Flower Extract**

Derived from the flowers of golden Marigolds. Used to soothe inflammation of the skin.

### **Calophyllum Inophyllum (Tamanu) Oil**

A South Pacific oil extracted from the seeds of the Ati Tree. Highly beneficial as an antioxidant, anti-bacterial and skin-soothing agent. Helps inhibit the breakdown of lipid-rich cell membranes from free radicals.

### **Camellia Japonica Oil**

# ingredient analysis a-z

Also known as Tsubaki or Dongbaek Oil, this member of the tea family comes from a small flowering tree native to Korea and Japan. It provides twice the antioxidant protection of Vitamin E, Grapeseed Oil and Rosehip Oil, and helps combat ROS.

## **Camellia Oleifera Leaf Extract**

Extract from Green Tea. A powerful antioxidant with anti-inflammatory properties.

## **Camellia Sinensis Leaf Extract**

Extract from Green or White Tea. A powerful antioxidant with anti-inflammatory properties.

## **Camphor**

A cooling and antiseptic extract with firming and toning properties to the skin. Extracted from the bark of 50-year-old trees in China, Borneo and Japan.

## **Cananga Odorata Flower Oil**

A natural extract obtained by distillation from the flowers of the tropical Asiatic evergreen shrub. Used to soothe skin.

## **Caprylic / Capric Triglyceride**

An emollient that promotes penetration of ingredients into skin.

## **Caprylyl Glycol**

An alcohol, derived from a plant which is used as an emollient.

## **Carbomer**

Used as a thickening, suspending and stabilizing agent.

## **Carica Papaya Fruit Extract**

A fruit grown in tropical countries, the enzyme Papain has a keratin protein digesting ability that aids in exfoliation.

## **Carrageenan**

A plant derived thickener and co-emulsifier; improves product stability and shelf life.

## **Carthamus Tinctorius (Safflower) Oleosomes**

The Oleosomes from the Safflower plant are specialized structures within the seeds in which plants store energy in the form of oil. These structures serve as carriers for actives which release upon coming in contact with the skin.

## **Carthamus Tinctorius (Safflower) Seed Oil**

Oil expressed from the flower resembling a thistle. Used for skin softening.

## **Cedrus Atlantica Bark Oil**

Antiseptic, sedative and astringent properties. Helps to relieve itching, eczema and dermatitis.

## **Centaurea Cyanus Flower Extract**

An anti-inflammatory extract obtained from the flowers of the plant. Very soothing and sedating to the skin. Similar in action to the essential oil of Chamomile called Azulene.

## **Centella Asiatica Extract**

Extract from the leaves or roots of Hydrocotyl Asiatica. Listed in Indian Ayurvedic medicine to combat excessively dry skin. Particularly suited to the fragile skin around the eyes and is used as an anti-inflammatory.

## **Centipeda Cunninghamii Extract**

Derived from the Sneezeweed plant, an excellent anti-inflammatory.

## **Ceteareth-20**

A fatty alcohol that lubricates skin.

## **Cetearyl Alcohol**

Emulsifier; an emollient and stabilizing agent.

## **Cetyl Alcohol**

A lubricating emollient and emulsion stabilizer; it is waxy, crystalline and solid in form.

## **Cetyl Dimethicone**

An emollient, protective Silicone derivative.

## **Chamomilla Recuitita (Matricaria) Flower Extract**

Skin smoothing and anti-inflammatory flower extract.

## **Charcoal Powder**

A form of Charcoal made from Japanese Ubame wood that powerfully adsorbs, or binds to remove, excess oil and impurities from the skin.

## **Chlorella Extract**

Helps increase collagen production and inhibits MMPs for increased skin firmness and reduced skin redness.

## **Chondrus Crispus Extract**

A species of red algae. Locks in moisture to soothe irritated skin.

## **Chrysanthemum Parthenium (Feverfew) Extract**

An herb derived from Southeast Asia. A member of the Chamomile family with cooling and analgesic properties.

## **Cinnamomum Zeylanicum Bark Powder or Extract**

Fragrant extract and oil from the dried bark of cultivated trees. Excellent for treating acne.

# ingredient analysis a-z

## **Citric Acid**

A preservative and pH adjuster.

## **Citrus Aurantifolia (Lime) Fruit Oil or Extract**

An antiseptic essential oil that also provides a natural fragrance. Also a source of Vitamin C.

## **Citrus Aurantifolia Dulcis (Orange) Peel Oil**

A natural fragrant essential oil excellent for use on sensitive, irritated skin.

## **Citrus Aurantium Amara (Bitter Orange) Flower Extract or Oil**

A pale yellow volatile oil expressed from the fresh peel of a species of citrus and used as a natural fragrance.

## **Citrus Aurantium Dulcis (Orange) Fruit or Flower Extract**

A fragrant floral extract excellent for use on sensitive, irritated skin.

## **Citrus Grandis (Grapefruit) Fruit Extract and Peel Oil**

A fruit extract rich in flavonoids that inhibit Tyrosinase; a natural source of Vitamin C that inhibits melanogenesis.

## **Citrus Medica Limonum (Lemon) Peel Extract, Oil or Fruit Extract**

A natural source of Vitamin C and antioxidant bioflavonoids. Protects skin against damage from reactive ozone. Used as an anti-inflammatory.

## **Citrus Nobilis (Mandarin Orange) Peel Oil**

Soothing, sedating oil; provides toning action to skin.

## **Citrus Paradisi (Grapefruit) Oil**

An aromatic essential oil derived from Grapefruit. Helps promote hair health, and has antioxidant and antiseptic properties.

## **Citrus Unshiu Peel Extract**

Brighteners that help control melanin biosynthesis to help even out skin tone and control hyperpigmentation.

## **Cocamidopropyl Betaine**

A gentle surfactant that cleanses the skin; leaves it soft and supple.

## **Cocamidopropyl PG-Dimonium Chloride Phosphate**

A very mild anti-microbial.

## **Coco-Glucoside**

A gentle surfactant agent derived from coconut.

## **Codium Tomentosum Extract**

A green Algae with a velvety appearance. Contributes to immediate and long-term moisturization through the Marine Moisturizing Factor (MMF).

## **Colloidal Oatmeal**

A complex fraction containing proteins, lipids, carbohydrates and beta-glucan, derived from grinding Oat Grain. Soothes skin while gently aiding in the microfoliation process.

## **Colloidal Silver**

Disables the enzyme that P. Acnes use for oxygen metabolism.

## **Corallina Officinalis Extract**

A calcified Red Seaweed rich in calcium and micronutrients. Promotes cellular cohesion, promoting an improved tissue architecture and firming effect to skin.

## **Cordyceps Sinensis Extract**

Mushroom extract that reduces short and long term skin redness and inflammation.

## **Coriandrum Sativum (Coriander) Fruit Oil or Powder**

An essential oil with stimulating/warming properties.

## **Crambe Abyssinica (Abyssinian) Seed Oil**

Lightweight seed oil with a high percentage of unsaturated C22 fatty acids. Helps smooth skin and maintain critical moisture balance.

## **Crithmum Maritimum Extract**

Also known as sea fennel high radical scavenging activity and antioxidant properties.

## **Cucumis Sativus (Cucumber) Fruit Extract**

A cooling, healing agent that soothes irritated skin.

## **Cupressus Sempervirens Oil**

Essential oil derived from the Cypress Tree that is used for its aromatic properties.

## **Curcuma Longa (Turmeric) Root Extract**

Derived from an East Indian herb. Used for its antiseptic properties and fragrance.

## **Cyclodextrin**

A carrier vehicle for essential oils and other actives.

## **Cyclomethicone**

A Silicone skin adherent. Reinforces the barrier layer of skin.

## **Cyclopentasiloxane**

An emollient Silicone that provides a silky, smooth feel to skin. Reinforces the barrier layer of skin.

# ingredient analysis a-z

## **Cymbidium Grandiflorum (Orchid) Flower Extract**

Known for its moisturizing, free radical-fighting, fine line-reducing properties. Helps seal in moisture while balancing the skin's NMF.

## **Cymbopogon Martini Oil**

Essential oil with antiseptic and soothing properties.

## **Cymbopogon Nardus (Citronella) Oil**

Essential oil with antiseptic properties, used for fragrance.

## **Cymbopogon Schoenanthus Oil**

Extract of Lemongrass. Used as astringent, as a component of essential oil blends and used for fragrance.

## **D**

### **Daucus Carota Sativa (Carrot) Seed Oil**

Rich in carotenoids, easily assimilated antioxidants. Also a natural source of vitamins A, B, C, D and E which contribute to skin rejuvenation.

### **Diatomaceous Earth**

A porous and pure form of Silica formed from fossil remains of Algae. Absorbs up to four times its own weight in water. Absorbent and refining.

### **Di-C12-15 Alkyl Fumarate**

A skin conditioning agent that leaves skin smooth and non-greasy.

### **Dicaprylyl Maleate**

A dry silky emollient used as a skin conditioning agent.

### **Diglycosyl Gallic Acid**

Helps control melanogenesis, reduce pigmentation spots and inhibit skin redness.

### **Dimethicone**

A protective Silicone that gives slip and velvety feel to product while enhancing barrier function.

### **Dimethicone/ PEG-10/15 Crosspolymer**

Silicone with emollient and skin conditioning properties.

### **Dimethicone/Vinyl Dimethicone Crosspolymer**

A Silicone derivative that provides a smooth, velvet feel to skin while enhancing the barrier function.

### **Dimethiconol**

A silicone derivative that helps reinforce the barrier layer of skin to prevent desiccation often associated with sun exposure.

### **Dioscorea Villosa (Wild Yam) Root Extract**

A nutritional extract; used in cosmetics that control skin aging.

### **Dipeptide-2**

As an Natural Moisturizing Factor (NMF), it helps keep the intercellular structure of the epidermis intact, facilitates the skin's healing process, prevents dermal irritation and conditions the skin.

### **Dipotassium Glycyrrhizate**

Derived from the Licorice root, this active agent is an anti-inflammatory that inhibits release of histamine while slowing the arachidonic acid cascade associated with inflammation.

### **Disodium Cocoamphodipropionate**

A derivative of Coconut Oil, expressed from kernels of the Coconut. Lathers readily and is a skin cleanser.

### **Disodium EDTA**

A stabilizer used in cosmetics to prevent ingredients in a given formula from binding with trace elements that can exist in water and other ingredients – the technical term for this function is a chelating agent.

### **Disodium Lauroamphodiacetate**

A surfactant.

### **Disodium Lauryl Sulfosuccinate**

A surfactant with foaming and cleansing properties.

## **E**

### **Echinacea Purpurea Extract**

Has anti-bacterial and anti-inflammatory properties.

### **Elettaria Cardomomum Seed Oil**

Excellent antioxidant and high in anti-inflammatory properties.

### **Enantia Chlorantha Bark Extract**

Assists in regulating sebaceous gland secretions by inhibiting 5-alpha reductase enzyme activity while scavenging free radicals.

### **Equisetum Arvense or Hiemale Extract**

Rich in minerals the body uses to rebuild injured tissue. Facilitates the absorption of calcium by the body; helps eliminate excess oil from skin; firming and tightening action.

### **Eucalyptus Globulus Leaf Extract or Oil**

Liquid from fresh leaves of Eucalyptus Tree. Used as an antiseptic.

### **Eugenia Caryophyllus (Clove) Flower / Leaf Extract or Oil**

A homeopathic analgesic used to control pain and discomfort; also acts as an antiseptic. Active agent

# ingredient analysis a-z

is Eugenol, used in baby teething formulas and in dentistry to provide temporary relief of pain.

## **Evodia Ruteacarpa (Wu-Zhu-Yu) Fruit Extract**

Rich in powerful anti-inflammatory properties; boosts microcirculation to enhance skin radiance and luminosity.

## **F**

### **Farnesol**

Derived from Linden Blossoms and Orange Flower Oil. Inhibits bacteria that generate metabolites responsible for body odor.

### **Ferula Foetida Root Extract**

Also known as giant fennel. Slows enzyme activity inhibiting melanin formation. Helps brighten skin.

### **Ferulic Acid**

A potent, water-soluble antioxidant and UV light absorber.

### **Fomes Officinalis (Mushroom) Extract**

Source of Agaric Acid, which has naturally-astringent yet non-drying properties to quickly reduce pore visibility and size.

### **Fraxinus Excelsior Bark Extract**

Common Ash Tree native to Britain. Contains fraxin and esculin which present strong vasculo-protective properties. Excellent for reduction of under-eye puffiness.

### **Fructose**

A naturally occurring sugar with moisture binding and skin-softening properties.

### **Fumaria Officinalis Flower / Leaf / Stem Extract**

Leaves yield a juice with medicinal properties. Purifying, skin clearing.

### **Fumaric Acid**

Derived from European plant, Fumitory. Protects tissues from ozone damage. A component of *Anti-Ozonate Complex*.

## **G**

### **Galactoarabian**

A complex sugar molecule derived from the Larch Tree that stimulates the skin's natural exfoliation process while enhancing AHA-induced exfoliation.

### **Gardenia Tahitensis Flower**

From the Tahitian flower Tiare, it is a soothing, nourishing skin protectant. collagen cross-linking. Helps shield skin from UV-induced photodamage.

### **Geranium Maculatum Oil**

The roots of this plant are anti-inflammatory and soothing. Used for skin irritations and dermatitis.

### **Ginkgo Biloba Leaf Extract**

A rich source of catechins, tannins and other plant actives that provide antioxidant protection and stimulate blood flow and oxygen consumption in tissues.

### **Glucosamine HCl**

A low molecular weight glycosaminoglycan component of the acid-free exfoliator skin modulator system that stimulates cell sloughing and cell renewal.

### **Glucose**

A monosaccharide sugar found in most plants assists in skin hydration.

### **Glycereth-7 Triacetate**

A conditioning emollient.

### **Glycerin**

A humectant that attracts and holds moisture.

### **Glyceryl Glucoside**

A naturally-derived antioxidant substance that helps hydrate and revitalize stressed skin.

### **Glyceryl Stearate**

An emulsifier and skin conditioner.

### **Glycine Soja (Soybean) Oil, Protein or Seed Extract**

An amino acid-rich extract that helps smooth, aids in wound healing, stimulates elastin and collagen synthesis and increases oxygen in tissues.

### **Glycolipids**

Plant-derived ceramides that help the skin bind and retain moisture while restoring the barrier function of skin.

### **Glycyrrhetic Acid**

Derived from Licorice root. Soothes skin and is used as an anti-inflammatory. Controls melanin synthesis.

### **Glycyrrhiza Glabra (Licorice) Extract, Root Extract or Leaf Oil**

Extracted from the Licorice plant. Inhibits melanin biosynthesis while scavenging free radicals. Rich in polyphenols that act as antioxidants.

## **H**

### **Hamamelis Virginiana (Witch Hazel) Water or Extract**

A plant extract with astringent properties.

# ingredient analysis a-z

## **Hedera Helix (Ivy) Leaf / Stem Extract**

Extract of Evergreen plant. A natural cleansing extract, has skin refining actions. Firming and tightening to the tissues.

## **Helianthus Annuus (Sunflower) Seed Oil or Extract**

A bland, pale yellow oil containing Vitamin E. Forms a "skin" after drying.

## **Hesperidin Methyl Chalcone**

Derivative of Flavonoids present in citrus fruits. Increases vascular integrity (strengthens capillaries) and decreases capillary permeability (leaking), anti-edematous properties excellent for reduction of under-eye puffiness.

## **Hexanoyl Dipeptide-3 Norleucine Acetate**

An encapsulated peptide that competes with the two natural proteins that contribute to the desmosome connection between cells, therefore weakening the snap-like connection and facilitating cell sloughing.

## **Hexylresorcinol**

A skin-brightening agent used to help even skin tone and reduce signs of skin aging.

## **Hibiscus Esculentus Fruit Extract**

An extract derived from the flowers of the Hibiscus plant. Rich in Pyruvic Acid which stimulates cell turnover.

## **Homosalate**

Broad spectrum sunscreen.

## **Honey (Mel)**

A humectant from the nectar of flowers.

## **Humulus Lupulus (Hops) Extract**

Derived from the fruit of the Hop plant, aids in wound healing and soothing irritation.

## **Hydrogenated Castor Oil**

Derived from Ricinus Communis (Castor) Seed. Used as a skin conditioning agent.

## **Hydrogenated Coconut Oil**

Derived from Cocos Nucifera (Coconut) Oil. Used as a skin conditioning agent.

## **Hydrolyzed Algin**

Derived from Algae or Seaweed. A humectant and conditioning agent that may be combined with Zinc Sulfate to regulate sebum levels, inhibit acne bacteria and reduce irritation.

## **Hydrolyzed Glycosaminoglycans**

A mixture of plant derived components similar to the natural Glycosaminoglycan molecules found in the skin's extra-cellular matrix. Contains primarily Hyaluronic Acid, lipids and sugars.

## **Hydrolyzed Pearl**

Rich in amino acids, calcium, sugars and proteins that stimulate cell renewal, fight glycation and help to fight pigmentation by inhibiting Tyrosinase and enhancing skin luminosity.

## **Hydrolyzed Soy Protein**

Skin conditioning agent derived from Soybean. Firms and conditions skin.

## **Hydrolyzed Viola Tricolor (Wild Pansy) Extract**

Rich in polysaccharides and delivers powerful hydration by enhancing skin's ability to retain moisture.

## **Hydrolyzed Wheat Protein**

Smaller fragments of Wheat Protein that condition skin.

## **Hydroxyphenyl Propamidobenzoic Acid**

Synthetic avenanthramide (Oat active) used to boost the efficacy of natural Oat.

## **Hydroxypropyl Cyclodextrin**

A carbohydrate compound used as a diluting ingredient for powders; used as a thickener in creams and liquids.

## **Hyssopus Officinalis Extract**

Essential oil used for its fragrance and skin conditioning properties.

## **I**

## **Ilex Paraguariensis Powder**

Liquid from fresh leaves of Eucalyptus Tree. Used as an antiseptic.

## **Iron Oxides**

Natural earth minerals that provide coloration to formula. Referenced by their color index numbers CI 77491, CI 77492, CI 77499.

## **Isodecyl Salicylate**

The ester of Decyl Alcohol (a surfactant) and Salicylic Acid, used to stimulate cell renewal.

## **Isododecane**

An emollient that smooths skin.

## **Isohexadecane**

Used as an emulsifier and thickening agent in cosmetics.

## **J**

## **Juniperus Virginiana (Juniper) Oil**

Antiseptic used as an astringent. Helps clear and tone.

## **K**

## **Kaolin**

A white powder clay, obtained from Kaoling Hill in Southeast China. Used for its oil-absorbing properties. Helps refine pores and clear congestion.

## **Kappaphycus Alvarezii Extract**

# ingredient analysis a-z

A skin-conditioning seaweed extract from Red Algae. Helps preserve the skin's natural barrier function, and inhibit penetration and adherence of environmental pollutants.

## L

### Lactamide MEA

A gentle skin conditioning agent.

### Lactic Acid

Retextures skin's surface and stimulates cell renewal and cell turnover. An alpha hydroxy acid that diminishes the cohesion of surface cells and subsequently, prevents the thickening of the Stratum Corneum by inducing exfoliation. Helps control melanin synthesis, hydrates skin and stimulates ceramide production.

### Lactobacillus/Pumpkin Fruit Ferment Filtrate

Helps exfoliate surface cells to smooth, enhance skin tone and eliminate dark spots.

### Laminaria Digitata (European Brown Algae) Extract

A rich source of natural minerals and alginate that helps hydrate and protect skin.

### Laminaria Ochroleuca

Also known as Brown Algae or Golden Seaweed, inhibits Tyrosinase activity and transfer of melanosomes to keratinocytes. Stops the messenger that triggers melanin synthesis.

### Lavandula Angustifolia (Lavender) Flower/Leaf/Stem Extract or Oil

A natural analgesic effective in treating dermatitis and oily skin problems. Antiseptic and anti-inflammatory.

### Lavandula Hybrida (Lavandin) Oil

An essential oil obtained from a hybridization of two varieties of Lavender, *Lavandula Angustifolia* and *Lavandula Latifolia*. Has antiseptic, analgesic and calming aromatic properties.

### Lecithin

A natural antioxidant, emollient and emulsifier.

### Lens Esculenta (Lentil) Seed Extract

The lentil extract contains Vitamin B<sub>5</sub> and trisaccharides assisting with tissue repair and replenishing nutrients to the skin.

### Lentinus Edodes Mycelium (Shiitake Mushroom) Extract

Fermentation extract of non-GMO fungal mycelia cells from the edible Shiitake Mushroom. Has skin-brightening properties.

### Leucine

An essential amino acid, conditions skin.

### Leuconostoc/Radish Root Ferment Filtrate

A novel antimicrobial peptide, derived through a fermentation process of (*Leuconostoc* a genus of gram positive bacteria) with radish. Inhibits the growth of a variety of bacteria and fungi to provide natural product preservation.

### Linoleic Acid

An essential fatty acid component of Vitamin F. Skin conditioner and smoothing agent that is critical for lipid barrier function of stratum corneum.

### Lipase

An enzyme that hydrolyzes triglycerides and helps condition skin.

### Lysine

An essential amino acid, used to improve the condition of the skin.

## M

### Macrocystis Pyrifera Extract

A Brown Seaweed Extract, rich in polysaccharides and amino acids, that help moisturize and firm skin. Aids in smoothing skin texture.

### Madecassoside

A patented mixture of two compounds from *Centella Asiatica* (AKA Gotu Kola) that inhibit inflammatory mediators in the skin while treating inflammation. Helps normalize keratinocytes to control development of flaky skin patches that result from erratic cell proliferation due to irritation while stimulating collagen biosynthesis.

### Magnesium Ascorbyl Phosphate

An antioxidant and skin conditioning ingredient. A stabilized form of Vitamin C, linked to collagen synthesis.

### Magnesium Aspartate

The most bioavailable form of Magnesium. Helps defend skin against extrinsic and intrinsic stress.

### Magnolia Grandiflora Bark Extract

The extract from the bark of *Magnolia grandiflora* is rich in magnolol and honokiol. They play an anti-inflammatory role in the inhibition of TNF $\alpha$ , an upstream mediator in the inflammatory reaction in acne.

### Mahonia Aquifolium Root Extract

Essential oil used for its astringent and antiseptic properties.

# ingredient analysis a-z

## **Malic Acid**

An alpha hydroxy acid commonly derived from fruit. Exfoliates the topmost layers of the epidermis by breaking apart the snap-like bonds (corneodesmosomes) that hold dead skin cells (corneocytes) together.

## **Malva Sylvestris (Mallow) Extract**

A plant gel which is soothing, healing and softening to skin. Excellent in reducing inflammation.

## **Medicago Sativa (Alfalfa) Seed Extract**

Also known as Lucerne. Increases skin tone by stimulating collagen I synthesis and inhibiting MMP-1 activity, responsible for matrix degradation.

## **Melaleuca Alternifolia (Tea Tree) Extract or Leaf Oil**

Used for its antiseptic, analgesic and anti-bacterial properties, also aids in healing and soothing the skin.

## **Melia Azadirachta Leaf Extract**

From the Neem Tree which is native to India. Used as a natural green colorant, also imparts anti-fungal and anti-inflammatory properties.

## **Melissa Officinalis Leaf Extract or Oil**

From the leaves and flowers of the Balm Mint plant. Imparts an anti-bacterial and anti-inflammatory action that has a calming, soothing effect on the skin.

## **Mentha Arvensis (Cornmint) Leaf**

**Oil:** Used to help soothe irritation and remove congestion on the skin.

## **Mentha Peperita (Peppermint) Oil**

A natural essential oil which gives a distinct menthol-like scent and provides a cooling sensation to the skin.

## **Menthol**

Imparts a “cool” feeling to skin. Derived from the Peppermint plant. Has an anti-inflammatory, anti-itching effect on skin.

## **Menthoxypropanediol**

Provides a cooling, soothing effect to skin.

## **Methyl Gluceth-20**

A humectant.

## **Mica (CI 77019)**

Any of a group of minerals that are found in crystallized, thin, elastic sheets that can be spread easily. Ground and widely used as a lubricant, coloring in cosmetics and to create an iridescence.

## **Microcitrus Australasica (Australian Caviar Lime) Extract**

A natural exfoliant that helps promote cell turnover for more radiant-looking skin. Rich in Vitamin C, which provides antioxidant protection.

## **Microcrystalline Cellulose**

A plant-derived cellulose powder that binds other ingredients in a formula.

## **Montmorillonite**

A type of clay that is the main ingredient of Bentonite and Fuller’s Earth. Has oil-absorbing properties.

## **Murraya Koenigii Leaf Oil**

Native to India and often referred to as Black Neem. The highly aromatic oil extracted from the Curry Leaf possess

antioxidant, anti-microbial and anti-inflammatory properties.

## **N**

## **Naringenin**

A natural polyphenol whose antioxidant properties include photoprotection and anti-inflammation.

## **Nasturtium Officinale Extract**

An extract from Nasturtium flowers that inhibits Tyrosinase, actively controlling melanin.

## **Niacinamide**

Assists in regulating sebaceous gland secretions by inhibiting 5-alpha reductase enzyme activity while scavenging free radicals.

## **Nigella Sativa Seed Oil (Black Cumin)**

Contains high amounts of Thymoquinone (TQ). TQ has been shown to have potent anti-inflammatory effects through the suppression of such proinflammatory mediators as postglandins.

## **O**

## **Ocimum Basilicum (Basil) Oil**

Used to calm inflammation and swelling in the skin.

## **Octinoxate**

Broad spectrum sunscreen. Also known as Octyl Methoxycinnamate.

## **Octisalate**

Broad spectrum sunscreen. Also known as Octyl Salicylate.

## **Octocrylene**

Broad spectrum sunscreen.

# ingredient analysis a-z

## **Oenothera Biennis (Evening Primrose) Oil**

An essential fatty acid oil, rich in Gamma Linoleic and Gamma Linolenic acids. Also known as Vitamin F. Hydrating to skin, it helps restore the moisture and lipid balance.

## **Olea Europaea (Olive) Fruit/Leaf/Husk Extract or Oil**

A water-soluble extract from the Olive fruit, rich in antioxidant polyphenols that help fight free radical damage and control environmental aggressions. A rich source of Lactic Acid that aids in moisturization and helps promote cell renewal in the epidermis.

## **Oleosome Encapsulation Technology**

Moisture-rich spheres made from Safflower seeds, which allows for increased SPF performance while using fewer chemical sunscreens.

## **Olive Oil PEG-7 Esters**

An emollient derived from Olive Oil, used as a solubilizer and lubricant.

## **Ophiopogon Japonicas Root Extract**

A traditional Chinese herb with hydrophilic properties ideal for tightening intercellular junctions and restructuring barrier function.

## **Opuntia Ficus-Indica (Cactus Pear) Stem Extract**

Helps soothe sensitivity and imparts water-binding properties to help support healthy moisture balance.

## **Orbignya Oleifera Seed Oil**

Babassu Oil. A non-drying edible oil expressed from the kernels of the Babassu palm, grown in Brazil. An excellent emollient that softens skin.

## **Oryza Sativa (Rice) Starch**

Derived from milled Rice, this carbohydrate-lipid-protein-rich seed reserve is found only in the Rice endosperm. Provides a nutritive media for microfoliation.

## **Oxybenzone**

A sunscreen agent. Also known as Benzophenone-3.

## **P**

## **Palmaria Palmata**

Also known as Red Algae, inhibits melanocyte and Tyrosinase activity to enhance luminosity and refine skin tone.

## **Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxythreanine**

Conditioning peptides that stimulate collagen biosynthesis, helping to reduce wrinkles, impart skin firmness and improve skin tone.

## **Palmitoyl Oligopeptide**

A synthetic peptide complex that acts as a cellular messenger to stimulate collagen and Hyaluronic Acid to increase skin elasticity and tone.

## **Palmitoyl Pentapeptide-4**

A synthetic protein fragment that stimulates collagen synthesis in the skin and the formation of skin glycosaminoglycans (i.e., Hyaluronic Acid). Licensed under U.S. Pat. No. 6,492,326.

## **Palmitoyl Tetrapeptide-7**

A synthetic peptide complex that acts as a cellular messenger to stimulate collagen and Hyaluronic Acid to increase skin elasticity and tone.

## **Palmitoyl Tripeptide-5**

Helps stimulate collagen synthesis, firms skin and overrides the effects of Matrix Metalloproteinase (MMP) enzymes that contribute to skin aging.

## **Palmitoyl Tripeptide-38**

Targets not only stimulation of collagen I synthesis but also stimulation of fibronectin synthesis and stimulation of a fundamental component of the dermal/epidermal junction: collagen IV.

## **Panthenol**

Pro-Vitamin B<sub>5</sub>; a B-complex vitamin present in all living cells. A constituent of co-enzyme A (Krebs cycle enzyme). Promotes tissue healing. Used as a humectant.

## **Papain**

Derived from Papaya, this enzyme digests keratin protein, though not as strong as Bromelain from Pineapple.

## **Parietaria Officinalis Extract**

An extract obtained from the leaves and stem of Parietaria Officinalis. Used as an emollient, particularly in baby creams and lotions.

## **Passiflora Incarnata Extract**

Commonly known as passion flower. Excellent anti-inflammatory, soothing and healing properties.

## **PCA**

Also known as 2-Pyrrolidone-5-Carboxylic Acid, PCA is an excellent humectant and is naturally found in the skin.

## **PEG-8**

A polymer of ethylene oxide. Usually a waxy compound. Used as a humectant and viscosity adjuster.

# ingredient analysis a-z

## **PEG-12 Dimethicone**

A skin protectant that leaves a velvety feel to the skin.

## **PEG-10 Sunflower Glycerides**

A botanically-derived emollient obtained from high oleic Sunflower Seed Oil to leave skin feeling smooth and soft.

## **PEG-100 Stearate**

An emulsifying agent.

## **PEG-40 Hydrogenated Castor Oil**

A solubilizer for essential oils.

## **PEG-40 Sorbitan Peroleate**

A humectant from ripe berries of Mountain Ash.

## **Pelargonium Graveolens Flower Oil**

Derived from Rose Geranium leaves. Used as an antiseptic, astringent and anti-inflammatory.

## **Pentylene Glycol**

A humectant that maintains moisture balance in skin.

## **Persea Gratissima (Avocado) Oil**

Rich in vitamins A, D and E, Potassium, Sulfur and Chlorine. Rich and penetrating oil, excellent emollient.

## **Peumus Boldus (Chilean Wild Mint) Leaf Extract**

Also called Boldo, this purifying leaf extract helps clarify, soothe and refine the skin while reducing pore visibility.

## **Phenoxyethanol**

An anti-microbial preservative.

## **Phospholipids**

An emollient. Part of liposome structure.

## **Phytic Acid**

Derived from Rice, binds to Copper to inactivate Tyrosinase activity and control melanin formation.

## **Pinus Sylvestris Cone Extract or Leaf Oil**

Colorless or faint yellow liquid from the twigs and needles of the Pine Tree that imparts a fragrance.

## **Pisum Sativum (Pea) Extract**

Contains vital amino acids and proteins necessary for the production of collagen and elastin. Also reinforces the skin's natural defense in fighting free radicals.

## **Pogostemon Cablin Oil**

Extract from the plant Pogostemon Patchouli. Used for its antiseptic properties.

## **Polygonum Cuspidatum Root Extract**

Rich in polyphenols, this extract from the Japanese Knotweed helps control sebum production and inhibit P. Acnes while reducing skin redness and decreasing pore visibility.

## **Polysorbate 20**

A widely used emulsifier and stabilizer.

## **Polysorbate 60**

An emulsifier that is waxy and soluble in solvents.

## **Populus Tremuloides Bark Extract**

Native to North America and known as American Ash the tree contains natural salicylates effective at inhibiting the growth of numerous microbes including P. aeruginosa. Also imparts a smooth feel to the skin.

## **Porphyra Umbilicalis Extract**

Is an extract of the red algae, Porphyra Umbilicalis, Rhodophyceae that contains mycosporine-like amino acids (MAA) which efficiently protects the skin against UVA-induced lipid oxidation.

## **Portulaca Oleracea Extract**

Commonly known as Purslane.

An enriched extract of vitamins, fatty acids, flavonoids and anti-inflammatory agents that help control and reduce redness.

## **Portulaca Pilosa Extract**

From the edible plant found mainly in South America. Extract contributes to restoring volume and firmness to the skin.

## **Potassium Azeloyl Diglycinate**

A stable derivative of Azelaic Acid. Regulates sebum production, controls keratin proliferation, reduces the formation of comedones (blackheads and whiteheads), and helps scavenge toxins and free radicals in the skin.

## **Potassium Sorbate**

Sorbic Acid Potassium Salt. Used as a mold and yeast inhibitor.

## **Potato Starch Modified**

A flour prepared from potatoes, ground to a pulp and washed of fibers. When modified, it has been altered chemically to modify such properties as thickening or gelling.

## **PPG-2 Isoceteth-20 Acetate**

An ester solvent for gums, resins and volatile oils.

## **PPG-5 Ceteth-20**

A waxy substance used as an emollient and emulsion stabilizer; a solubilizing agent.

## **Prunus Armeniaca (Apricot) Kernel Oil**

A Vitamin E rich emollient oil with excellent skin softening properties.

# ingredient analysis a-z

## **Pyrus Malus (Apple) Fruit Extract**

An antioxidant. A natural source of Malic Acid, a hydroxy acid that aids in exfoliation.

## **Q**

## **Quillaja Saponaria Bark Extract**

The inner dried bark of a tree grown in South America. In cosmetics, it is used as a cleansing agent.

## **R**

## **Retinol**

Vitamin A. A yellow, viscous liquid insoluble in water. Used in lubricating cream and oils for its skin-regenerating properties. Reverses the signs of photoaging in skin.

## **Retinyl Palmitate**

A derivative of Vitamin A, helps stimulate collagen and reverse the signs of prematurely-induced photoaging. Helps to increase skin elasticity while enhancing water barrier properties.

## **Ricinoleth-40**

Known as Castor Oil. The seed of the Castor Oil plant, extracted from the bean. Soothing and emollient to skin.

## **Ricinus Communis (Castor) Seed Oil**

Used for its soothing properties to the skin.

## **Rosa Centifolia Flower Extract**

An essential oil from the Cabbage Rose; used for its aromatic properties.

## **Rosa Moschata Seed Oil**

Commonly known as Rose Hips, are very high in Vitamin C acting as a free radical scavenger and antioxidant. Other attributes include skin moisturization, cell regeneration and as an anti-inflammatory.

## **Rose Flower Oil**

Extract of the fruit of various species of wild Roses, rich in natural Vitamin C. Moisturizing and hydrating to skin. Helps protect the skin from capillary damage; firms and tones the tissues.

## **Rosmarinus Officinalis (Rosemary) Leaf Extract or Oil**

Extracted from the plant Rosmarinus Officinalis. Used for its purifying, cleansing and antiseptic properties.

## **Rubus Idaeus (Raspberry) Fruit Extract**

A soothing and non-stimulating extract. Red Raspberry Extract is also very soothing and relaxing to inflamed skin. Excellent for sensitive skin and any irritation from acne, shaving or windburn.

## **Ruscus Aculeatus Root Extract**

An extract obtained from the root of a shrub, native to Europe. Helps maintain the skin's elasticity and texture. Helps to diminish the appearance of wrinkles and skin damage.

## **S**

## **Saccharide Isomerate**

Plant-derived D-Glucose. Actively helps prevent dehydration.

## **Saccharomyces Cerevisiae Extract**

Yeast Extract which enhances skin penetration improving skin moisturization and ability to maintain moisture

## **Saccharum Officinarum (Sugar Cane) Extract**

Used in moisturizers as a skin conditioner.

## **Salicylic Acid**

A keratolytic agent, often referred to as a beta hydroxy acid. Helps dissolve the glue-like matrix holding the Stratum Corneum cells together. An anti-inflammatory agent.

## **Salix Alba (Willow) Bark Extract**

A natural source of Salicylic Acid, a beta hydroxy acid that exfoliates superficial skin cells leaving a smoother texture and surface.

## **Salvia Hispanica Oil**

Extracted from the plant Salvia Hispanica, a member of the Mint family, Chia Seed Oil is rich in antioxidants that help quench free radicals, and rich in omega-3 fatty acids. Helps improve skin moisture and reinforce the skin barrier.

## **Salvia Officinalis (Sage) Oil or Leaf Extract**

An astringent, antiseptic oil used for its soothing and calming effects on skin.

## **Salvia Sclarea (Clary) Oil**

An essential oil used for its aromatic properties.

## **Sambucus Nigra Flower Extract**

Extracted from the honey-scented Elder Tree. Used for its mildly tonic properties.

## **Santalum Album (Sandalwood) Extract or Oil**

Antiseptic oil. Used to treat infections. Soothing and healing properties.

# ingredient analysis a-z

## **Saponaria Officinalis Extract**

Also known as Soapwort. This extract is obtained from the European and Middle Eastern variety that has a coarse pink flower and foams like a lather. It is used as a foaming, natural cleanser for the skin.

## **Sarcosine**

Regulates sebum production and inhibits lipase activity in bacteria.

## **Sclerotium Gum**

A thickener.

## **Serine**

An amino acid that helps balance moisture in skin.

## **Sesamum Indicum Extract or Oil**

Slows cell growth and replication, provides natural UV protection and helps trap oil-soluble toxins. Acts as an antioxidant. Has anti-bacterial and anti-inflammatory properties.

## **Silanetriol**

Ability to bind water molecules and create water spheres for skin moisturization. Silanols stimulate fibroblast renewal and increase collagen production.

## **Silica**

A natural mineral from non-exploited sources whose crystalline form is used as an exfoliating scrub.

## **Simmondsia Chinensis (Jojoba) Seed Oil**

A moisturizer and emollient with excellent spreadability and lubricity properties. Rapid penetration reduces water loss.

## **Sodium Ascorbyl Phosphate**

A Vitamin C derivative that inhibits melanin formation and stimulates collagen formation.

## **Sodium Benzoate**

Anti-microbial preservative.

## **Sodium Bicarbonate**

A neutralizing agent that helps control the acid-base balance of specific formulations.

## **Sodium Chloride**

Salt. Used as an astringent, antiseptic or a thickening agent.

## **Sodium Citrate**

White, odorless granules or powder. Used as a preservative.

## **Sodium Cocoyl Isethionate**

A mild cleansing agent that leaves skin with a soft after-feel.

## **Sodium Hyaluronate**

The sodium salt of Hyaluronic Acid. Used as a powerful humectant. GAG (or Glycosaminoglycan) helps retain moisture levels in the tissue.

## **Sodium Hyaluronate Crosspolymer**

Natural scavenger of free radicals protecting against cell damage and lipid peroxidation. Crosslinking polymer enables 5 x more water retention than regular SH increasing skin moisturization.

## **Sodium Lactate**

A source of Lactic Acid, a sodium salt. See lactic acid.

## **Sodium Lauroyl Glutamate**

A mild cleansing agent that leaves skin with a soft after-feel.

## **Sodium Trideceth Sulfate**

A sodium salt. Used as an emulsifier.

## **Solanum Lycopersicum (Tomato) Extract or Seed Oil**

Contains Lycopene, a carotenoid with high antioxidant properties that protects skin from free radicals, protecting cells from aging and degenerative damage.

## **Sophora Japonica Flower Extract**

Contains flavonoids that exhibit strong antioxidant activity. Helps calm stressed skin.

## **Sorghum Bicolor Bran Extract**

An antioxidant, anti-inflammatory agent that helps inhibit collagen-degrading enzymes.

## **Spiraea Ulmaria Extract**

Rich in Phenolic Acids that inhibit bacteria by stimulating the skins natural anti-bacterial agents. Has anti-inflammatory properties.

## **Squalane**

Obtained from sources such as Olive Oil and Brazilian Sugarcane. Used for its rich and emollient skin moisturizing qualities.

## **Stearic Acid**

A white, waxy, natural fatty acid. Used as a main ingredient in bar cleansers and lubricants/moisturizers.

## **Strelitzia Nicolai Seed Extract**

Increases skin luminosity and decreases fine lines while improving skin smoothness and hydration.

# ingredient analysis a-z

## Subtilisin

A keratolytic, water-activated enzyme obtained by the fermentation of *Bacillus subtilis* or *Bacillus licheniformis* (bacterium commonly found in soil). Initiates desquamation by loosening connections between horny-layer skin cells.

## Sucrose Cocoate

A mild cleansing agent with conditioning and moisturizing properties. Derived from vegetable oil.

## Sulfur

Clears skin by eliminating bacteria associated with acne and by clearing excess oil and congestion in the follicle.

## Superoxide Dismutase

A powerful scavenger enzyme for oxygen-free radicals.

## Symphytum Officinale Extract

Natural plant extract that contains Allantoin. Healing and soothing.

## T

## Tapioca Starch

A powerful oil adsorber that mattifies skin and helps reduce oily shine.

## Taratogenos Kurzii Seed Oil

Known as Chaulmoogra the oil has anti-microbial effect against, mycobacteria linked to P Acne. Also has potent anti-inflammatory effect.

## Tetrahydrocurminoids

Antioxidant actives derived from Turmeric.

## Thymus Vulgaris (Thyme) Extract or Oil

A powerful antiseptic and anti-microbial agent.

## Theobroma Cacao (Cocoa) Seed Butter

Very high emollient properties with soothing effects.

## Tilia Cordata Flower Extract

Natural fragrance from the flowers of the Linden Tree, grown in Europe and the United States.

## Titanium Dioxide

Also known as Microcrystalline. An inorganic natural material, functions as a physical sunscreen, protecting the skin from both UVA and UVB rays.

## Tocopherol or Tocopheryl

An antioxidant; non-derivatized form of Vitamin E.

## Tocopherol Acetate

Vitamin E. An antioxidant that scavenges damaging free radicals; improves barrier function of the skin.

## Trametes Versicolor Extract

Mushroom extract that reduces short and long-term skin inflammation and redness.

## Tremella Fuciformis Polysaccharide

Acidic hetero-polysaccharide extracted from the edible fruit of the mushroom called Silver Ear in China that is chemically and physically similar to hyaluronic acid. Improves skin hydration, skin conductance and skin barrier functions.

## Trifolium Pratense (Clover) Flower Extract

Anti-inflammatory agent, inhibits an arachidonic acid cascade enzymes associated with skin inflammation.

## Triticum Vulgare (Wheat) Germ Extract or Oil

An antioxidant high in Vitamin E. Considered valuable in terms of delaying the signs of aging.

## Tyrosine

An amino acid that helps ingredients penetrate skin.

## V

## Valeriana Officinalis Extract

Calming and clearing effect on skin.

## Valine

An essential amino acid used as a skin conditioner.

## Vigna Aconitifolia Seed Extract

Also known as Moth Bean Seed Extract, helps fight signs of aging by strengthening dermal collagen and stimulating cell turnover.

## Vitis Vinifera (Grape) Seed or Fruit Extract

A Proanthocyanidin-rich extract from Grape seeds that has anti-enzyme properties; antioxidant.

## X

## Xanthan Gum

Used as a thickener, emulsifier and stabilizer.

## Y

## Yeast Extract

Derived from unicellular plants, this extract is a component of the acid-free exfoliator modulator system. Stimulates cell renewal and is a rich source of Beta-glucan, an immune system stimulant for skin.

# ingredient analysis a-z

## Z

### **Zinc Gluconate**

Assists in regulating sebaceous gland secretions by inhibiting 5-alpha reductase enzyme activity while scavenging free radicals.

### **Zinc Oxide**

A sun protectant against UVA and UVB rays. Also has anti-irritant and antioxidant properties.

### **Zinc Sulfate**

Complexed with sugar derivatives of Brown Algae to provide anti-inflammatory, anti-microbial and sebum-regulating function.

### **Zingiber Officinale (Ginger) Root Extract**

Promotes warmth by increasing circulation, acts as an anti-inflammatory for soothing the skin and scavenges free radicals while reducing edema.

### **Zingiber Officinale (Ginger) Root Oil or Powder**

Essential oil used as a natural fragrance and a skin conditioning agent.

### **Zostera Marina Extract**

Commonly known as Sea Grass, accelerates collagen synthesis and promotes skin suppleness.

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